

April 07, 2019

Overall Finish List**9 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Allison Tai	5896	1: 99-99	40:38	4:31/K
2	Nicki Seaborn	5868	1: 30-39	41:03	4:34/K
3	Kelsey Nilsen	4901	2: 30-39	43:38	4:51/K
4	Carrie Bradley	3302	3: 30-39	46:05	5:07/K
5	Laura Murray	4299	4: 30-39	46:13	5:08/K
6	Hannah Perry	5946	5: 30-39	46:17	5:09/K
7	Angie Woo	5931	1: 40-49	46:24	5:09/K
8	Tanya Hadaway	3517	6: 30-39	46:26	5:10/K
9	Andrea McCaughan	4275	7: 30-39	46:28	5:10/K
10	Julieanne Martin	4268	1: 20-29	46:33	5:10/K
11	Jennifer Peverelle	4979	2: 20-29	47:00	5:13/K
12	Jena Lenzi	4241	2: 99-99	47:02	5:14/K
13	Amanda Bethel	2566	3: 20-29	47:04	5:14/K
14	Tamra Bing	2576	8: 30-39	47:20	5:16/K
15	Rebecca Quiring	5834	9: 30-39	47:54	5:19/K
16	Juliet Burnham	3352	4: 20-29	47:59	5:20/K
17	Danielle Black	2579	5: 20-29	48:04	5:20/K
18	Melissa Offner	4923	10: 30-39	48:07	5:21/K
19	Shannon Lim	4244	3: 99-99	48:23	5:23/K
20	Stephanie Brisebois	3325	11: 30-39	48:53	5:26/K
21	Fanny Ochej	4909	6: 20-29	49:15	5:28/K
22	Rachel Chew	3409	4: 99-99	49:23	5:29/K
23	Emily Hinton	5982	12: 30-39	50:00	5:33/K
24	Claire Villet	5915	13: 30-39	50:01	5:33/K
25	Renee Michaud	4288	14: 30-39	50:12	5:35/K
26	Michele Davie	3430	1: 50-59	50:22	5:36/K
27	Michelle Beaulieu	2553	7: 20-29	50:44	5:38/K
28	Shelby Beaulieu	2552	8: 20-29	50:46	5:38/K
29	Christine Clifton	3414	15: 30-39	50:57	5:40/K
30	Lisa Brown	5947	2: 40-49	51:29	5:43/K
31	Emily Seto	5987	3: 40-49	51:45	5:45/K
32	Brittany Labron	5952	9: 20-29	51:50	5:46/K
33	Marie de Alberti	3431	16: 30-39	51:53	5:46/K
34	Leah Peric	4968	5: 99-99	51:54	5:46/K
35	Paige Inglis	4202	10: 20-29	51:57	5:46/K
36	Lawrence Howlett	3596	2: 50-59	52:06	5:47/K
37	Miranda Golby	3492	11: 20-29	52:12	5:48/K
38	Jennifer Hermes	3575	4: 40-49	52:31	5:50/K
39	Katie Lienhard	4243	12: 20-29	53:11	5:55/K
40	Heather Clark	3412	17: 30-39	53:15	5:55/K
41	Serena Lodi	4253	18: 30-39	53:19	5:55/K
42	Jasmine Harvey	3534	13: 20-29	53:31	5:57/K
43	Evannah Edge	3457	3: 50-59	53:34	5:57/K
44	Amanda Parkhill	4947	19: 30-39	53:46	5:58/K
45	Allison Luke	4258	20: 30-39	53:47	5:59/K
46	Filsan Abdiaman	5979	21: 30-39	53:50	5:59/K
47	Kim Sorensen	5880	4: 50-59	54:02	6:00/K

