

## ALL YOU NEED TO KNOW ABOUT HAIR & MAKE-UP & SHOES

The following is for the dress rehearsal and the performance

**HAIR** Except for exceptions listed below, **ALL BALLET GIRLS MUST ARRIVE AT REHEARSALS AND SHOWS WITH THEIR HAIR IN A BALLET BUN. This is the PARENT'S RESPONSIBILITY!!**

Exceptions for Dorothy are Munchkins and Maidens Attendants who should have the front pulled back in a band. Hair should hang down the back and be curled if possible. **HIP HIP AND JAZZ HAVE THEIR OWN INSTRUCTIONS.** If dancer is in more than one dance, come prepared for the first dance she does!

A proper ballet bun starts with a pony tail held with elastic. The bun usually sits in the middle of the back of the head. There may be exceptions based on headpieces. It often helps to use gel when making the pony tail. Then twist the hair around, cover with a hairnet (usually making several layers with the hairnet or twisting the excess around the bun), and securing tightly with hairpins. Crocheted hairnets should not be worn. The whole head should be sprayed with hairspray so that there are no flyaway's sticking out. [Click here](#) for instructions on how to do a proper ballet bun.

**BALLET BAG:** **ALL GIRLS SHOULD HAVE** extra rubber bands, extra hairnets, extra bobby pins, and hairbrush.

**MAKE-UP For the little ones,** you may want to apply a little make-up before you bring them. This means a little blush, lipstick (NOT red as it looks black under stage lights), and maybe a little eye shadow, but no eye liner. If you send make-up in the ballet bag, please instruct your daughter to ask a backstage mom to put it on for them! We don't want make-up shared or smeared all over faces!

**MAKE-UP For the bigger girls,** please apply your base make-up at home. A backstage mom at the theatre can apply your final stage make-up. Bring your own make-up!! Make-up should NOT be shared.

**SHOES** The ties of the ballet shoes should be tied securely in a square knot. The ends should be cut to about 2", then the ends should be stuck inside the shoe and secured with a piece of tape to the inside of the shoe above the toes.

**No jewelry should be worn!!**

**REMEMBER NO FOOD OR COLORED DRINKS IN COSTUME.**

**SEND YOUR DANCER WITH A COVER-UP. DAD'S T-SHIRT WOULD WORK.**

