

Akamai Grocery Shopping Pre-arrival list

Dairy

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
milk		
half & half		
butter margarine		
sour cream		
yogurt		
eggs		
other		

Cheese

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
american		
cheddar		
mozzarella		
monterey jack		
swiss		
cream cheese		
cottage cheese		
parmesan		
brie		
other		
other		

Fruits

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
apples		
oranges bananas		
grapes		
grapefruit		
peaches		
strawberries		
blueberries		
honeydew melon		
contaloupe		
watermelon		
avocado		

Fresh Vegetables

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
broccoli		
cauliflower		
cabbage		
carrots		
celery		
lettuce		
spinach		
asparagus		
green beans		
baking potatoes		
sweet potatoes		
tomatoes		
corn on the cob		
onion		
bell peppers		
hot peppers		
garlic		
ginger		
other		
other		

Breads, Pasta, Rice

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
<u>white</u>		
wheat		
rye		
other		
bagels		
english muffins		
hotdog buns		
tortillas		
other		
pasta		
rice		
cous cous		

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Meat

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
ground beef		
steak		
roast		
chicken		
pork chops		
bacon sausage		
ribs		
other		
other		

Breakfast

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
cold cereal		
cold cereal		
hot cereal		
frozen waffles		
pancake mix		
breakfast bars		

Deli

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
turkey		
roast beef		
ham		
corned beef		
salami		
hot dogs		
cold salads		

Canned/Jarred Foods

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
<u>soup</u>		
pasta sauce		
chili		
baked beans		
vegetables		
mac-n-cheese		
tuna		

Seafood

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
shrimp		
salmon		
tuna		
trout		
lobster/crab		
other		

Condiments

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
ketchup		
mustard		
relish		
mayonnaise		
steak sauce		
BBQ sauce		
salt/pepper		

Vegetarian Food

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
soy milk		
tofu		
tempeh		
hummus		
beans		

Snack Foods

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
crackers		
nuts		
cookies		
chips		
dips		

other		
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candy		

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Beverages

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
soda		
diet soda		
root beer		
7-up/sprite		
bottles water		
orange juice		
apple juice		
cranberry juice		
Naked brand juice		
coffee		
tea		
other		

Mixing

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
tonic water		
soda water		
green olives		
lime		
lemon		
other		
other		

OTHER

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>

Baking Items

<u>Item</u>	<u>comments/type/brand</u>	<u>quantity</u>
flour		
sugar		
salt		
baking powder		
baking soda		
powdered sugar		
vegetable oil		
olive oil		
balsamic vinegar		
cinnamon		
toll house morsels		