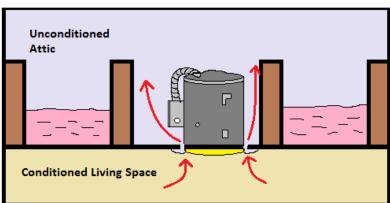


## **Recessed Lighting - Can Lights**

Another big source of air leakage and discomfort is recessed lighting. While recessed lighting can be quite attractive in any room in most cases recessed lights are just large holes in your ceiling that lead directly into the unconditioned attic. What is worse is that insulation cannot be installed around the can lights due to the potential fire hazard. This means that your conditioned air from your bedroom or living room goes right into the attic and the unconditioned air comes pouring through the recessed light opening.



A safe and effective way of sealing off the recessed lighting from your living area is the use of can light covers. We cover the recessed light with a can light cover and seal it with hand held foam. Since the can light cover is safe from fire hazardous hot bulbs and fixtures we are then able to properly insulate around and over the cover itself.



Before

After

