

WINTER WORKOUT SCHEDULE 2024 - DEFENSE & HITTING

MONDAY DEFENSE 3:00-4:15	
BAILEY	<i>GUERRERA ***</i>
BALDWIN	<i>HOPKINS ***</i>
BAYACHEK	HUTCHINSON
BOGDAN	KELLY
CASEY	LONG, B.
<i>CAVALLARO ***</i>	MADISON
COER	<i>MCNAB ***</i>
<i>COUGHLIN ***</i>	NEELD
DEMORE	ORTLIP
DUNNE	SAVINO
FREEMAN	SELL
GANEY	UNRATH
GOZDAN	VACCA

WEDNESDAY HITTING 3:00-5:30	
BAILEY	GUERRERA
BALDWIN	HOPKINS
BAYACHEK	HUTCHINSON
BOGDAN	KELLY
CASEY	LONG, B.
CAVALLARO	MADISON
COER	MCNAB
COUGHLIN	NEELD
DEMORE	ORTLIP
DUNNE	SAVINO
FREEMAN	SELL
GANEY	UNRATH
GOZDAN	VACCA

INDICATES DUAL TRAINING ***

MONDAY DEFENSE 4:15-5:30	
BROADWATER	MELILLO
CAPASSO	MILLER
CAPONE	NARDONE
DAVIS	ROHRBACK
DIGUISEPPE	SCHULTZ
GREENBERG	SOTO
GRISPINO	STEPHENS
LONG, S.	STOUT
MANN	WALLS

WEDNESDAY HITTING 4:15-5:30	
BROADWATER	MELILLO
CAPASSO	MILLER
CAPONE	NARDONE
DAVIS	ROHRBACK
DIGUISEPPE	SCHULTZ
GREENBERG	SOTO
GRISPINO	STEPHENS
LONG, S.	STOUT
MANN	WALLS

WINTER WORKOUT SCHEDULE 2024 - PITCHERS & CATCHERS

BULLPENS ONLY (Pitching Lane #4)		BULLPENS ONLY (Pitching Lane #4)	
MONDAY PITCHERS 3:00-4:15		WEDNESDAY PITCHERS 3:00-4:15	
*** PITCHERS:		*** PITCHERS:	
BROADWATER	SCHULTZ	LONG, S.	STEPHENS
DAVIS	GREENBERG	MELILLO	
MANN		SAVINO	
*** CATCHERS:		*** CATCHERS:	
ROHRBACK	STOUT	GREENBERG	STOUT
		ROHRBACK	

LIVE ON TURF FIELD (40 PITCHES)		LIVE ON TURF FIELD (40 PITCHES)	
WEDNESDAY PITCHERS 3:00-4:15		WEDNESDAY PITCHERS 4:15-5:30	
*** PITCHERS:		*** PITCHERS:	
KELLY	SELL	COER	COUGHLIN
BAYACHEK	GANEY	CASEY	UNRATH
GOZDAN	VACCA	BOGDAN	DEMORE
*** CATCHERS:		*** CATCHERS:	
MADISON	HUTCHINSON	HUTCHINSON	ROHRBACK
DUNNE		MADISON	GREENBERG
		STOUT	DUNNE

ALL-STAR BASEBALL ACADEMY:

1537 Campus Drive, Warminster, PA 18974

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