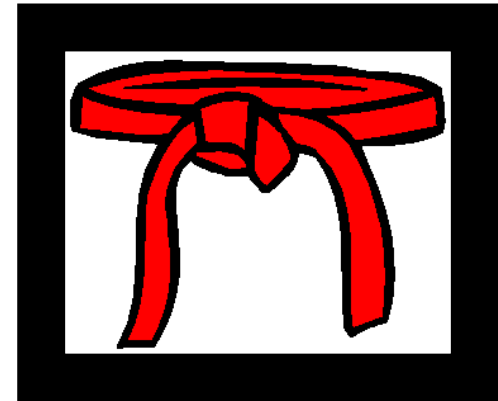


RED TO HIGH RED BELT

Rank/Gup : 4th Gup



- *PalGwe 7*
- *1-step sparring * 5 movements 36-40*
- *(Olympic Sparring) 22-24*
- *Questions from the Study Guide*
- *All Requirements from White to current rank*
- *FULL GEAR REQUIRED*
- *ATTEND TOURNAMENT PRIOR TO BLACK BELT TEST*
- *ELIGIBLE TO TEST EVERY OTHER MONTH*
- *MUST ATTEND (2) ADVANCED TRAINING CLASSES*
- *ADVANCED INSTRUCTOR*
SIGNATURE _____ DATE _____
- SIGNATURE _____ DATE _____
- *ASSISTING WITH CLASS INSTRUCTION (1) Class*
- *Advanced Instructor Initials _____ Date _____*