Komal "Kay" Patel, PA-C is a graduate of CUNY College in New York with a BS degree in Physician Studies. She was honored with the Dean's list, Academic Achievement Award and has a strong background in healthcare, including a BS degree in Pharmacy.

Before joining the Practice, in April 2018, Kay worked for three years seeing adults and adolescents in primary care. She enjoyed diabetes and thyroid management the most. She is an active member of the American Academy of Physician Assistants.

Kay is married with a son and daughter. In her free time, she enjoys biking, trail walking, and spending time with her family outdoors.