MEC GREATER VANCOUVER: TRAIL RACE ONE, 5K / 9K

Race Date

April 07, 2019

Overall Finish List**9 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Gilda Gan	3481	5: 40-49	54:49	6:05/K
49	Emily Carlson	3386	6: 99-99	54:53	6:06/K
50	Emma Sweby	5892	22: 30-39	55:00	6:07/K
51	Martyna Kamela	4214	14: 20-29	55:07	6:07/K
52	Jenna MacLeod	4261	23: 30-39	55:07	6:07/K
53	Melodie Yong	5936	6: 40-49	55:15	6:08/K
54	Marion Goubier	3495	1: 0-19	55:20	6:09/K
55	Hannele Jantti	4205	5: 50-59	55:27	6:10/K
56	Tessa Webb	5920	15: 20-29	55:39	6:11/K
57	Katie Couture	3423	24: 30-39	55:44	6:12/K
58	Kim Ohashi	5964	6: 50-59	55:58	6:13/K
59	Esme Matsuzaki	4270	2: 0-19	55:58	6:13/K
60	Kate Mill	4289	16: 20-29	56:04	6:14/K
61	Rachel Munger	4298	17: 20-29	56:05	6:14/K
62	Katie Berlinguette	2561	25: 30-39	56:16	6:15/K
63	Emily Biggar	2571	18: 20-29	56:18	6:15/K
64	Denise Kenny	4217	19: 20-29	56:20	6:16/K
65	Kelsi Johnson	4209	20: 20-29	56:21	6:16/K
66	Laura Finkler-Kemeny	3472	21: 20-29	56:24	6:16/K
67	Shannon Wright	5933	22: 20-29	56:32	6:17/K
68	Harjinder Sandhu	5863	7: 40-49	56:35	6:17/K
69	Angela Strong	5888	7: 99-99	56:40	6:18/K
70	Mikaela Mooney	4293	26: 30-39	56:49	6:19/K
71	stephanie johnson	4210	8: 40-49	57:21	6:22/K
72	Carolyn Caskie	5959	27: 30-39	57:22	6:22/K
73	Emma Russell	5857	7: 50-59	57:24	6:23/K
74	Miranda Stokovac	5887	3: 0-19	57:30	6:23/K
75	Connie Hawke	3547	23: 20-29	57:41	6:25/K
76	Emma Titmuss	5908	24: 20-29	58:06	6:27/K
77	Juhee Kim	4221	25: 20-29	58:06	6:27/K
78	Roula Farag	5977	26: 20-29	58:17	6:29/K
79	Clare Dolan	3440	28: 30-39	58:19	6:29/K
80	natasha press	5810	9: 40-49	58:21	6:29/K
81	Liisa Stevens	5884	8: 50-59	58:27	6:30/K
82	Carin Porcellato	4991	9: 50-59	58:36	6:31/K
83	Laurie Reid	5958	10: 40-49	58:50	6:32/K
84	Andrea Muzzin	4300	27: 20-29	58:50	6:32/K
85	Katelyn Cobb	3416	29: 30-39	58:52	6:32/K
86	Cassandra Basi	2543	30: 30-39	59:02	6:34/K
87	Lauren Telford	5905	28: 20-29	59:05	6:34/K
88	Jennifer Phu	4984	11: 40-49	59:10	6:34/K
89	Lucy Gibson	3484	10: 50-59	59:12	6:35/K
90	Cheryl Filmer	3471	12: 40-49	59:15	6:35/K
91	Marylene Croteau	3424	8: 99-99	59:19	6:35/K
92	Andrea Sum	5891	9: 99-99	59:20	6:36/K
93	Whitney Brown	5968	31: 30-39	59:28	6:36/K
94	Rhonda Marshall	4267	13: 40-49	59:32	6:37/K

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Overall Finish List**9 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	Lizzie Heeley	3553	29: 20-29	59:34	6:37/K
96	Olivia Doyle	3443	30: 20-29	59:48	6:39/K
97	Iuana Yeung	5935	31: 20-29	1:00:00	6:40/K
98	Jonina Campbell	5967	14: 40-49	1:00:09	6:41/K
99	Skye Maitand	5983	32: 20-29	1:00:13	6:41/K
100	Ai Hansen	3529	10: 99-99	1:00:23	6:43/K
101	Michelle Reining	5842	15: 40-49	1:00:26	6:43/K
102	Anna Vander Munnik	5912	32: 30-39	1:00:31	6:43/K
103	Nikita Haslinger	3544	4: 0-19	1:00:32	6:44/K
104	Jennifer Derksen	3434	16: 40-49	1:00:35	6:44/K
105	Edith Domnigue	3441	17: 40-49	1:00:38	6:44/K
106	Lyndsey Johnson	4211	11: 99-99	1:00:41	6:45/K
107	Isabelle Hourigan	5970	33: 20-29	1:00:41	6:45/K
108	Maureen McDonald	4276	11: 50-59	1:00:51	6:46/K
109	Simone Riml	5846	12: 99-99	1:01:08	6:48/K
110	Samantha Anderson	954	34: 20-29	1:01:42	6:51/K
111	Catharine Winstanley	5929	13: 99-99	1:02:07	6:54/K
112	Robin Freedman	3475	18: 40-49	1:02:08	6:54/K
113	Kathleen Wee	5921	33: 30-39	1:02:11	6:55/K
114	Tracee Wee	5922	34: 30-39	1:02:11	6:55/K
115	Leyla Tabanfar	5895	35: 30-39	1:02:17	6:55/K
116	Deanna Carrao	3388	14: 99-99	1:02:26	6:56/K
117	Kim Langford	4232	15: 99-99	1:02:32	6:57/K
118	Miranda Eng	3459	36: 30-39	1:02:47	6:59/K
119	Lisa Szegedi	5894	16: 99-99	1:02:51	6:59/K
120	Emily Rose	5852	37: 30-39	1:03:06	7:01/K
121	Katie Sullivan	5890	35: 20-29	1:03:08	7:01/K
122	Kristina Herder	3572	38: 30-39	1:03:17	7:02/K
123	Ashley Bordignon	2598	36: 20-29	1:03:22	7:02/K
124	Riley Haslinger	3541	19: 40-49	1:03:42	7:05/K
125	Elise King Cohen	4222	20: 40-49	1:03:42	7:05/K
126	Julie Taylor	5903	17: 99-99	1:03:43	7:05/K
127	Elmira Nazar	4766	37: 20-29	1:03:44	7:05/K
128	Siobhan Whooley	5926	21: 40-49	1:04:08	7:08/K
129	Nicole Leong	4242	39: 30-39	1:04:08	7:08/K
130	Myriam Tessier	5907	40: 30-39	1:04:10	7:08/K
131	Chelsea Woo	5932	38: 20-29	1:04:11	7:08/K
132	Janice Raffin	5836	12: 50-59	1:04:14	7:08/K
133	Keri Hurst	4201	22: 40-49	1:04:14	7:08/K
134	Rachel Hunter	3599	41: 30-39	1:04:35	7:11/K
135	Tara Morin	4294	23: 40-49	1:04:44	7:12/K
136	Jessica Baird	2372	18: 99-99	1:04:50	7:12/K
137	Kate Clarke	3413	39: 20-29	1:04:54	7:13/K
138	Lisa Whitfield	5925	19: 99-99	1:05:12	7:15/K
139	Jennifer Jackson	4204	24: 40-49	1:05:48	7:19/K
140	Tracy Tanizawa	5900	25: 40-49	1:05:54	7:19/K
141	Martina Riessner	5845	40: 20-29	1:06:47	7:25/K

