



Kiddos Academy

January 16th to January 20th



| Menu | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|--|
| Breakfast 7:30 8:30 | <ul style="list-style-type: none"> ✓ Scrambled Eggs with Potato Cubes ✓ Wheat Toast ✓ Strawberry ✓ Milk | <ul style="list-style-type: none"> ✓ French Toast with Syrup topped with berried or Banana ✓ Orange Juice ✓ Milk | <ul style="list-style-type: none"> ✓ Whole Grain Cereal ✓ Pineapple ✓ Milk | <ul style="list-style-type: none"> ✓ Oatmeal with Peach topped with Honey ✓ Buttermilk Biscuits ✓ Strawberry ✓ Milk | <ul style="list-style-type: none"> ✓ Eggs with Chunks of Roasted Garlic Chicken Sausage ✓ Buttered Wheat Toast Bread ✓ Banana ✓ Milk |
| Lunch 11:00 11:30 | <ul style="list-style-type: none"> ✓ Chicken and Three-Cheese Mini Tacos ✓ Mixed Fruit ✓ Milk | <ul style="list-style-type: none"> ✓ Fish Sticks ✓ Mac & Cheese ✓ Tropical Fruit ✓ Milk | <ul style="list-style-type: none"> ✓ Chicken & Cheese Ravioli ✓ Green Salad & Rach Dressing ✓ Wheat Toast Bread ✓ Banana ✓ Milk | <ul style="list-style-type: none"> ✓ Breaded Wild Cod ✓ Tartar sauce ✓ Cream of Mushroom Soup ✓ Tropical Fruit ✓ Milk | <ul style="list-style-type: none"> ✓ Cheeseburger Sliders ✓ French Fries & Cheese ✓ Mango ✓ Milk |
| Snack 2:00 2:30 | <ul style="list-style-type: none"> ✓ Animal Cracker ✓ Pineapple ✓ Milk | <ul style="list-style-type: none"> ✓ Chicken Salad ✓ Ritz Crackers ✓ Peach ✓ Milk | <ul style="list-style-type: none"> ✓ WG Honey Graham Crackers ✓ Pears ✓ Milk | <ul style="list-style-type: none"> ✓ Soft Pretzels ✓ Pears ✓ Milk | <ul style="list-style-type: none"> ✓ Organic String Cheese ✓ Wheat Thins Crackers ✓ Tropical Fruit ✓ Milk |
| Dinner 4:00 5:30 | <ul style="list-style-type: none"> ✓ Butterball Turkey Burgers on Wheat Bread ✓ Chicken Noodle ✓ French Fries ✓ Mandarin Orange ✓ Milk | <ul style="list-style-type: none"> ✓ Parmesan Encrusted Tilapia ✓ French Fries ✓ Honey Wheat Rolls ✓ Strawberry ✓ Milk | <ul style="list-style-type: none"> ✓ Beef Fajita ✓ Refried Beans ✓ Honey Wheat Dinner Rolls ✓ Pineapple ✓ Milk | <ul style="list-style-type: none"> ✓ Chicken and Monterey Jack Cheese Quesadillas ✓ WG Brown Rice ✓ Mango ✓ Milk | <ul style="list-style-type: none"> ✓ Beef and Broccoli ✓ WG Brown Rice ✓ Garlic Bread ✓ Peach ✓ Milk |

Notes:
