

Backyard Herbal Allies Workshop

Featuring Herbalist, Debra Roeder Shaw

When: Saturday, June 3rd at 2:00 PM

(Rain Date: Sunday, June 4th)

Where: Hanson Park 38 Springfield Ave, Cranford



Debra will present a 2-hour+ hands-on presentation on wild plant (aka weed) identification, backyard herbal medicine, and instruction on preparation of salves, oils and tinctures. Techniques for gathering, identifying and preparing our "Green Allies" (dandelion, violet, chickweed, garlic mustard, wood sorrel, etc.) will be discussed and demonstrated.

We will spend time going over the properties of each plant and what they've been used for traditionally and then we will go out and gather (so wear your sneakers!). Each student will make their own tincture in a glass jar to take home.

Sign-up early on our website, www.hansonparkconservancy.com, as registration is limited. The cost is \$20 for members of the Hanson Park Conservancy (\$25 for non-members). Payment is due at time of registration.



This event is sponsored by the
Hanson Park Conservancy.