

WHEN DO YOU NEED A SENIOR CARE MANAGER?

Tackling the issues of aging can be overwhelming for seniors and their families.

Fortunately, there are services that are available to seniors but it is often difficult to know where to start, or to recognize the signs that you need help.

With extensive knowledge of senior needs and services along the Main Line, SAGE Care Advisors provides Senior Care Management services.

ASK YOURSELF:

- Do you or your loved one want to remain at home but are having trouble with Activities of Daily Living and/or Memory loss?
- Are you concerned your loved one is not safe living at home without support?
- Do you need more information about the community resources available ranging from home services to a new living environment?
- Do you need help exploring new living options ranging from Continuum Care Retirement Communities to Nursing Home Facilities?
- Do you need someone to act as an advocate or liaison when family members struggle to understand the right services needed for each unique situation which may cause stress for you and your loved ones?
- Are you worried about your loved one's medical condition, medications, and nutrition?
- Do you need to be evaluated to determine if you should still be driving?
- Do you need help coordinating appointments, running errands and understanding Medicare and long term care insurance?
- Do you need help with legal issues such as gaining Power of Attorney (POA) or creating a new will?
- Do you have difficulty handling your finances?
- Is the amount of time needed to supervise care for a loved one is interfering with your own family's needs and affecting your personal health or job?

All of these factors can be very stressful. If you said yes to any of these statements above, you should consider speaking to a Senior Care Manager. Engaging SAGE Care Advisors can help alleviate the stress and worry of seniors as they age, and allow our clients to focus on enjoying the quality of life with their loved ones.



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