

RR Harriers, Virtual Random Relay, Monday 22nd June to Sunday 28th June

Well done to Team Virtual Relayity, who despite taking 5 days to choose a team name, and taking 6 days to leave their blocks, stormed from last to first with all 4 runners running their legs on the Saturday. They made the right choice with their Joker card; Steve Leach finishing with an age graded joker time of approx. 8mins faster than his actual time. Together with sterling performances from Howard and Karolina and the evergreen Bob Bond (whose age graded time was 6mins faster than his actual time) they left Chris Morrison of Team Off Roaders too much to do on his last leg. Despite his whinges about fitting a kitchen during the week and a 15mile leg of the Nomad on Saturday, Chris did run a valiant age graded time 4mins faster than his actual time but it wasn't enough to overhaul Team Virtual Relayity.

The heat did bring out the normal variety of whinges; Andy Norman crawling back home because it was a tad too warm on his warm up: Karolina thinking she might get a heart attack so went for electrocution instead with a shower over an electric treadmill: Gemma taking one look out the window and having a beer instead: and even guys not competing entered into the spirit of whinging – Richard Kerry destroyed by the weather during a 10k jog, and our overseas Harrier, Ravi who had his training buddy vaporised!

The team competition did bring out some technical whinges, mainly from Jon Kinder. “Your 4km run was 0.00001 km short.....if I change my strava units from miles to km it saves me another 0.005 secs”oh yawn!

Fastest actual time again went to Gordon Kalwak with a superb 14m 01sec, and the fastest age graded time went to Russ Parkin with a great 12m 35sec.

Congratulations and thanks to all that ran.

Position	Team	Legs Ran	Time	Joker Played
1	Virtual Relayity	4 of 4	59m 16s	y
2	Team Off Roaders	4 of 4	60m 22s	y
3	The Eliminators	5 of 5	61m 29s	y
4	The COVID Crusaders	5 of 5	62m 38s	y
5	Team SAGS	4 of 4	64m 27s	y
6	3 and an OAP	4 of 4	64m 30s	y
7	Quaranteam	5 of 5	68m 04s	y
8	5 Legged Lockdowners	5 of 5	75m 35s	y

Team Off Roaders	Actual Time	Joker Time	Age Graded Time	3 and an OAP	Actual Time	Joker Time	Age Graded Time
Claire McKittrick	16m 14s	n/a	14m 49s	Bill Southgate (Joker)	24m 56s	19m 56s	14m 38s
Steve Wakefield	21m 59s	n/a	18m 19s	Jon Kinder	16m 01s	n/a	13m 59s
Nigel Granville (Joker)	20m 09s	16m 07s	13m 26s	Gemma Stacey	19m 33s	n/a	19m 25s
Chirs Morrison	17m 33s	n/a	13m 48s	Crispin Cousins	16m 28s	n/a	16m 28s
Total Time:			60m 22s	Total Time:			64m 30s
Team SAGS	Actual Time	Joker Time	Age Graded Time	Virtual Relayity	Actual Time	Joker Time	Age Graded Time
Andy Ward	19m 38s	n/a	15m 26s	Howard Williams	15m 39s	n/a	15m 34s
Steve Roebuck	18m 12s	n/a	16m 38s	Karolina Kucharek	16m 26s	n/a	16m 00s
Gillian Whiteside (Joker)	22m 56s	18m 21s	15m 52s	Bob Bond	20m 19s	n/a	14m 18s
Sion Griffiths	16m 31s	n/a	16m 31s	Steve Leach (Joker)	21m 29s	17m 11s	13m 24s
Total Time:			64m 27s	Total Time:			59m 16s
5 Legged Lockdowners	Actual Time	Joker Time	Age Graded Time	Quaranteam	Actual Time	Joker Time	Age Graded Time
Gordon Kalwak	14m 01 s	n/a	13m 39s	Simon Cook	20m 01s	n/a	16m 57s
Kev Sutcliffe	18m 57s	n/a	16m 48s	Russ Parkin	14m 31s	n/a	12m 35s
Andy Norman	20m 20s	n/a	17m 54s	Dean Smith	18m 37s	n/a	16m 31s
Chris Hunt	27m 30s	n/a	23m 39s	Fleur Cox	21m 45s	n/a	21m 28s
Helen Payne (Joker)	27m 34s	22m 03s	21m 35s	Allan Pollock (Joker)	29m 19s	23m 27s	17m 26s
Total Non Joker Times			72m 00s	Total Non Joker Times			67m 31s
Average Non Joker Time			18m 00s	Average Non Joker Time			16m 53s
Non Joker Time x3			54m 00s	Non Joker Time x3			50m 38s
Total Time:			75m 35s	Total Time:			68m 04s
The COVID Crusaders	Actual Time	Joker Time	Age Graded Time	The Eliminators	Actual Time	Joker Time	Age Graded Time
James Ward	16m 22s	n/a	13m 58s	Paul Spencer	15m 34s	n/a	13m 55s
Martin Perry	17m 38s	n/a	16m 07s	Andrew Deighton	18m 48s	n/a	16m 18s
David Johnson	19m 39s	n/a	17m 57s	Chris Smith	18m 45s	n/a	18m 15s
Tristan Cooper	16m 10s	n/a	15m 54s	Neal Fellows (Joker)	20m 40s	16m 32s	14m 33s
Paula Parkin (Joker)	21m 14s	16m 59s	14m 41s	Ian Page	17m 40s	n/a	14m 07s
Total Non Joker Times			63m 56s	Total Non Joker Times			62m 35s
Average Non Joker Time			15m 59s	Average Non Joker Time			15m 39s
Non Joker Time x3			47m 57s	Non Joker Time x3			46m 56s
Total Time:			62m 38s	Total Time:			61m 29s

