



# October 2019

Monday-Thursday 8am-4pm    Friday 8am-1pm  
 423-745-6830 | 205 McMinn Ave | Athens, TN 37303  
[www.mcminnseniors.com](http://www.mcminnseniors.com) | [mcminnsenior@comcast.net](mailto:mcminnsenior@comcast.net)  
[FB: McMinn Senior Activity Center](#)

**Weekly Events: Maneuvers & Billiards: Daily | Fiber Arts, Crocheting, Knitting: Tues 1pm, Sassy Steps M-F 9:00AM**  
**Rook: Tues 12pm | Canasta: Wed 12pm | Pinochle: Thurs 12pm | Kings Corners Wed 1pm**  
**Adult Coloring every Tuesday morning at 9:00AM | Sign Language M and W at 10:00 am**  
 Events/Dates/Programs/Sponsors are subject to change. Effective October 1st, 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> 9:00 BP/Life Care 9:00 Quilting 9:30 Grief Counseling with Donna 10:00 Choir 11:20 Lunch w/Friends **Life Care* *Senior Olympics	<b>2</b> 10:00 Bingo/Eagle Home Care 11.20 Lunch w/Friends: **Athens Place** 2:00 Yoga 4:00 Pickleball (AMS)  Senior Olympics	<b>3</b> <b>CRAZY HAT DAY</b> 9:30 Crafts w/Vonda: Game 11:20 Lunch w/Bateman 3:00 Chess Club  Senior Olympics	<b>4</b> 9:30 Dance/Jam Session 11:20 Lunch w/Bateman 11:30 YOGA 7:00 Friday Night Dance  Senior Olympics
<b>7</b> 10:00 Bingo/Caris 11:20 Lunch w/Friends: Hospice of Chattanooga 12:00 Beginner Tap 2:00 NO YOGA 7:00 Band/Dance: Senior Olympics	<b>8</b> 9:00 BP/Lisa Harrison 9:00 Quilting 10:00 Choir 11:20 Lunch w/Friends **Ascension Life Church** Senior Olympics	<b>9</b> 10:00 Bingo/Athens Lutheran 11.20 Lunch w/Friends: **Athens Lutheran Church** 2:00 Yoga 4:00 Pickleball (AMS) Senior Olympics	<b>10</b> 9:30 Crafts w/Vonda: Magnet 11:20 Lunch w/Bateman 3:00 Chess Club  Senior Olympics	<b>11</b> 9:30 Dance/Jam Session 9:30 Grief/Bible Support 11:20 Lunch w/Bateman 11:30 YOGA 7:00 Friday Night Dance <b>Senior Olympics</b>
<b>14</b> <b>Columbus Day</b> <b>Closed</b>  7:00 Band/Dance Covered Dish/ Sr. Olympic Dance	<b>15</b> 9:00 BP/Life Care-Haley 9:00 Quilting 10:00 Choir 11:20 Lunch w/Friends/ **Marshall Hills Church **	<b>16</b> 10:00 Bingo/ Amedisys 11:20 Lunch w/Friends **Starr Regional** 2:00 YOGA 4:00 Pickleball (AMS)	<b>17</b> 9:30 Carly Richard: Terrarium 11:20 Lunch w/Bateman 3:00 Chess Club	<b>18</b> 9:30 Dance/Jam Session 9:30 Grief/Bible Support 11:20 Lunch w/Bateman 11:30 YOGA 7:00 Friday Night Dance <b>**Finger Foods**</b>

Monday	Tues	Wednesday	Thursday	Friday
<b>21</b> 10:00 Bingo-Life Care Haley 11:20 Lunch w/Friends <b>**Morning Pointe**</b> 12:00 Beginner Tap 2:00 Yoga  7:00 Band /Dance at Country Eagle	<b>22</b> 8:30-9:30 BP/Starr Regional 9:00 Quilting 10:00 Choir at Morning Pointe 11:20 Lunch w/Friends <b>**Center**</b>	<b>23</b> 10:00 Bingo/Etowah Healthcare 11:20 Lunch w/Friends <b>** Dominion Living **</b> 2:00 Yoga 4:00 Pickleball (AMS)	<b>24</b> 8:30 Open Enrollment 9:30 Pool Tournament 11:20 Lunch w/Bateman 3:00 Chess Club	<b>25</b> 9:30 Grief/Bible Support 11:20 Lunch w/Bateman 11:30 Yoga  7:00 Friday Night Dance
<b>28</b> 10:00 Bingo-Grace Healthcare 11:20 Lunch w/ Friends: Joe Guy 12:00 Beginner Tap 2:00 Yoga 7:00 Band/Dance	<b>29</b> 9:00 Quilting 10:00 Choir 11:20 Lunch w/ Friends: Premier Properties	<b>30</b> 10:00 Bingo/Athen's Place Lunch w/ Friends: Intrepid	<b>31</b> Halloween/Harvest Festival Fall Crafts 11:20 Lunch w/Bateman 3:00 Chess Club	

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**OCTOBER EVENTS**

4th-MEMBERS- Free Coffee  
 3rd-Crafts with Vonda at 9:30  
 10th-Crafts with Vonda at 9:30  
 17<sup>th</sup>-Craft with Carly  
 31<sup>st</sup>-Halloween/Harvest Festival  
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**2019 MEMBERSHIP**

Your membership to the Senior Center is a vital part of continuing the programs and services offered to seniors in our community. Ask about membership card & benefits.

Membership is open to age 50+.  
 Individual -- \$30  
 Couple--\$55  
 (Residing in same household.)

***Thank you for your continued support of our Senior Center.***

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**Volunteers and Visitors**  
**Please be sure to sign in on the My Senior Center Computer. If you need assistance, please see a staff member. This is vital for our reports and grant proposals.**