

JANUARY NEWSLETTER

Area 68-SWTA

District 2

Hello All

Welcome to the brand-new year. I pray this new year brings good health, peace, and prosperity to all of District 2's service providers. The awesome thing about service is that we never really leave it behind, for holidays, new jobs, or unexpected experiences.

Service is something that gets into our hearts and becomes integral to our being, as much as the food we eat to survive. It keeps my soul pointed in the right direction and my mind from drifting back into default mode. I spoke with one of my boys, first thing, this morning about working with his new man. Could there ever be a finer feeling than seeing the torch passed down repeatedly? Though I am but the vessel of which the knowledge was passed, there is fulfillment in bearing witness to this miraculous process of one alcoholic helping another.

Make no mistake, when service is mentioned, many times we differentiate between the type of service to which we are referring. The work we are doing right here today is just as important as one woman taking another thru this life changing journey on a one-on-one basis. We have so many tools at our disposal today because folks like you have stepped up to fill a need.

Speaking of tools available, the Winter Workshop is coming up, in Corpus Christi, and if you have someone you are working with, or that is interested in service work, bring them along. Do not let fear of lack keep anyone that wants to go from going to this workshop. We can sleep multiple people in a room and there are funds available to help where their groups cannot. Don't even worry about a ride, there are only two goats and a cow dog in the bed of my pick-up truck, so there is lots of room back there. In all seriousness, the Winter Workshop is a treasure trove of information and if you or someone you know is taking on a service position, I cannot stress the importance of being there enough. See you soon.

Respectfully submitted in service.

George Thomas

DCM District 2 Area 68



AREA 68

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2023

ONE DAY AT A TIME

STEP ONE

"We admitted we were powerless over alcohol- that our lives had become unmanageable."

Step 1 challenges the notion that no matter what, a person has at the very end of the day their free will choice. Humanity's belief that conscious choice is at the foundation of it's existence makes up one of the more solid principles in both belief based and non belief based societies.

The challenge addicts face is the very belief that they can positively actualize their in built free choice, even when it is clear to everyone else that their addiction has taken their free choice away. It is the very loss of their free choice which makes them powerless over their actions, to the point where their lives have become unmanageable.

"Why all this insistence that every AA must hit bottom first? The answer is that few people will sincerely try to practice the AA program unless they have hit bottom," reads a passage from Twelve Steps and Twelve Traditions.

The fact that the inner human conditions is one, which can delude one's self into believing that all crises are self manageable and conquerable by one's own will is the overriding principle that needs to be erased by the addict if there is any hope of taking their life back from addiction.

FIRST TRADITION

"Our common welfare should come first; personal recovery depends upon A.A. unity."

The main purpose of Tradition 1 is unity. As the Twelve Steps lay the spiritual path of recovery for individual members, the Twelve Traditions provide the principles that keep the group healthy and grounded. This is best exemplified by Tradition 1, which states:

"Each member of AA is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward"

the underlying principle is simple: if the group is drawn into controversy or becomes dominated by individuals, the unity of the group will be jeopardized. This is especially true for the members who feel sidelined or minimized- these individuals are most likely to drift away or leave the program altogether, When people first try to recover from addiction, they often attempt to do so alone. While some people are successful, this approach means that people are less supported and more likely to feel isolated in their recovery.



**RULE 62: "DON'T TAKE YOURSELF
SO DAMN SERIOUSLY"**

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CHECK THIS OUT



A MESSAGE FROM KENNY

BETTER THAN GOLD

As newcomers, many of us have indulged in spiritual intoxication. Like a gaunt prospector, belt drawn in over the last ounce of food, we saw our pick strike gold. Joy at our release from a lifetime of frustration knew no bounds. The newcomer feels he has struck something better than gold. He may not see at once that he has barely scratched a limitless lode which will pay dividends only if he mines it for the rest of his life and insists on giving away the entire product.