<i>Ordered by Actual Time</i>				<i>Ordered by Age Graded time</i>			
Name	Actual Time	Joker Time	Age Graded	Name	Actual Time	Joker Time	Age Graded
Gordon Kalwak	14m 01s	n/a	13m 39s	Russ Parkin	14m 31s	n/a	12m 35s
Russ Parkin	14m 31s	n/a	12m 35s	Steve Leach (Joker)	21m 29s	17m 11s	13m 24s
Paul Spencer	15m 34s	n/a	13m 55s	Nigel Granville (Joker)	20m 09s	16m 07s	13m 26s
Howard Williams	15m 39s	n/a	15m 34s	Gordon Kalwak	14m 01s	n/a	13m 39s
Jon Kinder	16m 01s	n/a	13m 59s	Chirs Morrison	17m 33s	n/a	13m 48s
Tristan Cooper	16m 10s	n/a	15m 54s	Paul Spencer	15m 34s	n/a	13m 55s
Claire McKittrick	16m 14s	n/a	14m 49s	James Ward	16m 22s	n/a	13m 58s
James Ward	16m 22s	n/a	13m 58s	Jon Kinder	16m 01s	n/a	13m 59s
Karolina Kucharek	16m 26s	n/a	16m 00s	Ian Page	17m 40s	n/a	14m 07s
Crispin Cousins	16m 28s	n/a	16m 28s	Bob Bond	20m 19s	n/a	14m 18s
Sion Griffiths	16m 31s	n/a	16m 31s	Neal Fellows (Joker)	20m 40s	16m 32s	14m 33s
Chirs Morrison	17m 33s	n/a	13m 48s	Bill Southgate (Joker)	24m 56s	19m 56s	14m 38s
Martin Perry	17m 38s	n/a	16m 07s	Paula Parkin (Joker)	21m 14s	16m 59s	14m 41s
Ian Page	17m 40s	n/a	14m 07s	Claire McKittrick	16m 14s	n/a	14m 49s
Steve Roebuck	18m 12s	n/a	16m 38s	Andy Ward	19m 38s	n/a	15m 26s
Dean Smith	18m 37s	n/a	16m 31s	Howard Williams	15m 39s	n/a	15m 34s
Chris Smith	18m 45s	n/a	18m 15s	Gillian Whiteside (Joker)	22m 56s	18m 21s	15m 52s
Andrew Deighton	18m 48s	n/a	16m 18s	Tristan Cooper	16m 10s	n/a	15m 54s
Kev Sutcliffe	18m 57s	n/a	16m 48s	Karolina Kucharek	16m 26s	n/a	16m 00s
Gemma Stacey	19m 33s	n/a	19m 25s	Martin Perry	17m 38s	n/a	16m 07s
Andy Ward	19m 38s	n/a	15m 26s	Andrew Deighton	18m 48s	n/a	16m 18s
David Johnson	19m 39s	n/a	17m 57s	Crispin Cousins	16m 28s	n/a	16m 28s
Simon Cook	20m 01s	n/a	16m 57s	Sion Griffiths	16m 31s	n/a	16m 31s
Nigel Granville (Joker)	20m 09s	16m 07s	13m 26s	Dean Smith	18m 37s	n/a	16m 31s
Bob Bond	20m 19s	n/a	14m 18s	Steve Roebuck	18m 12s	n/a	16m 38s
Andy Norman	20m 20s	n/a	17m 54s	Kev Sutcliffe	18m 57s	n/a	16m 48s
Neal Fellows (Joker)	20m 40s	16m 32s	14m 33s	Simon Cook	20m 01s	n/a	16m 57s
Paula Parkin (Joker)	21m 14s	16m 59s	14m 41s	Allan Pollock (Joker)	29m 19s	23m 27s	17m 26s
Steve Leach (Joker)	21m 29s	17m 11s	13m 24s	Andy Norman	20m 20s	n/a	17m 54s
Fleur Cox	21m 45s	n/a	21m 28s	David Johnson	19m 39s	n/a	17m 57s
Steve Wakefield	21m 59s	n/a	18m 19s	Chris Smith	18m 45s	n/a	18m 15s
Gillian Whiteside (Joker)	22m 56s	18m 21s	15m 52s	Steve Wakefield	21m 59s	n/a	18m 19s
Bill Southgate (Joker)	24m 56s	19m 56s	14m 38s	Gemma Stacey	19m 33s	n/a	19m 25s
Chris Hunt	27m 30s	n/a	23m 39s	Fleur Cox	21m 45s	n/a	21m 28s
Helen Payne (Joker)	27m 34s	22m 03s	21m 35s	Helen Payne (Joker)	27m 34s	22m 03s	21m 35s
Allan Pollock (Joker)	29m 19s	23m 27s	17m 26s	Chris Hunt	27m 30s	n/a	23m 39s