Want to make an impact, have good relationships, meet your responsibilities, or achieve what's possible?

1 day workshops providing you with new perspectives and tools

Each of us is driven by our nature to make a difference, but in different ways. Temperament theory — in existence for over 2,000 years — is a science-based tool that helps us recognize the lifelong predisposition we and others have toward certain patterns of behavior. By being aware of temperament patterns in both ourselves and key figures in our life, we have a blueprint, a formula, a model that helps us be more successful and make a difference *our way*.

Knowledge of temperament theory helps us build on our natural talents and strengths — our SuperPowers. It helps us recognize the conditions that cause a loss of our SuperPowers, optimism, or zest. It can also help us know how our SuperPowers can be restored or enhanced.

Application of this knowledge makes it possible for us to engage with others more effectively to make the difference we want to make in our work, in our home, and in our communities.

Your SuperPowers at Work

Increase your effectiveness in the workplace, lead with your natural strengths, and be more influential in your relationships

September 12, 2018 - Norfolk VA September 18, 2018 - Gaithersburg/ Washington, DC North



Your Leadership SuperPowers

Transform your perspective regarding what it means to be a leader, identify the kind of leader that you are, and be more influential

September 13, 2018 - Norfolk VA September 19, 2018 - Gaithersburg/ Washington, DC North

In each 1 day workshop participants will:

- 1. Learn how to recognize the 4 temperament patterns in themselves and in others
- 2. Identify the natural talents or Super Powers of each
- 3. Learn what motivates or inspires each temperament
- 4. Recognize conditions that tend to weaken their Super Powers and those that revive or strengthen them
- 5. Become aware of each temperament's challenges and shortcomings
- 6. Learn how to engage with and influence people that possess different Super Powers

Designed and led by Laurel Boucher, ME, PE,

For more information (workshop agendas, workshop materials, costs, hotel locations, and instructor bio) or to register – go to <u>the-laurel-company.com</u> and click on the SuperPowers tab. If you have questions or wish to request a private group rate, email <u>lboucher@up.net</u>