

# Bio-Curcumin Plus



## Clinical Applications

- Supports a Healthy Inflammatory Response \*
- Supports GI Health \*
- Supports Immune & Endocrine System \*
- Supports Brain Health \*
- Supports Cardiovascular System\*

*Bio-Curcumin Plus is a highly bioavailable curcuminoid formulation containing a unique combination of three health-promoting compounds known as "curcuminoids," which are derived from turmeric root: namely, curcumin, bisdemethoxy curcumin, and demethoxy curcumin along with turmeric oil. It's a Highly bioavailable curcumin formula for superior absorption.*

All Adaptogen Research Formulas Meet or Exceed cGMP Quality

## Discussion

**Bio-Curcumin Plus** is a highly bioavailable formulation containing a unique combination of three health-promoting compounds known as "curcuminoids," which are derived from turmeric root: namely, curcumin, bisdemethoxy curcumin, and demethoxy curcumin. This comprehensive product also contains turmeric oil. Turmeric is a bright yellow-orange spice popular as the main ingredient in Indian curry powders, and its high concentration of curcumin underlies the centuries-old use of this root in Ayurveda, traditional Indian medicine. The three curcuminoids in this product are the strongest, most protective and best researched constituents of turmeric root. Naturally occurring turmeric root powder contains only 5-7% curcumin, while the blend in Bio-Curcumin Plus is formulated to contain 70% curcumin (as part of a total of 95% curcuminoids). Thus, this product provides a much higher concentration of the active compounds than would typically be obtainable from food alone.

Curcumin is made up of a crystalline structure that makes it difficult for the body to absorb. To overcome this hurdle, Bio-Curcumin Plus is manufactured using an all-natural, patent pending process that helps to optimize the absorption of curcumin by the body. This delivery technology increases the absorption rate and reduces the absorption time for curcumin, and as a result, it may allow for superior effects through lower dosages.

### Benefits

**Healthy Inflammatory Response** – Like other "warming spices," such as ginger, cinnamon, and cayenne, turmeric's complement of curcuminoids helps to support a healthy inflammatory response in the body.

**Immune Support** – A wealth of scientific research supports the benefits of curcuminoid compounds for assisting with a healthy immune system, along with its ability to support the body's natural defense against bacteria.

**Antioxidant Properties** – Curcumin is known to be a powerful antioxidant. Bio-Curcumin Plus is unique in that it increases levels of a major metabolite of curcumin, known as "tetrahydrocurcumin," which has antioxidant effects greater than those of curcumin alone.

Supplement Facts	
Serving Size 1 softgel	
Amount Per Serving	% Daily Value
Curcuminoid Proprietary Blend	1 g *
Curcuminoid Powder (380 mg curcuminoids - curcumin, demethoxycurcumin, bisdemethoxycurcumin), Turmeric Oil ( <i>Curcuma longa</i> ) (rhizomes), Sunflower Lecithin, Vitamin E	
*Daily Value not established.	

**Other Ingredients:** Gelatin, water, glycerine, and annatto (natural color) (softgel ingredients).

### Suggested Use

Take one softgel per day with a meal, or as directed by your health care practitioner.

### Caution

Not recommended during pregnancy. Individuals on blood thinning therapy, or anyone with gallstones, ulcers, and GI inflammatory conditions should be monitored closely by their physician. Keep out of reach of children.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**