Overall Finish List

9 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
142	Leanne Ducharme	3447	26: 40-49	1:06:53	7:26/K
143	Brita Howlett	3594	27: 40-49	1:06:54	7:26/K
144	Jeannine Avelino	1435	42: 30-39	1:07:09	7:28/K
145	Lona Cunningham	3426	13: 50-59	1:07:17	7:29/K
146	Sarah Pescitelli	4972	28: 40-49	1:07:23	7:29/K
147	Tanya Broesch	3344	29: 40-49	1:07:34	7:30/K
148	Jiyoon Kim	4220	41: 20-29	1:08:01	7:33/K
149	Sara Bold	2595	43: 30-39	1:08:09	7:34/K
150	Nicole Cavanagh	3403	20: 99-99	1:08:11	7:35/K
151	Ashley Duckworth	3448	42: 20-29	1:08:18	7:35/K
152	Cortnee Billon	2574	44: 30-39	1:08:21	7:36/K
153	Lisa Seidel	5869	43: 20-29	1:08:25	7:36/K
154	Elyse Crowston	3425	45: 30-39	1:08:31	7:37/K
155	Natalie Pullman	5832	44: 20-29	1:08:44	7:38/K
156	Caitlin Stiles	5885	46: 30-39	1:08:48	7:39/K
157	Jill Desmond	3436	47: 30-39	1:08:51	7:39/K
158	Cliona O'Riordain	4940	21: 99-99	1:08:51	7:39/K
159	Taylor Morris	4295	22: 99-99	1:10:06	7:47/K
160	Jana Ogdenova	4928	30: 40-49	1:10:49	7:52/K
161	Nicole Barth	2537	23: 99-99	1:11:21	7:56/K
162	Araceli Cervantes	3405	24: 99-99	1:11:54	7:59/K
163	Janis Myers	4537	31: 40-49	1:13:02	8:07/K
164	Erin Boswell	2599	32: 40-49	1:13:12	8:08/K
165	Megan Bartley	2538	25: 99-99	1:14:07	8:14/K
166	Judy Bernaschek	2564	48: 30-39	1:14:50	8:19/K
167	Zoelea Jorgensen	4213	49: 30-39	1:17:17	8:35/K
168	Denise Corcoran	3420	33: 40-49	1:18:43	8:45/K
169	Anne Ling	5940	45: 20-29	1:20:35	8:57/K
170	Maryam Mousavi	4296	50: 30-39	1:21:25	9:03/K
171	Denise Pinto	4988	51: 30-39	1:23:36	9:17/K
172	Brenda Wagner	5918	1: 60-69	1:23:56	9:20/K
173	Hyejung Bae	1449	46: 20-29	1:25:26	9:30/K
174	Joann Khor	4291	34: 40-49	1:30:37	10:04/K

April 07, 2019

Overall Finish List**9 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Mike McMillan	4281	1: 30-39	35:11	3:55/K
2	Mathieu Goubier	3494	1: 0-19	36:04	4:00/K
3	Luke Gjerdalen	3491	1: 20-29	36:42	4:05/K
4	Stephen Park	4945	2: 30-39	36:56	4:06/K
5	Max Carrier	3401	2: 20-29	38:12	4:15/K
6	Herman Alagao	910	1: 40-49	38:15	4:15/K
7	Taavi Tammik	5942	3: 20-29	38:41	4:18/K
8	joey Gabrick	3477	4: 20-29	38:44	4:18/K
9	Patrick Mulherin	4297	1: 99-99	38:46	4:18/K
10	Richard Ducharme	3446	2: 40-49	38:56	4:20/K
11	Kris Loshack	4254	2: 99-99	39:29	4:23/K
12	Shaun Pettit	4977	5: 20-29	39:34	4:24/K
13	Frederick Hawley	3550	6: 20-29	39:41	4:25/K
14	Kevin Schwab	5866	7: 20-29	39:46	4:25/K
15	Jasper Graham	3501	8: 20-29	39:50	4:26/K
16	Noel Somarriba	5966	9: 20-29	40:24	4:29/K
17	Joseph Pearce Bourassa	3285	3: 30-39	40:27	4:30/K
18	Rocky Lis	4249	3: 99-99	40:50	4:32/K
19	Preston Vanderslice	5985	4: 30-39	41:13	4:35/K
20	Guy Polden	5974	5: 30-39	41:17	4:35/K
21	Adam Morrison	5965	6: 30-39	41:31	4:37/K
22	David Edwards	3458	10: 20-29	41:46	4:38/K
23	daithi Beag	2551	11: 20-29	41:46	4:38/K
24	Lawrence Bau	2547	7: 30-39	42:08	4:41/K
25	Dominique Goubier	3493	1: 50-59	42:16	4:42/K
26	Stephen Melendy	4285	8: 30-39	42:16	4:42/K
27	Adam Skaloud	5875	12: 20-29	42:22	4:42/K
28	Michael Lee	4237	3: 40-49	42:25	4:43/K
29	John Jarvis	4206	13: 20-29	42:39	4:44/K
30	Jake Czerpak	3429	9: 30-39	42:41	4:45/K
31	Lavi Verlaan	5988	14: 20-29	42:45	4:45/K
32	Owen Tanizawa	5901	15: 20-29	42:52	4:46/K
33	Alexander Bains	1489	16: 20-29	42:53	4:46/K
34	Jacob Solly	5879	17: 20-29	43:00	4:47/K
35	Thierry Joffre	4208	4: 40-49	43:12	4:48/K
36	Hugo Vieira	5914	18: 20-29	43:12	4:48/K
37	Tom Cheshire	3408	19: 20-29	43:20	4:49/K
38	Tom Ballhausen	2524	2: 50-59	43:22	4:49/K
39	Joel Russell	5858	20: 20-29	43:32	4:50/K
40	Gerald Dunning	3453	5: 40-49	43:32	4:50/K
41	Christian Paul	4957	10: 30-39	43:34	4:50/K
42	Jesús Fernández Martínez	3469	11: 30-39	43:35	4:51/K
43	Jose Leal	4234	12: 30-39	43:39	4:51/K
44	Adam Skinner	5876	13: 30-39	43:41	4:51/K
45	Mike Henry	3568	14: 30-39	43:41	4:51/K
46	Neil Lloyd	4251	15: 30-39	44:14	4:55/K
47	Bartlomiej Sanak	5862	4: 99-99	44:20	4:56/K

