

MARRIAGE EVALUATION

1. If you were to describe your marriage with one word, what would the word be?
2. a. What are the strengths in your marriage?
b. What are the weaknesses in your marriage?
3. a. What strengths do you see in your spouse?
Have you ever told him/her that you are aware of these strengths and appreciate them?
b. What weaknesses do you see in your spouse?
How could you help him/her overcome or develop these?
4. How do you think your spouse would describe your marriage? (put yourself in their role)
5. What expectations do you have for your mate?
6. What does your mate do that makes you feel loved or of value?
7. What do you do that expresses your love toward your mate?
8. What does your mate expect of you?
9. What do you think God expects from your marriage? Why?
10. What do you feel is the weakest area in your marriage? What are the reasons?
11. What can you do to strengthen this weak area and what can you do to reach the goals that you have for your marriage?
12. How could I improve: in the area of

_____ a homemaker	_____ a cooperate worker	_____ a spiritual leader
_____ a listener	_____ a faithful steward of	_____ a support to a spiritual
_____ a lover	what God's entrusted	leader
_____ a parent	me	_____ a church member
_____ a provider		_____ a son or daughter-in-law

What am I willing to do to improve in these areas?
List the area and write 10 things you can do to improve in it.

13. What area(s) could I improve in by using resources and principles of living provided by Christianity:

_____ love, I Cor.13:4-8	What I am willing to do to improve in these areas:
_____ forgiveness, Colossians 3:13	
_____ gentleness, Ephesians 4:2,32	
_____ patience, Colossians 3:12	
_____ worry, Philippians 4:6-8	
_____ understanding, Ephesians 4:2	
_____ criticalness, Romans 14:13	
_____ tolerance, Colossians 3:13	
_____ anger, Ephesians 4:26,31	
_____ prayer, I Samuel 12:23	
_____ Bible Study, II Timothy 3:16,17	
_____ prayer & Bible study with my	
mate, Colossians 3:16	
_____ witnessing, Acts 1:8	

Look up other related verses and what you will do to develop this area.

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14. What makes your spouse effective with others?
15. a. What goals have you set for your marriage?
b. What are you going to do to contribute to meeting them?
16. Have you re-evaluated your marriage since you've been married? How? What ways could you?
17. Do your priorities and schedules conflict with the time you should be alone with the Lord and each other? and others? How can you go about balancing things?
18. Are you both involved in cultivating friendships with others? How?
19. What are some projects you can do in order to develop your relationship together?
20. What are some learning experiences you've had recently which have stretched you into new areas? How have they?
Ways you discuss and learn together - books, studies, church, seminars, classes, clinics, courses
21. What do you wish you would have learned before marriage that would have prepared you better? or what suggestions would you give to a young husband/wife?(or engaged couple)
22. What things put a strain on your relationship?
23. What kind of goals have you recently set that you never considered before marriage?
24. What do you think is most important to your mate?
25. What things could you corporately do to make your work better as a team?
26. Knowing the husband/wife's responsibility, how does that make you react toward him/her?
27. What books on marriage have you read? How have they opened your eyes to a new perspective or reality? How did they prepare you?
28. What is your definition of "Love"? Marriage Commitment?
29. Ask your spouse:
In what ways have I encouraged you?
In what ways can I encourage you more?
30. PROJECT - each night before sleep, ask each other:
a. What have I done today to upset you?
b. What have I done today to help/benefit you?
- never go to sleep without clearing the air - kiss and say "I love you".