

Diary

SUNDAY 10 March

9:00 am St Stephens Worship for All
10:30 am St Mary's Sung Eucharist.
11:15 am St Thomas Sung Eucharist
11:00 am Tregadillett - Methodist Service
2pm St Thomas baptism Jessica Mills
3:30 pm - Tregadillett - Memory Friendly Service
6:30 p.m. - Tregadillett - Fellowship meeting

Monday 11 March

2.00pm - St Stephen's Strollers in hall car park
7.30pm St Mary's Vestry Pilgrim Group Lent Study

Tuesday 12 March

1.10pm St Mary's Holy Communion
2pm St Mary's Lent Bible Study

Wednesday 13 March

9.00am - St Mary's Morning Prayer
9.30am - St Mary's Holy Communion

Thursday 14 March

9:30am St Stephen's Eucharist
3.30pm Glynn Valley funeral June Thomas
7pm St Stephens Stations of the Cross

Friday 15 March

9.30am - 12.30 St Mary's Hall coffee & shop

Saturday 16 March

10-12noon St Mary's Food for Thought Café
10.30-11.30 St Mary's Kid's Café

SUNDAY 17 March

9:00 am St Stephens - Sung Eucharist
10:30 am St Mary's Sung Eucharist.
11:15 am St Thomas Service for families and children
11:00 am Tregadillett - Anglican Holy Communion
6:00 St Thomas - Taize Style Service
6:30 p.m. - Tregadillett - Fellowship meeting

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Launceston Parish

Four Churches, One Parish

A very warm welcome to the Parish of Launceston and especially if you are visiting. Please join us for tea and coffee served in St Mary's Hall each Sunday after 10.30am service.

10 March 2019

First Sunday of Lent

Collect

Almighty God, whose Son Jesus Christ fasted forty days in the wilderness, and was tempted as we are, yet without sin: give us grace to discipline ourselves in obedience to your Spirit; and, as you know our weakness, so may we know your power to save; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen**

Post Communion

Lord God, you have renewed us with the living bread from heaven; by it you nourish our faith, increase our hope, and strengthen our love: teach us always to hunger for him who is the true and living bread, and enable us to live by every word that proceeds from out of your mouth; through Jesus Christ our Lord. **Amen**

Today's Readings

Deuteronomy 26.1-11; Romans 10.8b-13;
Luke 4.1-13

Today's hymns

St Mary's

57 - 63 - 271 - 275 - 385

Anthem. *Lord for thy tender mercy sake* -Farrant

St Thomas

133. 45. 281. 423

St Stephen

283 - Before the throne of God above

95 - 40 days and 40 nights

96 - Jesu' lover of my soul

558 - Praise to the lord, the almighty

262 - O Lord my God (how great thou art)

Next Sunday's Readings Lent 2

Genesis 15.1-12, 17-18; Philippians 3.17-4.1;
Luke 13.31-end

*Four Churches - walking with Jesus
One Parish - welcoming all*

PRAYERS

We pray for all who are sick. We lift before you; Rachael Harris, Yvonne Tyrrell, John Hake, Agnes Penny, Jill Jenkin, Owen Slater, Fred & Liz Taylor, Kay Simpson, Pam Jasper, Sandra Thurston, Jim Giggins, and all of those whom we hold in our hearts and in our own personal prayers.



❖ We commend into God's eternal care the faithful departed. We pray for all who mourn the passing of a loved one. Jeremy Franklyn, Donald Steer, June Thomas.

❖ *Requests for prayers should be sent to Sue Lewis please*

If you, or someone you know, is ill or unable to come to church and would like a visit from a member of the church or clergy, please contact Sue Tierney or RevTeresa, whose details are on the back of this sheet. It would be our pleasure to bring the sacraments to you.



NB Entries for the pew-sheet for 24 February to Sue Lewis in the parish Office by 6pm Tuesday please *Email: launceston.parishoffice@yahoo.co.uk*

Coffee Evening St Thomas Church Hall 26th March.

Sue and Pam invite you to join us for a cup of coffee or tea and a biscuit plus plenty of friendly chat on Tuesday the 26th March 7-9 pm in St Thomas Church Hall.

Donations invited for a Tent for Lent and sending it to Shelter Box for their excellent work. Looking forward to seeing you all on the 26th.

Launceston Churches Together supporting the ShelterBox appeal

GIVE A TENT FOR LENT

Lent Lunches every Tuesday from March 12th for 6 weeks at Central Methodist Church 12 noon until 1.30 pm.

All are welcome to come and enjoy soup and a roll. Donations for ShelterBox.

Lent Bible Study

We have a choice of Lenten Bible Studies: In St Mary's following the Tuesday 1.10pm Holy Communion, Sue Tierney will be leading a study based upon the book of Esther: - 'If I perish, I perish.'

On Monday evenings, the Pilgrim Group run a separate study based around the theme of Lent. On Sunday evenings, Jonathan Reynolds is leading a discipleship course based upon Rick Warren's *Purpose Driven Life*.

St Piran's Day

Watching 320 school children perform *all at the same time* Cornish dances on the old parade ground in bright sunshine summed up the spirit of St Piran's Day perfectly. St Stephen's School Samba band cheered everyone on and a Cornish piper led the procession into the square and through the castle grounds. In the afternoon Werrington School remained in town to explore St Mary's with much excitement and running around.

Ash Wednesday

I confess to cheating by beginning Ash Wednesday at the beginning of the week. Pupils from Tregadillett School received ashes after hearing the story of Jesus' temptation in the desert. St Catherine's returned from their St Piran's Day celebrations in time for Collective Worship and for the Imposition of Ashes. At both schools, the older pupils ministered to the younger ones, quickly learning to say:

Remember that you are dust and to dust you will return: turn away from sin and turn to Christ.

Ashes remain in St Mary's this weekend for personal use for those who were unable to make Wednesday's services.

Open the Book

The Open the Book team are presently telling stories week by week around the theme of Biblical meals. At St Stephen's school this week they were challenged by the excitement and competition from those dressing up for World Book Day. The stories from the Bible, though, capture the children's imagination. This was brought home to me when the pupils of Werrington School recognised the story of Moses and the Burning Bush, created at last month's Kids' Café. Our Open the Book teams carry an incredibly important ministry in opening up the value of the Bible to both staff and pupils alike in our schools. A big thank you to all Open the Bookers!

Make LENT Count

Part of our Lenten discipline is prayer. As we grow spiritually during Lent, we pray that God will embolden us to share our faith:

God our Father,

you have given the Holy Spirit to your Church to lead and equip your people:

help us to proclaim the good news of your love to grow your church in the Parish of Launceston ever deeper and wider,

full of love for one another,

to serve and worship you;

through Jesus Christ our Lord. Amen.

I shall be on lambing leave from Monday 18th March, back in time to celebrate Mothering Sunday on the 31st March. Fortunately Rev Teresa is feeling much improved, though still suffering from shingles.
Mother Alison.