Overall Finish List**9 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Noah Everett	3464	21: 20-29	44:25	4:56/K
49	Scott Landreth	4231	22: 20-29	45:06	5:01/K
50	Cameron Powell	5000	6: 40-49	45:13	5:01/K
51	Benjamin Schwartzmann	5867	16: 30-39	45:17	5:02/K
52	Antoine Cabot	3359	23: 20-29	45:17	5:02/K
53	Daniel Mackay	4260	5: 99-99	45:32	5:04/K
54	Taohg Healy	5962	17: 30-39	45:47	5:05/K
55	Max Seki	5870	24: 20-29	45:52	5:06/K
56	David Gow	3496	18: 30-39	45:54	5:06/K
57	Denise Trinh	5955	25: 20-29	46:00	5:07/K
58	John Ball	2523	26: 20-29	46:15	5:08/K
59	Sean Rupert	5855	19: 30-39	46:31	5:10/K
60	Tim Yuzek	5937	20: 30-39	46:33	5:10/K
61	Peter Coughlan	3421	21: 30-39	46:34	5:10/K
62	brent purves	5833	7: 40-49	46:36	5:11/K
63	Justin Lee	4236	27: 20-29	46:41	5:11/K
64	Russell Cameron	3361	8: 40-49	46:42	5:11/K
65	James Rawlings	5840	22: 30-39	46:43	5:11/K
66	Reid Teichroeb	5904	6: 99-99	47:02	5:14/K
67	Tyler Galbraith	3479	9: 40-49	47:05	5:14/K
68	Allan Parkhill	4952	23: 30-39	47:09	5:14/K
69	Tony Pentland	4967	7: 99-99	47:19	5:15/K
70	Craig Graham	3500	10: 40-49	47:23	5:16/K
71	Ethan Schrum	5865	28: 20-29	47:28	5:16/K
72	Sylvain Robba	5847	24: 30-39	47:45	5:18/K
73	Pierre Depralon	3433	29: 20-29	47:52	5:19/K
74	Jeff Oh	4931	11: 40-49	47:57	5:20/K
75	Colin Leese	4239	30: 20-29	48:00	5:20/K
76	Conor Radley	5835	25: 30-39	48:37	5:24/K
77	Gary Lubin	4257	1: 60-69	48:40	5:24/K
78	Joshua Geffen	5951	31: 20-29	48:56	5:26/K
79	Fergus Boydell	5975	26: 30-39	49:01	5:27/K
80	Mike Lunde	4259	27: 30-39	49:13	5:28/K
81	Frederic Brigeot	3324	28: 30-39	49:15	5:28/K
82	Alexander Price	5831	12: 40-49	49:24	5:29/K
83	Tom Drennan	3444	29: 30-39	49:28	5:30/K
84	Andrew Stegemann	5881	13: 40-49	49:33	5:30/K
85	Chris Stephenson	5883	14: 40-49	49:33	5:30/K
86	Andrew Feely	3467	8: 99-99	49:40	5:31/K
87	Chris Collette	3418	9: 99-99	49:58	5:33/K
88	Mike Aube	1432	30: 30-39	50:11	5:35/K
89	Shaun O'Dea	4917	15: 40-49	50:12	5:35/K
90	Joshua Alagao	933	10: 99-99	50:16	5:35/K
91	Willi Ribbi	5978	2: 60-69	50:20	5:36/K
92	Calvin Mcconnell	5972	32: 20-29	50:33	5:37/K
93	Darian Low	5948	31: 30-39	50:39	5:38/K
94	matthew Gow	3497	32: 30-39	50:40	5:38/K

