

**REST:**

Add 5 to your ENERGY total.

*or*

Add 3 to your ENERGY total and every player must shuffle.

**PURCHASE A CARD:**

Add a card to your Deck and shuffle.

**DRAW A CARD:**

Draw from the top of your Deck and play it.

**EAT:**

Return FOOD cards and collect a Hibernation token.

**Forget:**

When you DRAW A CARD, if you do not like it, you may choose to return that card to the Bank of Cards and DRAW again.

**Lucky Honey:**

Whenever you collect a FOOD card, you may pay 7 ENERGY to collect a Honey FOOD card in addition.

**Balanced Diet:**

If you EAT 1 of each type of FOOD, you've achieved a Balanced Diet and gain 10 ENERGY as well as your Hibernation token.

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