

# School-Age Child Health Form/Parent Statement of Health

**HEALTH PROFESSIONAL COMPLETE PAGE**  
OR PROVIDE COPY OF WELL CHILD PHYSICAL<sup>1</sup>

**Date of Exam:** \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

Body Mass Index: \_\_\_\_\_,

There are weight concerns

Referral made to \_\_\_\_\_

Blood Pressure: \_\_\_\_\_

**Laboratory Screening:**

Blood Lead Level: Date \_\_\_\_\_  venous  capillary (for child under age 6 yr.) Results \_\_\_\_\_

Hgb. / Hct: \_\_\_\_\_

Urinalysis: \_\_\_\_\_

**Sensory Screening**

Vision Acuity: Right eye \_\_\_\_\_ Left eye \_\_\_\_\_

Hearing: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

Tympanometry: Right ear \_\_\_\_\_ Left ear \_\_\_\_\_

**Exam Results** (*N = normal limits*) otherwise describe

**Skin:**

**HEENT:**

**Teeth/Oral health:**

Date of Dentist Exam: \_\_\_\_\_ or  none to date.

Dental Referral Made Today  Yes  No

**Heart:**

**Lungs:**

**Stomach/Abdomen:**

**Genitalia:**

**Extremities, Joints, Muscles, Spine:**

**Neurological:**

**Developmental Surveillance:**

**Psychosocial/Behavioral Assessment:** (Depression screening starting at age 12)

**Allergies:**

Environmental
Medication
Food
Insects
Other

American Academy of Pediatrics has recommendations for frequency of childhood preventative pediatric health care (Bright Futures March 2021) [https://www.aap.org/en-us/Documents/periodicity\\_schedule.pdf](https://www.aap.org/en-us/Documents/periodicity_schedule.pdf)

<sup>1</sup> Annual physical for school-age is recommended but not required for child care

**Child Name:** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_ **Age:** \_\_\_\_\_

**Immunization and TB Testing:** (check as indicated)

IDPH Certificate of Immunization reviewed & signed

TB testing completed (only for high-risk child)

**Health provider authorizes the child to receive the following medications while at child care or school**  
(Including *over-the-counter* and *prescribed*)

<u>Medication Name</u>	<u>Dosage</u>
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Fever/Pain reliever:

Sunscreen:

Cough medication:

Other - list all

**Other Medication should be listed with written instructions for use in child care.** Medication forms available at [www.idph.iowa.gov/hcci/products](http://www.idph.iowa.gov/hcci/products)

**Additional Referrals made:**

\_\_\_\_\_  
 \_\_\_\_\_

**Health Provider Statement:**

The child may **fully participate** with **NO** health-related restrictions.

The child has the following **health-related restrictions** to participation: (please specify)

The child has a special needs care plan  
Type of plan \_\_\_\_\_  
(Please complete and give to parent for child care)

**Health Care Provider Comments:**

May use stamp

**Signature** \_\_\_\_\_  
Circle the Provider Type: **MD DO PA ARNP**

Address: \_\_\_\_\_ Telephone: \_\_\_\_\_