



**West Coast Classic Track and Field Invitational
SCA Junior Olympic Qualifier
USATF Sanctioned EVENT (Tier 2)**

DATE: June 3-5, 2022

SITE: Irvine Stadium 4321 Walnut Ave, Irvine, CA 92604

STARTING TIMES: Friday June 3rd, 2022

3:00 PM - Registration Opens
5:00 PM – Discus Start
5:00 PM – Warmup Field Open
4:00 PM -- Gates Open
5:30-5:45 PM – Start of Running Events

STARTING TIMES: Saturday June 4th, 2022

9:00 AM - Registration Opens
10:35 AM - First Call – Running Events
10:40 AM - First Call – Field Events
11:00 AM - Running & Field Events Start

STARTING TIMES: Sunday June 5th, 2022

7:00 AM - Registration Opens
7:35 AM – First Call - Running Events
7:40 AM - First Call – Field Events
8:00 AM - Running & Field Events Start

CONTACT: Michael Bryson (714) 588-3705 or Bernard Mainvielle (310) 780-2422

Email: info@pcshockwaves.org or through Athletic.net

MEET COMMUNICATION: Updates Prior to the meet will be sent out through Athletic.net to listed coaches. Periodic Updates will also be made on www.pcshockwaves.org.

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ELIGIBILITY:	YEAR BORN
Boy and girls in the following age groups:	
8 & Under (previously Sub-Bantam).....	2014+
9 – 10 (previously Bantam).....	2013 – 2012
11 – 12 (previously Midget).....	2011 – 2010
13 – 14 (previously Youth)	2009 – 2008
15 – 16 (previously Intermediate).....	2007 – 2006
17 – 18 (previously Young Men & Women).....	2005 – 2004

Surface: 8-lane Track, 2-Long Jump Pits, Pole Vault Pit, High Jump and runways have rubber surface, **restricted to 3/16 inch spikes (pyramid spikes only)**. School representatives may inspect spike sizes during check-in.

Registration: To register go online to www.athletic.net. Log In to Athletic.net Navigate to your team home by clicking your name in the upper right hand corner to open the side menu, and then the home icon next to the appropriate team. Click "Add a Meet" in your calendar box. Search for Pacific Coast Shockwaves and click Add. 2022 USATF rules apply; all participants must have a valid 2022 USATF membership. Participant waivers (including COVID waivers, if required) are required for all participating athletes and families. Visit www.pcshockwaves.org for the forms.

On-line Entry Fees: \$4.00 per individual event and \$16.00 per relays

Entry fee's are **non-refundable** and must be paid through Athletic.net (online), Venmo or Zelle (must contact Meet Director at 714-588-3705 for instructions).

On-line Entry Deadline: Monday May 30, 2022 at 11:59 AM (PST).

Late Registration: \$8.00 per event and \$32.00 per relay.

Late Registration will be accepted on-line beginning all Day Tuesday May 31 and will close at 4 pm on Wednesday June 1. After the on-line (on-time and late) registration closes, any late entries will need to be done on-site. Registering on-site may affect your athletes seeding in their respective events.

Seeding: The 100M and 200M Prelims will be randomly seeded. All other events will be seeded based on seed times and marks submitted through Athletic.net only. Advancement to the Finals will be based on time only. The 100M and 200M will have a two-heat final with the Top 8 seeded in Heat 2 and the next 8 seeded in Heat 1.

Our Staff will re-seed heats if individuals do not check in on-time in order to fill lanes,

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which will improve the flow of the meet. Heats will be re-seeded 10 minutes after the 3rd (and Final) call. Calls will be made in the stadium and on the warmup field.

Bibs: Athletes who lose their bib number will be charged \$5 for a replacement. **If registration is closed, proceed to Staging (Contact is Bernard in Staging).**

Packet Pickup:

Packet pickup will be available on Friday at 3PM, Saturday at 930 AM and Sunday at 7 AM at the Stadium Entrance.

USATF Participation Waiver: The USATF Participant Waiver is required for each minor competing at any USATF Sanctioned event. Please go to <https://www.usatf.org/home/top-utility-nav-content/sanctions/sanctions-forms> to download this form. Download the USATF Combined Waiver & Release Form.

CONCESSION: A Modified Concessions will be available at the meet due to COVID restrictions and precautions. **Cooking in the parking lot or anywhere throughout the facility is strictly prohibited.**

MEET RESULTS: Event results will be posted within 30 minutes of the completion of each event on the Finish Results APP (but should be real time). Final meet results will be provided online at www.pcshockwaves.org and www.scausatf.org in accordance with SCA meet guidelines.