Overall Finish List

9 k Run

Male

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	Wayne Wong	5957	3: 50-59	50:43	5:38/K
96	Alberto Escobedo Lopez	3462	33: 30-39	50:52	5:39/K
97	Zachary Jorgensen	4212	11: 99-99	50:54	5:39/K
98	Jeffrey English	3460	33: 20-29	51:01	5:40/K
99	Kai Antle	1267	34: 20-29	51:11	5:41/K
100	Tyson Rasmussen	5838	16: 40-49	51:17	5:42/K
101	Greg Cheyne	3410	4: 50-59	51:34	5:44/K
102	Gianmario Mameli	4265	12: 99-99	51:40	5:44/K
103	Yahui Zhu	5938	35: 20-29	51:55	5:46/K
104	Russell Cleere	5969	34: 30-39	51:55	5:46/K
105	Aaron Mazurek	4272	35: 30-39	51:58	5:46/K
106	Jed Gardner	3482	13: 99-99	52:04	5:47/K
107	Carmen Marin	4266	17: 40-49	52:04	5:47/K
108	Michael Roberts	5848	36: 30-39	52:06	5:47/K
109	Tom Sherlock	5872	14: 99-99	52:14	5:48/K
110	Matt LoVett	4256	5: 50-59	52:27	5:50/K
111	James Ogilvie	4929	37: 30-39	52:38	5:51/K
112	Richard Patterson	4953	15: 99-99	52:45	5:52/K
113	Phil Hachey	3515	38: 30-39	52:58	5:53/K
114	Camilo Ramirez	5837	39: 30-39	53:15	5:55/K
115	Roosbeh Mehrabadi	4284	6: 50-59	53:22	5:56/K
116	Mark Wong	5930	16: 99-99	53:32	5:57/K
117	Eli Stockie	5886	2: 0-19	53:45	5:58/K
118	Harjinder Dhaliwal	3437	18: 40-49	53:54	5:59/K
119	James Hawes	3545	40: 30-39	54:06	6:01/K
120	Josh Poirier	5949	41: 30-39	54:12	6:01/K
121	Chris Hermesmann	3578	19: 40-49	54:17	6:02/K
122	Jason Hu	3597	42: 30-39	54:18	6:02/K
123	David Lee	5981	20: 40-49	54:22	6:02/K
124	Drew Kowalenko	5980	21: 40-49	54:28	6:03/K
125	Mue Moshaddasian	5986	43: 30-39	54:31	6:03/K
126	Taylor Smith	5973	36: 20-29	54:35	6:04/K
127	Bradley Cuzen	3428	22: 40-49	54:39	6:04/K
128	Eric Mazzi	4273	7: 50-59	54:59	6:07/K
129	Matthew Pickford	4986	44: 30-39	55:00	6:07/K
130	Graham Bing	5984	45: 30-39	55:25	6:09/K
131	Bill Russell	5859	8: 50-59	55:29	6:10/K
132	Craig McLean	4280	46: 30-39	55:30	6:10/K
133	Matt Marano	5963	23: 40-49	55:33	6:10/K
134	Beejan Savabi	5864	47: 30-39	55:34	6:10/K
135	Stefan Vogt	5916	48: 30-39	55:34	6:10/K
136	Jesse Ballhausen	2525	37: 20-29	55:47	6:12/K
137	Al Heinemann	3563	24: 40-49	55:58	6:13/K
138	Hisato Takeuchi	5897	17: 99-99	56:08	6:14/K
139	Garth Graham	3506	18: 99-99	56:24	6:16/K
140	Kyle Kozak	4226	49: 30-39	56:37	6:17/K
141	Scott Busso	5971	50: 30-39	56:45	6:18/K

April 07, 2019

Overall Finish List**9 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
142	Calvin Boersma	2587	3: 0-19	57:05	6:21/K
143	Jonathan Weresch	5923	25: 40-49	57:08	6:21/K
144	Fraser Gow	3498	51: 30-39	57:18	6:22/K
145	Brent Robinson	5849	38: 20-29	57:41	6:25/K
146	Christopher Brodie-Smith	3328	19: 99-99	57:43	6:25/K
147	Morteza Khalili	4218	9: 50-59	58:04	6:27/K
148	Peter Rea	5841	4: 0-19	58:17	6:29/K
149	Kieran Dunford	3451	20: 99-99	58:22	6:29/K
150	Clive Harvey	3540	10: 50-59	58:31	6:30/K
151	Alexander Ruscio Ortega	5856	21: 99-99	58:39	6:31/K
152	Andrew Rutherford	5860	39: 20-29	58:51	6:32/K
153	Andy Goyan	3499	22: 99-99	59:42	6:38/K
154	Robrert Esaw	3461	23: 99-99	59:57	6:40/K
155	Mark Teolis	5906	26: 40-49	1:00:55	6:46/K
156	Michael Vegh	5913	24: 99-99	1:01:24	6:49/K
157	Anand Krishnan	4228	40: 20-29	1:01:37	6:51/K
158	Chris Chan	5960	11: 50-59	1:01:46	6:52/K
159	Rebecca Tan	5898	41: 20-29	1:02:08	6:54/K
160	Shea McEachsne-Johnson	4277	52: 30-39	1:02:09	6:54/K
161	Chris Wignall	5927	27: 40-49	1:02:09	6:54/K
162	Gregg McKibbin	5956	12: 50-59	1:02:18	6:55/K
163	Connell Green	3507	42: 20-29	1:03:20	7:02/K
164	Adam Bryant	3345	25: 99-99	1:03:21	7:02/K
165	Camden Hutchison	5961	53: 30-39	1:03:42	7:05/K
166	Brad Coutu	3422	54: 30-39	1:04:00	7:07/K
167	Murray Giffen	3487	3: 60-69	1:04:21	7:09/K
168	Nicholas Giffen	3485	43: 20-29	1:04:23	7:09/K
169	Ainsley Albania	942	44: 20-29	1:04:43	7:11/K
170	Steve Whitfield	5924	26: 99-99	1:05:12	7:15/K
171	Grant Derksen	3435	13: 50-59	1:05:36	7:17/K
172	Errol Stussi	5889	55: 30-39	1:06:01	7:20/K
173	Alberic Isaac	4203	28: 40-49	1:06:46	7:25/K
174	Jeremi Dupont-Mattor	3454	56: 30-39	1:06:47	7:25/K
175	Richard Shipway	5873	14: 50-59	1:07:32	7:30/K
176	Joel Giffen	3486	57: 30-39	1:08:17	7:35/K
177	Bill Lin	4246	4: 60-69	1:09:55	7:46/K
178	Adam Dunlop	3452	58: 30-39	1:13:45	8:12/K
179	David Swinford	5893	1: 70-98	1:17:55	8:39/K
180	Frankie Chingyu Cheng	3407	29: 40-49	1:18:49	8:45/K
181	Gerald Boersma	2584	30: 40-49	1:25:20	9:29/K
182	Jack Wagner	5919	5: 60-69	1:26:19	9:35/K

