

ENERGY CENTERS PROCESSING

	Gut/Body	Heart	Head
What standards do you use in making a decision?	Ethical	Humane	Scientific
What takes priority in the situation?	Action	Communication	Thought
What problem-solving approach is the best?	Pragmatic	Empathic	Logical
Emotions	Emotions are messy	How others' emotions make them feel	Don't like feeling emotionally pressured