



DIGITAL SKILLS FOR LIFE AND WORK FOR LEARNERS AGED 19 +



A course to develop the digital skills you need for everyday life and work.

When: [Enrolment and advice sessions – Booking required](#)

[Mondays and Thursdays](#)

Time – 9:30am – 12:30pm

[Course dates – 1st June 2021 to 17th June 2021](#)

Time – 9:30am – 12:30pm

Other courses to follow. For more information please contact us.

Where: Mitcham Library

157 London Road, Mitcham, CR4 2YR

Course content

- How to use online video packages such as Zoom
- Job searching and online applications, shopping online, booking appointments or services, safe internet browsing, using emails and social media – contacting family and friends helping to keep connected and reduce isolation, managing information

Contact us now at ATN to book your information/enrolment sessions and course dates

Tel: 07956484114 or 07564770791

Email: sgill@adult-training.org.uk

Web: www.adult-training.org.uk

www.facebook.com/Adult-Training-Network-1655397611400772