CHECK-IN: All participants must check in at the Clerk of the Course when their event is called. Event check-in will close 10 minutes after the 3rd and Final call – no exceptions. At this point, the staging staff will re-seed the event, if needed. Those who show up after this time will not be able to participate in the event. Field event participants should report directly to the official on the field in charge of the event when called. Field event warm-ups will begin when the First call is announced.

AWARDS: Custom Medals for those finishing 1st – 3rd overall. Those placing 4th – 8th overall will receive custom ribbons. 1st – 3rd place will be awarded immediately following the event. Team Champions and Runner Ups will be awarded to the first and second place teams by Division, separated by male and female; 8&U, 9-10, 11-12, 13-14. One overall Boys and Girls Team Champion will be crowned. The Pacific Coast Shockwaves will be excluded from the team awards but will displace in the scoring (10, 8, 6, 5, 4, 3, 2, 1).

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PROTEST: USATF rules apply. Protests need to be done within 30 minutes of the results being posted. Protest must be accompanied by \$50.00 (cash only).

COACH'S BOXES: For all field events, only coaches in good standing as shown on the USATF Coaches Registry will be allowed to coach their athlete(s) from the designated Coach's Box for each field event. Coach's Box will be clearly identified for each field event.

Note: Athletes will not be allowed to leave the immediate competition area and will be restricted from the use of cell phones, camera and other electronics.

STADIUM INSTRUCTIONS:

Seating: Bleacher seating will be available on both sides of the stadium. Tents and large umbrellas will be restricted to the top rows of the bleachers (but cannot block the view of the announcer in the press box). Tents will also be allowed in designated areas around the facility; specifically along the fence line on the warmup field and several grass areas within the stadium. Please keep all walkways, fencing and entry gate areas clear. We ask that parents and coaches not disturb our staging and helping volunteers. There should not be any tents or chairs on any of the blacktop areas within the stadium or service roads leading to the stadium. There will be NO SMOKING, PETS, CHEWING GUM, SHELLLED NUTS OR SEEDS permitted on school grounds.

Parking: **Free.** The Pacific Coast Shockwaves have prepaid for the parking at the facility. The Main Parking lot is off Walnut and Escalar. Additional parking is off Walnut and Yale. There is limited parking on surrounding residential streets. Please comply with all posted parking restrictions and requirements. PC Shockwaves will not be liable for any parking related violations or towed vehicles.

Spectator Entry Fee: There will be a \$5 fee for any spectator entering the facility on a particular day. A Custom wristband will be issued to each spectator. The 3-day Pass will be \$10. Teams and those representing Unattached Athletes will receive 1 free wristband per 10 athletes registered and paid. It will be at the clubs discretion on how wristbands are distributed, not the host team. All Participating Athletes (with a Bib) and Kids under 6 are Free.

COVID-Protocols: All Local and State COVID-19 protocols will be in effect. Face Coverings will be required to be worn when on the Irvine High School Campus, parking lots, when

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entering staging and within the stadium. Athletes may remove their face coverings (as they feel comfortable) when in competition including when leaving staging to their event. Social distancing measures should be maintained when possible. Hand sanitizing stations will be located throughout the stadium. If a hand sanitation station requires replenishment, please let our registration crew know. If during the time this meet flyer has been published and California establishes new State COVID-19 protocols, we will abide by them and implement the mandates. If those protocols modify our current guidance we will communicate all pertinent changes.

ORDER OF EVENTS

Friday, June 3, 2022

FIRST CALL: 5:00PM (First event of the meet)

RUNNING EVENTS START TIME: 5:30-5:45PM

200M Dash	Semi-Final (Top 16 Advance to Final)	All Divisions
3000M Run (not to begin before 7:30 PM)	Timed Final	11-12G:B, 13-14G:B, 15-16G:B, 17-18W:M

FIRST CALL: 6:00 PM (First event of the meet)

FIELD EVENTS START TIME: 6:30 PM

Pole Vault	Final	13-14G:B, 15-16G:B, 17-18W:M
Discus – Start at 5 PM	Final	11-12G:B, 13-14G:B, 15-16G:B, 17-18W:M
Triple Jump - (Pit 1)	Final	13-14G, 15-16G, 17-18W (may be combined)
Triple Jump - (Pit 2)	Final	13-14B, 15-16B, 17-18M (may be combined)

Notes:

Masters Athletes will follow the oldest division (running events) or will compete during the 17/18M:W. All Field Event Participants must go directly to the Field event for check-in. Field events will have 4 attempts, No Final per SCA Youth Committee.