April 07, 2019

Overall Finish List**5 k Run****Female**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Bailey Sallis	73913	1: 20-29	23:56	4:47/K
2	Anna Gustafson	2662	1: 0-19	25:57	5:11/K
3	Haley Barton	1733	1: 40-49	26:08	5:14/K
4	Cameron Wharram	73946	1: 30-39	26:50	5:22/K
5	Gabriella Barton	1732	2: 0-19	26:53	5:23/K
6	Taylor De Witt	2632	3: 0-19	27:18	5:28/K
7	Aleicia Sharp	73968	2: 20-29	27:40	5:32/K
8	Kaitlyn Munn	4816	1: 99-99	28:03	5:37/K
9	Nyla Tukker	73938	4: 0-19	29:24	5:53/K
10	Lexie Lajambe	2689	3: 20-29	30:03	6:01/K
11	Penny Lidstone	2697	2: 40-49	30:28	6:06/K
12	Ella Hempenstall	2668	2: 30-39	30:35	6:07/K
13	Mary Shaughnessy	73916	1: 50-59	30:44	6:09/K
14	Sherry Zhao	73959	3: 30-39	30:59	6:12/K
15	Amber Stansbury	73922	4: 20-29	32:25	6:29/K
16	Lyndsey Nabata	4821	5: 20-29	32:37	6:31/K
17	Taylor Thurston	73935	6: 20-29	32:49	6:34/K
18	Sundeeep Bhullar	1756	7: 20-29	33:12	6:38/K
19	Mandeep Bhullar	1746	8: 20-29	33:48	6:46/K
20	Cybele Le	73973	4: 30-39	34:14	6:51/K
21	Terrina Brewer	2601	9: 20-29	34:16	6:51/K
22	Shauna Doyle	73966	5: 30-39	34:17	6:51/K
23	Carol MacKenzie	2700	2: 50-59	34:42	6:56/K
24	Natasha Lowe	73967	6: 30-39	34:42	6:56/K
25	Allison Bruce	2603	7: 30-39	35:13	7:03/K
26	Anju Chhokar	2618	10: 20-29	35:14	7:03/K
27	Elizabeth Clark	2620	2: 99-99	35:17	7:03/K
28	Charmaine Garcia	2655	3: 99-99	35:35	7:07/K
29	Kristy Davis	2630	8: 30-39	35:51	7:10/K
30	erin Carkett	2611	3: 40-49	35:52	7:10/K
31	Andreanne Gariepy	2656	11: 20-29	35:57	7:11/K
32	Kate Preston	73974	9: 30-39	36:01	7:12/K
33	Lucy Porritt	73904	4: 40-49	36:05	7:13/K
34	Stephanie Donovan	2641	10: 30-39	36:14	7:15/K
35	Carly Johnston	2681	4: 99-99	36:15	7:15/K
36	Colleen Reid	73909	5: 40-49	36:17	7:15/K
37	Megan Evans	2647	5: 0-19	36:25	7:17/K
38	Kate Heusel	2670	6: 0-19	36:44	7:21/K
39	Katharine Anderson	1702	12: 20-29	37:22	7:28/K
40	Rochelle Hill	2671	11: 30-39	37:54	7:35/K
41	Moose Patterson	4897	13: 20-29	38:05	7:37/K
42	Danielle Benison	1740	12: 30-39	38:29	7:42/K
43	Maggie Lang	2693	13: 30-39	38:30	7:42/K
44	Tricia Bloomfield	73980	6: 40-49	38:33	7:43/K
45	Kathryn Tuulos	73979	7: 40-49	38:33	7:43/K
46	Meredith Kayleigh	73988	14: 30-39	38:47	7:45/K
47	Katie Alexander	73989	15: 30-39	38:51	7:46/K

