

Miquel “Mickey” Solowiej Grimm
Inducted June 24, 2011

Athlete – Class of 1993

Mickey Solowiej was an outstanding three-sport athlete playing three varsity seasons of field hockey and softball and two of basketball. She served as a team captain in all three sports. She was named Olympian Female Athlete of the year in her senior year.

Mickey was a versatile player at several positions on the softball field. She was named team MVP in her senior year and was selected as an IAC First Team All-Star in each of her three seasons. She led the league in hitting with an amazing .583 average in her sophomore season.

Mickey scored 27 goals with 13 assists in her field hockey career. In her outstanding senior season she led the team in scoring with 19 goals, was named team MVP, IAC First Team All-Star and All-State Honorable Mention. She was the first Olympian selected to play in the Empire State Games.

In basketball, Mickey was twice selected as an IAC First-Team All-Star and was named the Small School MVP in her senior season when she averaged 14 points, 3 rebounds, 5 assists and 3 steals per game. She had many outstanding individual game performances including a 28 point-9 steals-7 assists-5 rebound outing against Franklin and 26 points with 5 three point baskets against Margaretville in the sectional semi-final game.

Mickey earned BS and MS degrees in Physical Education from SUNY Brockport where she was a multi-season starter in both field hockey and basketball. Certified as a Physical Education teacher, she taught and coached in the Rochester area. Mickey currently resides in Lansing where she is a certified K-12 substitute teacher and is active in community, school and sporting activities.