

Transforming Dialogue: Solution Focused Brief Coaching & Counselling

Presented by Haesun Moon, PhD

Workshop Details

June 13-14, 2019

9am – 4:00pm

Location

The Festival Inn

1144 Ontario Street

Stratford, Ontario

Fees:

Early-Bird Rate: \$349 + HST

After May 12th: \$379 + HST

Fee includes lunch, morning and afternoon refreshments.

Discounted rates are available for groups of 5+ people registering together OR for individuals registering for more than one workshop

Registration

Register online at

missionempowerment.ca



About the Workshop

Solution-Focused Brief Counselling/Coaching is an evidence-based and strength-based framework for purposeful dialogue that promotes positive growth and builds on a client's preferred future. With this approach, people often experience a profound paradigm shift which allows them to create a meaningful and manageable forward-moving process and enjoy a positive shift in confidence, motivation and self-perception.

This two-day workshop introduces the foundational principles and techniques of Solution-Focused Brief Counselling & Coaching in a highly experiential and dialogic method. In-class activities include real-time demonstrations and peer coaching practice using solution-focused dialogue. Participants will learn how to have solution-building dialogue in both personal and professional settings while exchanging feedback, fortifying rapport, and generating client-directed outcomes and strategies

You will learn: the components of a Solution-Focused Brief framework including contract, preferred future, instances, and progress; how to apply positive listening, intentional responding, effective questioning techniques and feedback techniques to explore and elaborate practice-clients preferred future; helpful opening questions (and which questions to avoid); and the one question that differentiates solution-focused counselling from solution-focused coaching.

About the Presenter

Haesun Moon, PhD, is a leading expert and educator on coaching and the use of language in transforming workplace dialogues leading to social change. Her academic and professional research in coaching dialogues and pedagogy from the University of Toronto introduced a simple coaching model, Dialogic Orientation Quadrant, that has transformed the way people coach and learn to coach worldwide. Haesun teaches Brief Coaching at the University of Toronto and serves as Executive Director at the Canadian Centre for Brief Coaching. She has her PhD in Leadership & Higher/Adult Education, a Masters of Education degree in Adult Education & Community Development, and undergraduate degrees in Psychology and Life Sciences.

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