Overall Finish List

5 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
48	Arinder Gill	73977	8: 40-49	39:02	7:48/K
49	Isabel Cho	73960	9: 40-49	39:29	7:54/K
50	Edel Naughton	4863	16: 30-39	39:34	7:55/K
51	Catherine Graham	2661	10: 40-49	40:08	8:02/K
52	Nantaka Vongpiyabovorn	73943	5: 99-99	40:14	8:03/K
53	Tina Davies	2628	3: 50-59	40:15	8:03/K
54	Angela Rabideau	73908	17: 30-39	40:23	8:05/K
55	Kaitlyn Campbell	2605	18: 30-39	40:23	8:05/K
56	Kerry Brock	2602	11: 40-49	40:39	8:08/K
57	Philippa Kentish	73976	14: 20-29	40:46	8:09/K
58	Leanne Carroll	2614	15: 20-29	40:46	8:09/K
59	Kathy Ho	2672	19: 30-39	40:48	8:10/K
60	Suzana Hawrish	2666	12: 40-49	40:51	8:10/K
61	Elena Volgusheva	73942	13: 40-49	41:19	8:16/K
62	Livia Morris	4500	7: 0-19	41:32	8:18/K
63	Kyla Fraser	2649	16: 20-29	41:40	8:20/K
64	Samantha Turley	73939	20: 30-39	41:44	8:21/K
65	Sandy Ma	2699	21: 30-39	41:44	8:21/K
66	Kelly Lewicki	2696	22: 30-39	41:50	8:22/K
67	Julie Belanger	1739	8: 0-19	41:51	8:22/K
68	Jess Sanker	73914	23: 30-39	41:52	8:22/K
69	Emily Pease	73901	24: 30-39	42:03	8:25/K
70	Tianna Cain	2604	6: 99-99	42:06	8:25/K
71	Bethanay Ballarin	1726	7: 99-99	42:09	8:26/K
72	Reka Gustafson	2663	4: 50-59	42:24	8:29/K
73	Shahin Virii	5953	8: 99-99	42:43	8:33/K
74	Liz Freyman	2651	5: 50-59	42:44	8:33/K
75	Karen Peachey	4899	14: 40-49	42:44	8:33/K
76	Juliette Bottier	1771	9: 0-19	42:57	8:35/K
77	Jessica Jones	2682	25: 30-39	42:59	8:36/K
78	Melissa Millman	3691	17: 20-29	43:28	8:42/K
79	Emilie Diver	2640	9: 99-99	43:35	8:43/K
80	Batgerel Waller	73944	26: 30-39	43:41	8:44/K
81	Erin Bradshaw	1798	27: 30-39	43:42	8:44/K
82	Jennifer Wong	73954	15: 40-49	43:50	8:46/K
83	Angeline Nicassio	4876	10: 0-19	44:07	8:49/K
84	Tamara Windrum	73952	10: 99-99	44:57	8:59/K
85	Shauna Puchniak	73906	16: 40-49	45:01	9:00/K
86	Isadora Teixeira	73929	18: 20-29	45:11	9:02/K
87	Jacqueline De Barros	2631	19: 20-29	45:11	9:02/K
88	Colleen Rodney	73912	17: 40-49	45:18	9:04/K
89	Sohyeun Won	73953	28: 30-39	45:19	9:04/K
90	Lynne Williams	73951	18: 40-49	45:30	9:06/K
91	gabriella tang	73928	11: 0-19	45:34	9:07/K
92	Parmis Parvin	4895	20: 20-29	45:48	9:10/K
93	Lisa Palmieri	4891	21: 20-29	46:05	9:13/K
94	Karen Simpson	73917	19: 40-49	46:43	9:21/K

Overall Finish List

5 k Run

Female

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
95	Andrea Hodgetts	73965	29: 30-39	46:45	9:21/K
96	Emily Bauer	1738	30: 30-39	46:47	9:21/K
97	Kaeli Grotz	73963	31: 30-39	47:09	9:26/K
98	Lenka Hekl	2667	11: 99-99	47:21	9:28/K
99	Hailey Pacey-Wood	4890	12: 0-19	47:55	9:35/K
100	Katrina Pacey	4889	20: 40-49	47:56	9:35/K
101	Shannon Gorski	73983	32: 30-39	48:10	9:38/K
102	Sarah Arboleda	1711	33: 30-39	48:33	9:43/K
103	Lynne Boardman	73971	21: 40-49	48:34	9:43/K
104	Taylor Kerr	2684	22: 20-29	48:53	9:47/K
105	Cate Delorme	73985	13: 0-19	49:10	9:50/K
106	Meghan Donaldson	73984	22: 40-49	49:10	9:50/K
107	Easter Tocol	73962	23: 40-49	49:38	9:56/K
108	Bonnie Froh	2652	34: 30-39	50:01	10:00/K
109	Megan Teolis	73932	14: 0-19	50:13	10:03/K
110	Tonja Teolis	73930	24: 40-49	50:32	10:06/K
111	Kate Pineo	73972	6: 50-59	51:03	10:13/K
112	Katrina Carlucci	2613	15: 0-19	52:18	10:28/K
113	Karen Mall	73961	35: 30-39	56:41	11:20/K
114	Natasha Dennis	2637	25: 40-49	56:59	11:24/K
115	Suzanne Carry	2615	26: 40-49	58:01	11:36/K
116	Eama Melland	3656	23: 20-29	58:35	11:43/K
117	Jane Bouey	1773	7: 50-59	59:14	11:51/K
118	Emilia Widdis	73948	8: 50-59	1:00:02	12:00/K

