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*M.L.K BLASTERS YOUTH DEVELOPMENTAL MEET*

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- Date: May 4, 2019
- Time: 8:00 am (First Call for All Track and Field Events at 7:30 am)
- Location: Morse High School
- Registration: All Entries Must Be Entered On [www.Athletic.net](http://www.Athletic.net) Starting April 15 And Will Close on Thursday May 2nd at 11:00 PM.
- Concession: Full Concessions Will Be Available.
- Package Pick-Up: Table Located Near the Snack Bar
- Meet Director: Jay Johnson
- Meet Manager: LaSalle Mitchell
- Contact Email: [mlkblastersyouthtrackclub@gmail.com](mailto:mlkblastersyouthtrackclub@gmail.com)
- Sanction: This event is sanctioned by USATF San Diego - Imperial
- Facility: 9 Lane All Weather Track 3/16-inch Needle Spikes Only.  
Spikes Checked at Clerk of The Course.
- Warm up Area: A Warm Up Area Will Be Assigned
- Entry Fees: \$ 9.00 per athlete. Entry fees must be paid before the athlete competes. Clubs may pay by club check, money order or cash. Clubs may pay the day of the meet when they pick up their package. Cash only accepted for unattached athletes and must be paid prior to the start of the meet.
- First Aid: First Aid will be available and located in a designated area

Age Divisions: 6 & Under.....2013-2014  
7--8 .....2011-2013  
9--10 .....2009 – 2010  
11 – 12 .....2007 – 2008  
13 – 14 .....2005 – 2006  
15 – 16 .....2003 – 2004

Event Limitations: 6 and Under, 7-8, 9-10,11-12 are limited to three events only.  
13 – 14, 15 – 16 are limited to four events.

Awards: Medals to Top 3 in Each Event - Ribbons Awarded to 4<sup>th</sup>-9<sup>th</sup> Places.

Check-in: Report to the Clerk of the Course when the event is called. **TWO CALLS** will be given for each event. Athletes in running events must report to the Clerk of the Course, ready to compete, and stay in the area.

Field Events: Report directly to that event when the event is called. Two calls will be given for each event. Athletes competing in a called running event must check with the official in charge before leaving to report to the Clerk of the Course. Athletes must report back to their field event within 5 minutes of completion of their running event. All athletes will be given **FOUR ATTEMPS**. No other jumps after those attempts; all measurements are in metric.

**NO WRITE IN ATHLETES WILL BE PERMITTED IN ANY EVENTS**

Meet Results: Meet results will be provided online at [www.athletic.net](http://www.athletic.net) and posted on USATF.org

Additional Information: This meet will have automatic timing. No pets, peanuts or sunflower seeds allowed in the Stadium. No food or sugary drinks are allowed on the infield (including Gatorade). Water only. Canopies must be secured on the top seating rows only.



## Schedule of Events

First Call: 7:30 am - Events Start at 8:00 am

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|--|---------------------------|
| 1. 1500m Run                           | 7/8 through 15/16         |
| 2. 110m (39 in) / 100m (33 in) Hurdles | 15/16 Boys /13/14 Boys    |
| 3. 100m Hurdles (30 in)                | 15/16 Girls / 13/14 Girls |
| 4. 80m Hurdles                         | 11/12 Girls/Boys          |
| 5. 100m Dash                           | All Divisions             |
| 6. 50m Lollipop Race                   | 8 mo. to 3 yrs. old       |
| 7. 400m Dash                           | 9/10 thru 15/16           |
| 8. 800m Run                            | 7/8 through 15/16         |
| 9. 200m Dash                           | All Divisions             |
| 10. 4 x 200m Relay (Free Race)         | All Divisions             |

### Field Events

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|--------------|--|
| Long Jump    | 6U, 7/8, 9/10, 11/12, 13/14, 15/16<br>(Two Pits will be used for Boys and Girls) |
| Mini Javelin | 9/10G, 9/10B, 7/8G, 7/8B   |
| Aero Javelin | 11/12G, 11/12B (Follow Mini Javelin)   |
| Shot Put     | 7/8G/B, 13/14G/B, 11/12G/B, 9/10G/B, 15/16G/B                                    |
| Discus       | 13/14G/13/14B, 11/12G/11/12B, 15/16G/15/16B                                      |