HELP

Dear God, this I pray:
Help me until I can trust my own thoughts, Encourage me until I regain my self-esteem, Love me until I am able to love myself, Protect me from my demons until I can fight them with You.

TRUSTED SERVANTS

DCM: George T.
Alternate DCM: Cheryl B.
Treasurer: Casey H.
Secretary: Holli W.
Webmaster: David P.
Newsletter: Judy H.

CFC: OPEN
PI/CPC: Jeanine W.
Treatment: Kenny H.
Archives: Danny H.
Grapevine: Karen U.
Accessibilities: Chris S.

Hi y'all! My name is Kenny H and I am the District 2 Treatment Chairperson. I'm also now the New Braunfels Group Treatment Chair. As the Chairperson, it is my job to form a subcommittee of volunteers to first identify potential treatment centers that might allow us to bring meetings of Alcoholics Anonymous to their clientele. After we identify these facilities, we reach out to them and coordinate times, frequency, etc for taking meetings to them. We did this at the beginning of 2022, and out of 27 potential locations, we were able to coordinate and initiate regularly scheduled meetings to seven facilities, Some take meetings weekly while at least one takes a meeting a month. Different volunteers take the meetings to the facilities. The primary purpose of the treatment committee is to carry the message to the alcoholic who still suffers. In my experience, these meetings incredibly spiritual and positive. The people in treatment are hungry for sobriety and what we have. The desperation is often palpable. I have left meetings at treatment centers with my heart full of hope and joy. The topics are usually simple and easy... gift of desperation, Step 1, hope in sobriety, etc. If anyone is interested in becoming a part of this or has any questions, feel free to contact me! I'm so grateful for this opportunity.

Your friend in service,

Kenny H.

830-660-4146



NO STANDING STILL

Spirit of the Universe, never let me think that I have knowledge enough to need no teaching, wisdom enough to need no correction, talents enough to need no grace, goodness enough to need no progress, humility enough to need no repentance, devotion enough to need no inspiration, strength sufficient without Your Spirit; fearing, if i stand still, I will fall back for evermore.

EVENTS & LOCAL INFO

NEW BRAUNFELS GROUP CONSCIENCE

Meets at 12:15pm every 3rd Sunday of the month. All members of the New Braunfels Group AA are encouraged to attend. Attendance is mandatory for service members.

PI/CPC

Public Information/Cooperation with the Professional Community better explained as providing information and communicating with the professionals in YOUR community. We are hosting the annual conference August 4-5, 2023 and would love you to help. You can do a lot of things to help us pull this off and make it a successful event. Please attend our next planning meeting on January 8th at 1:00. Meeting is the second Saturday of each month at 1:00 for on hour if you can't make it. If you want to volunteer for something to help, follow the progress or ask a question, you can reach out to Jeanine W. 830-221-8062 or JB 512-787- 2207. We will have a really great announcement this Sunday 1/8/23 at 1pm!

SOBER ON THE SQUARE MEETING

Cigar Vault San Marcos, 122 N LBJ San Marcos, TX 78666

Date and Time: Wednesday nights from 10-11pm

Meeting type: Open-Discussion

Smoking is permitted.

For more information, please contact Devon at 915-526-7577

JANUARY / FEBRUARY

Speakers for Newcomers Meeting:

1/2/2023: Holli W.

1/9/2023: Carley L.

1/16/2023: Kristi S.

1/30/2023: Christie L.

*If you are interested in telling your story, please contact Susan P. on her cell phone: 210-632-4843

January 13th-15th SWTA 68 Winter Workshop/Assembly in Corpus Christi, TX

February 3rd-5th 2023 Coastal Bend Jamboree in Corpus Christi, TX

February 16th-19th 59th International Women's Conference

ZOOM MEETINGS

12:15- 1:15

Tuesdays: 12&12 Study

3rd Tuesday: Grapevine

1st Thursday: Big Book Study

2nd Thursday: Big Book Study

3rd Thursday: Speaker

4th Thursday: Drop the Rock

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KEEP COMING BACK