FIRST METHODIST VBS: JULY 2015

MONDAY: Lunch (Older Grade School Kids)

Chili Cheese Dogs

Chips

Watermelon

MONDAY: DINNER

Beef Meatballs w/Brown Gravy

Egg Noodles

Peas/Carrots

French Bread

Black Forrest Cherry Parfaits

TUESDAY: BREAKFAST

French Toast Bake

Sausage Links

\*Breakfast Bar

TUESDAY: LUNCH

Ham & Cheese Croissant

Chicken Noodle Soup

Veggies w/Dip

Brownies

TUESDAY: DINNER

Baked Ziti

Green Beans

Garlic Sticks

Italian Ice

WEDNESDAY: BREAKFAST

Eggs

Potatoes

Bacon or Sausage

\*Breakfast Bar

WEDNESDAY: LUNCH

Chicken Fingers

Mac & Cheese

Fruit Salad

Dirt Cups

\*BREAKFAST BAR\*

Various Cereal and/or Oatmeal

Cinnamon Rolls

Breakfast Fruit Pizza

Fruit & Cheese Kabobs

Pastries

Toast and/or Bagels

Cottage Cheese and/or Yogurt

Jam, Cream Cheese, Butter, Peanut Butter

Brown Sugar, Craisins

Ketchup

Pico de Gallo

Occasionally Lil’ Smokies

Occasionally Hard Boiled Eggs

Fruit (Fresh & Canned)

Milk

Juice \*\*Make each day a little different