

15th March 2019

Dear Respected Colleagues,

RE. Healthy Gums DO Matter (HGDM) Second Edition – Periodontal Management in Primary Dental Care

I am writing to you on behalf of Greater Manchester Local Professional Network for Dentistry (GM LDN). We are delighted to announce the launch of the second edition of the HGDM toolkit to GM dental teams. It has been a while since the launch of the first edition in 2014, but work has been continuing on further developing, supporting, evaluating and updating the toolkit. Additionally, there have been a number of significant changes in the guidance around periodontal disease, including a [new classification system for periodontal and peri-implant diseases and conditions](#) (launched at EuroPerio 9 in 2018), the [British Society of Periodontology's implementation plan into clinical practice](#) (released in the British Dental Journal in January 2019) and the revised [BPE guidelines in 2016 and 2019](#).

The first edition of the toolkit was kept as a print only edition for a number of reasons. These included undertaking a service evaluation of the project with the HGDM pilot practices (completed in 2016) as well as a diagnostic study (following ethical approval) to test and optimise the abbreviated plaque and bleeding scores (Modified Plaque and Bleeding scores) developed as a part of the toolkit for assessing patient engagement. The

outcomes and results of this work has now fed back into the second edition and the toolkit has also been aligned with the new 2017 classification system and revised 2016 BPE guidelines. This includes how health, risk and disease is classified as well as therapeutic end points for periodontal treatment and entry into a maintenance program.

Consequently, there have been significant updates made to the toolkit and the majority of it has been re-written completely, together with the addition of a number of new sections, including a chapter on the new classification system. The layout has been re-designed and improved to make it easier to read and follow, in particular for the care pathways and detailed visit by visit guides.

The second edition of HGDM is now being made available electronically as well as online for GM and dental teams in the UK. The toolkit will be available on the [Healthy Living Dentistry](#) website shortly. Printed copies of the toolkit for GM dental teams will be ready for the GM Dental event on the 22nd May 2019. A 'save the date' flyer has already been circulated, and further details about the event will be announced soon. In the meantime, we have attached the second edition of HDGM and its relevant resources to this email so you can have access to them from today. Attached to this email you will find:

1. The interactive electronic version of the second edition of the HGDM toolkit
 - All the contents pages have been hyperlinked to the relevant sections in the toolkit
 - Anytime you would like to navigate back to the contents page, just click the HGDM logo in the top left of the page
 - Online resources referenced in the toolkit have all been hyperlinked for ease of access to external websites and documents
2. The Quick Reference Guide
 - Accompanying resources for the toolkit (pathway diagrams, pocket charts, plaque and bleeding tables, clinical notes templates, etc.)

3. The Patient Agreement
4. The Patient Periodontal Leaflet & Consent Form

We would ask that this email and the attachments are made available to the full dental team, especially all clinicians working in the practice including hygienists and therapists.

To support the second edition of the toolkit for GM, full day training courses on HGDM and the new classification system are being supported by Health Education England. Details for the next course can be found here:

<https://www.maxcourse.co.uk/henw/guestCourseListCourseDetails.asp?cKey=3156>

I look forward to seeing everyone who can attend on the 22nd May, and I hope you will find the second edition of HGDM as a useful resource for managing and treatment periodontal diseases in practice.

Yours sincerely,



Shazad Saleem
Chair Perio Sub-group
Greater Manchester Local Dental Network

