

NPC GRAND PRIX AND SC STATE CHAMPIONSHIPS CONTEST INFORMATION

EVENT DATE: Saturday, November 9, 2019

Promoters: Tres Bennett (843-270-4373) / Shannon Meteraud (843-270-4372) Contact: tresb@comcast.net **Contest Venue:** The Etherredge Center 340 Scholar Loop, Aiken, SC 29801. **NPC Membership:** All contestants must be a member of the NPC National Physique Committee. Competitors may register for an NPC card on Friday at the Check-In / Weigh-In (2019 price is \$125.).

Friday, November 8: MANDATORY WEIGH-IN/CHECK-IN for ALL Competitors! 5:00 pm to 7:00 pm: The Etherredge Center 340 Scholar Loop, Aiken, SC 29801 No Weigh-Ins / Check-Ins on Saturday, November 9, 2019.

Bodybuilders **MUST** wear posing suits to the weigh-ins.

Saturday, November 9: PREJUDGING – ALL DIVISIONS

8:00 am: Meeting for ALL NPC competitors in the Charleston Music Hall

9:00 am: Prejudging begins.

Saturday, November 9: FINALS – ALL DIVISIONS

4:00 PM: Meeting for ALL NPC competitors in the Charleston Music Hall Auditorium

5:00 pm: Finals begin.

COMPETITION DIVISIONS: (CLASSES ARE SUBJECT TO CHANGE BASED ON ENTRIES RECEIVED)

Men's Bodybuilding: 6 Classes, 5 Places and 1 Overall – (Up to 143 ¼, Over 143 ¼ to 154 ¼, Over 154 ¼ to 176 1/4, Over 176 ¼ to 198 ¼, Over 198 ¼ to 225 ¼, Over 225 ¼)

True Novice Men's Bodybuilding: 1 Class, 3 Places – (1st Time competitor in an NPC event only)

Junior Men's Bodybuilding: 3 Classes, 3 Places- (Up to 165 ¼, Over 165 ¼ to 187, Over 187. Open to any competitor who has not won his class in an open division & who has not won the overall in a junior division).

Teen Men's Bodybuilding: 1 Class, 3 Places- (16 yrs. old to 19 yrs. old)

Masters Men's Bodybuilding: 1 Class, 3 Places – (40 years and over)

Masters Men's Bodybuilding: 1 Class, 3 Places - (50 years and over)

Masters Men's Bodybuilding: 1 Class, 3 Places - (60 years and over)

Figure: 3 Classes, 5 Places and 1 Overall – (Up to 5'4", Over 5'4" to 5'6", Over 5'6")

Masters Figure: 1 Class, 3 Places – (35 years and over)

Masters Figure: 1 Class, 3 Places – (45 years and over)

Novice Figure: 1 Class, 3 places

Bikini: 3 Classes, 5 Places and 1 Overall - (Up to 5'4", Over 5'4" to 5'6", Over 5'6")

Masters Bikini: 1 Class, 3 Places – (35 years and over).

Masters Bikini: 1 Class, 3 Places – (45 years and over).

Novice Bikini: 1 Class, 3 places

Fitness: 1 Class, 5 Places

Men's Physique: 3 Classes, 5 Places and 1 Overall – Heights will be set to balance the classes at check-in.

Masters Men's Physique: 1 Class, 3 Places - (35 years and over).

Masters Men's Physique: 1 Class, 3 Places - (45 years and over).

Novice Men's Physique: 1 Class, 3 places

Women's Physique: 2 Classes, 5 Places and 1 Overall – Heights will be set to balance the classes at check-in.

Masters Women's Physique: 1 Class, 3 Places - (35 years and over)

Women's Bodybuilding: 1 Class, 5 Places and 1 Overall- (Up to and including 125, Over 125)

Men's Classic Physique: 3 Classes, 5 Places and 1 Overall-(MUST MEET WEIGHT REQUIREMENTS SET FOR EACH HEIGHT GROUP PER NPC GUIDELINES Up to and including 5'7", Over 5'7" up to and including 5'10", Over 5'10")

Masters Men's Classic Physique: 1 Class, 3 Places - (35 years and over. MUST MEET WEIGHT REQUIREMENTS SET FOR EACH HEIGHT GROUP PER NPC GUIDELINES)

Bodybuilding, Women's Physique, and Classic Physique Individual Routines

Prejudging: There will be 60 second free pose routines at prejudging.

Finals: ALL Bodybuilding and Physique competitors will perform their routines at the Finals.

NATIONAL QUALIFIER: THIS CONTEST IS AN NPC NATIONAL QUALIFIER.