Overall Finish List**5 k Run****Male**

<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Taylor Sweet	73925	1: 20-29	21:18	4:16/K
2	Daniel Wang	73945	1: 0-19	23:13	4:39/K
3	Kevin Kontoukas	2686	1: 30-39	23:35	4:43/K
4	Chad Reid	73910	1: 40-49	24:08	4:50/K
5	Dustin Dunsmuir	2645	2: 30-39	24:16	4:51/K
6	Liam Babbitt	1716	2: 20-29	24:17	4:51/K
7	Umberto Soda	73920	3: 30-39	25:22	5:04/K
8	Scott Steinbach	73990	3: 20-29	26:14	5:15/K
9	Ian Glesbrechi	73987	2: 40-49	27:19	5:28/K
10	Devon Crow	2624	2: 0-19	28:46	5:45/K
11	Toby Ford	73970	3: 0-19	29:05	5:49/K
12	Matthew Battison	1737	4: 20-29	29:17	5:51/K
13	Marek Husarcik	2675	4: 30-39	29:28	5:54/K
14	Charles Cairns	73969	4: 0-19	29:30	5:54/K
15	Jeffrey Tinker	73936	3: 40-49	29:43	5:57/K
16	Kevin Cyr	2625	4: 40-49	30:06	6:01/K
17	Marcelo Marques	3603	5: 30-39	30:56	6:11/K
18	Robert Canales	2608	5: 20-29	31:03	6:13/K
19	Reid Laird	2688	6: 30-39	31:13	6:15/K
20	Robert Toma	73937	7: 30-39	31:21	6:16/K
21	Alan Chivers	2619	8: 30-39	31:53	6:23/K
22	Travis Basque	1735	6: 20-29	31:59	6:24/K
23	Greg Puchniak	73907	5: 40-49	32:08	6:26/K
24	Troy Teolis	73931	5: 0-19	32:14	6:27/K
25	Josh Gibbons	73981	9: 30-39	33:47	6:45/K
26	Ian Charlton	2617	10: 30-39	33:54	6:47/K
27	Fedor Kandratovich	2683	6: 0-19	34:06	6:49/K
28	Stephen Sylvester	73926	1: 99-99	34:22	6:52/K
29	Patrick Fergusson	2648	6: 40-49	34:35	6:55/K
30	Phil Gallie	2653	1: 60-69	34:42	6:56/K
31	Jerome St.Louis	73921	7: 0-19	34:43	6:57/K
32	Dion Roseman	73982	7: 40-49	34:50	6:58/K
33	Alec Paterson	4896	7: 20-29	35:00	7:00/K
34	Bradley Smith	73918	11: 30-39	35:01	7:00/K
35	Mark Chapman	2616	8: 20-29	35:38	7:08/K
36	Ashley Harvey	73975	12: 30-39	35:52	7:10/K
37	Ramtin Parvin	4894	9: 20-29	36:29	7:18/K
38	Aldrin Garcia	2654	2: 99-99	36:45	7:21/K
39	James Evans	2646	1: 50-59	37:14	7:27/K
40	Fernando Gomez Rodriguez	2660	13: 30-39	37:56	7:35/K
41	Geoffrey Patterson	4898	14: 30-39	38:08	7:38/K
42	Jesse Deacon	2633	8: 40-49	38:44	7:45/K
43	Gerry Parr	4893	2: 60-69	39:50	7:58/K
44	Michael Com	2621	3: 99-99	40:45	8:09/K
45	bib 75764	75764	15: 30-39	41:03	8:13/K
46	Andrey Detinkin	2638	9: 40-49	41:18	8:16/K
47	Qureish Khanbhai	2685	16: 30-39	41:28	8:18/K

Race Date
April 07, 2019

MEC GREATER VANCOUVER: TRAIL RACE ONE, 5K / 9K

Overall Finish List

5 k Run			Male		
Overall	Name	Bib No	AG Place	Time	Pace
48	Douglas Pease	4900	17: 30-39	42:03	8:25/K
49	Nader Hodaly	73991	18: 30-39	42:41	8:32/K
50	James Barlow	1728	19: 30-39	43:00	8:36/K
51	Jordan Thiessen	73933	10: 20-29	43:28	8:42/K
52	gideon tang	73927	8: 0-19	44:50	8:58/K
53	Joe Mooney	3755	20: 30-39	45:00	9:00/K
54	Eddy Hardy	2664	10: 40-49	45:05	9:01/K
55	Julien Tang	73978	11: 40-49	45:49	9:10/K
56	Patrick Bateman	73986	3: 60-69	46:04	9:13/K
57	Evan Wood	73956	12: 40-49	48:12	9:38/K
58	Ryan Fraser	2650	2: 50-59	48:54	9:47/K
59	Myles Cardinal	2609	9: 0-19	51:45	10:21/K
60	Buddy cardinal	2610	21: 30-39	51:46	10:21/K
61	Domenic Carlucci	2612	3: 50-59	52:19	10:28/K
62	Johnny Giannias	2658	10: 0-19	53:05	10:37/K
63	Jason Deng	2636	11: 0-19	58:24	11:41/K
64	Brian Deng	2635	22: 30-39	1:03:04	12:37/K