Race Walk events will be combined. 3000M Run may be combined.

Number of Athletes per Run: 800M (12, 1-Turn Stagger), 1500M (18, Waterfall), 3000M (24, Waterfall, 15-16 & 17-18 may be combined and may use a waterfall with 1 alley)

Running the 100M on both sides of the track will be determined based on the number of Heats once registration closes.

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Saturday June 4, 2022

FIRST CALL: 10:35AM (First event of the meet)

RUNNING EVENTS START TIME: 11AM

The 100M Semi-Finals will begin at Noon

1500M Race Walk	Timed Final	9-10G:B, 11-12G:B
3000M Race Walk	Timed Final	13-14G:B, 15-16G:B, 17-18W:M
400M Hurdles (36"/30")	Timed Final	15-16B, 17-18M, 15-16G,17-18W (1 st call-10 minutes prior to start of the meet)
200M Hurdles (30")	Timed Final	13-14G:B
100M Dash (East Side)	Semi-Final (Top 16 Advance)	All Divisions – Female
100M Dash (West Side)	Semi-Final (Top 16 Advance)	All Divisions – Male
400M Run	Timed Final	All Divisions
Parent/Coach 4x100M Relay	Timed Final	All Parents and Coaches – NO High School Athletes
4x100M Relay	Timed Final	All Divisions
4x800M Relay	Timed Final	11-12G:B, 13-14G:B, 15-16G:B, 17-18W:M

FIRST CALL: 10:40 AM (First event of the meet)

FIELD EVENTS START TIME: 11AM

High Jump (1-Pit)	Final	11-12G, 11-12B, 13-14G, 13-14B
Javelin (Finn-Flyer) – Grass Field (2-Throwing Sectors)	Final	11-12G:B (450g)
Javelin (Regulation) – Grass Field (2-Throwing Sectors)	Final	17-18W:M, 13-14G:B, 15-16G:B – Following Finn-Flyer Javelin (Warmups will begin at Noon). Competition will begin at 12:30 PM
Long Jump (Pit 1) – North	Final	9-10G, 17-18W, 15-16G, 13-14G
Long Jump (Pit 2) – South	Final	9-10B, 17-18M, 15-16B, 13-14B
Shot Put (Pit 1)	Final	13-14G:B, 17-18M:W, 15-16G:B
Shot Put – (Pit 2)		Warmup at Pit 2 with Coach only

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Sunday, June 5, 2022

FIRST CALL: 7:35AM (First event of the meet),

1500M Run	Timed Final	All Divisions
200M Dash	Timed Final	All Divisions
110M Hurdles (39")	Timed Final	15-16B, 17-18M
100M Hurdles (33")	Timed Final	13-14B, 15-16G,17-18W
100M Hurdles (30")	Timed Final	13-14G
80M Hurdles (30")	Timed Final	11-12G:B
800M Run	Timed Final	All Divisions
100M Dash	Timed Final	All Divisions
4x400M Relay	Timed Final	All Divisions

***The 100M and 200M will have a 2-heat Seeded Timed-Final.**

FIRST CALL: 7:40 AM (First event of the meet)

FIELD EVENTS START TIME: 8:00 AM

Mini-Javelin Grass Field (2-Throwing Sectors)	Final	8&U G:B, 9-10G:B
High Jump (1-Pit)	Final	17-18W, 15-16G, 17-18M, 15-16B, 9-10G:B
Long Jump (Pit 1)	Final	8&UG, 11-12G
Long Jump (Pit 2)	Final	8&UB, 11-12B
Shot Put (Pit 1)	Final	9-10G:B, 8&UG:B, 11-12G:B (Warmup at Pit 2 with Coach only)
Shot Put – (Pit 2)		Warmup at Pit 2 with Coach only

Notes:

Masters Athletes will follow the oldest division (running events) or will compete during the 17/18M:W. All Field Event Participants must go directly to the Field event for check-in. Field events will have 4 attempts, No Final per SCA Youth Committee.

Race Walk events will be combined. 3000M Run may be combined.

Number of Athletes per Run: 800M (12, 1-Turn Stagger), 1500M (18, Waterfall), 3000M (24, Waterfall, 15-16 & 17-18 may be combined and may use a waterfall with 1 alley)

Running the 100M on both sides of the track will be determined based on the number of Heats once registration closes.

Meet will be held rain or shine

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