Please refer to the NPC website for rules regarding national contest qualifications. <http://npcnewsonline.com/rules>

Music: CD's ONLY – ALL music for Bodybuilders and Women's Physique will be collected at the Check-in/Weigh-in. Contestants must supply their own music – no more than 90 seconds. Posing music **MUST BE THE ONLY** music on the CD. No Vulgar music is permitted. **Tickets (Absolutely NO Refunds):**

Prejudging: \$25.00 (general admission seating)

Finals: \$40.00 Tickets available through , phone order, and at the door (CASH ONLY AT THE DOOR). Contact Shannon Meteraud for details: 843-270-4372 . All ticket orders will be held at Will Call and may be picked up at Friday Weigh Ins or at the door on Saturday.

Host Hotel:

FAIRFIELD INN & SUITES, 185 Colony Parkway, Aiken, SC 29803

Spray Tanning, Makeup, and Hairstyling Services are provided by:

Liquid Sun Rayz Tanning <https://liquidsunrayz.com/>

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If not utilizing online entry method, please mail this form with entry fees to:

Solid Attitude Entertainment Inc., 1816 Chelwood Circle, Charleston, SC 29407

NPC CARD: _____

ENTRY FEE: _____

DIVISION: _____

HEIGHT/WT: _____

SC RESIDENT: _____

Print Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Age: _____ **Height:** _____ **Weight:** _____

E-mail Address: _____ **Phone:** _____

Entry Fee (ABSOLUTELY NO REFUND): An entry fee of \$100.00 will be charged for one division. An additional \$100.00 will be charged for each additional division. The entry fee must be sent with your application. Late Fee: Entry fee will increase to \$150.00 if not registered by, November 6, 2019.

MONEY ORDERS ONLY: payable to: **Solid Attitude Entertainment** / Mail to: 1816 Chelwood Circle, Charleston, SC 29407

One Trainer's Pass per competitor (Absolutely No Refunds) – \$100.00 (Purchase at Check-in/Weigh-in - cash only) Trainer must also buy admission ticket for prejudging and evening show. **Trainer must also be a current member of the NPC.**

Please select NPC Grand Prix Division:

____ Men's Bodybuilding ____ Men's Bodybuilding Novice ____ Men's Bodybuilding Masters*
____ Figure ____ Figure Masters* ____ Bikini ____ Bikini Masters* ____ Junior Bodybuilding
____ Men's Physique ____ Men's Physique Masters* ____ Fitness ____ Women's Physique ____ Classic
Physique ____ Women's BB ____ Teen Bodybuilding* ____ Figure Novice ____ Bikini Novice ____
Men's Physique Novice ____ Junior Bikini ____ Junior Figure ____ Junior Men's Physique ____ Masters
Women's Physique* ____ Masters Classic Physique*

Please select SC State Championships Division:

____ SC Men's Bodybuilding ____ SC Men's Bodybuilding Novice ____ SC Men's Bodybuilding Masters*
____ SC Figure ____ SC Figure Masters* ____ SC Bikini ____ SC Bikini Masters* ____ SC Junior
Bodybuilding ____ SC Men's Physique ____ SC Men's Physique Masters* ____ SC Fitness ____ SC
Women's Physique ____ SC Classic Physique ____ SC Women's BB ____ SC Teen Bodybuilding* ____ SC
Figure Novice ____ SC Bikini Novice ____ SC Men's Physique Novice ____ SC Junior Bikini ____ SC Junior
Figure ____ SC Junior Men's Physique ____ SC Masters Women's Physique* ____ SC Masters Classic
Physique*

Masters* / *Must send proof of age with application or provide proof at check-ins. Crossovers not restricted.

In consideration of being allowed to participate in any way in the NPC Grand Prix and SC State Championships ("Event") promoted by Solid Attitude Entertainment ("Promoter") and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its related events and activities, I,

(name of participant - please print name) _____, the undersigned, acknowledge, appreciate and agree that: 1. The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, 2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, 3. I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoters immediately; and, 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE Promoter and the NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity (collectively, the "Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law. In the event of inclement weather, disaster, or other act of God, the entry fees, ticket sales, and organizational fees paid are non-refundable. The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the FAIRFIELD INN & SUITES, 185 Colony Parkway, Aiken, SC 29803 ("Hotel") including any rules or regulations prohibiting cooking, food preparation, stained bed sheets(tanning lotion), stained pillow cases (tanning lotion), stained towels (tanning lotion), etc... in the hotel rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoters from and against any damages caused by the undersigned to the Hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoters and/ or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant Signature

Date

If contestant is of Minority Age, this blank must be signed by Parent or Guardian

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE OF 18 AT TIME OF REGISTRATION) This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.