*This is printed at no expense to the City*

## From Mentor City Council



### Mentor City Council

FRONT (left to right): Janet A. Dowling – Councilperson-at-Large; Bruce R. Landeg - President of Council, Councilperson, Ward 3; Scott J. Marn – Councilperson -at-Large

REAR (left to right): Matthew E. Donovan - Vice-President of Council, Councilperson, Ward 2; Ray Kirchner – Councilperson-at-Large; Sean P. Blake – Councilperson, Ward 1; John A. Krueger – Councilperson, Ward 4

### Mentor Celebrates Independence Day

The City of Mentor is pleased to announce that this year's Independence Day celebration will be held at Mentor Civic Center Park on Sunday, July 4, 2021 with a concert followed by fireworks.

National country recording artist, Darryl Worley, will perform on the main stage at the Mentor Civic Amphitheater at 8:00 PM with a spectacular 25-minute fireworks display to immediately follow the concert. Worley is known for his soulful, down-to-earth vocal style and traditional country roots. The Tennessee native's career has spanned three decades with over 20 songs on the Billboard Country Hot 100 including number-one hits "Awful Beautiful Life", "I Miss My Friend", and "Have You Forgotten".

A number of popular local food trucks will be serving their festival favorites including burgers, gyros, pizza, and more. A selection of beers, wines, and sparkling beverages will also be available for sale.

Amphitheater grounds open at 6:00 PM. Visitors are encouraged to bring lawn chairs or blankets. Coolers are welcomed. No pets, glass containers, outside alcohol, tents, or shelters, are permitted on Amphitheater grounds. COVID-19 protocols will be observed, and concert capacity may be limited. This is a non-ticketed event and entry will be on a first-come/first-served basis. Additional rules and information will be posted prior to the event.

Mentor's Independence Day Celebration is presented by Lake Health and sponsored by Mutsko Insurance Services, and STERIS.

Mentor Civic Center Park is located at 8600 Munson Road.

Learn more about this and other Mentor events at [www.cityofmentor.com](http://www.cityofmentor.com).

## MPL Children & Teen Programs for June

Some library programs are being offered online. Others will be hosted in-person at one of the library's branches. Most online programs will be hosted live via Zoom and require registration. You can sign up by calling the library or at [www.mentorpl.org](http://www.mentorpl.org).

The in-person programs will be conducted in accordance with current health and safety mandates/guidelines, which are subject to change. The library encourages all attendees to observe these rules so that in-person programming may continue. It is up to the individual to determine his or her level of comfort and acceptable risk when attending programs. If you are concerned about public gatherings, please do not attend.

### Grab & Go Crafts

Families can pick up supplies for crafts that they can make at home from MPL's Main, Lake and Headlands Branches. Get different crafts throughout the month. Call branches for details.

### Kids Photography Contest

The library invites kids to Imagine Their Story through photography this summer. Children (up to age 12) can take pictures and submit them for judging in our photography contest. Photos should fit into one of the following categories:

Amazing Animals; Adventurous Outdoors; or Close to my Heart. Photographs should be submitted between June 1 and 15. One submission per child. The pictures will be uploaded to Mentor Public Library's Facebook page where patrons can vote on their favorite photo in each category. The winners in each category will receive a small prize.

### Telling a People's Story: African-American Children's Illustrated Literature

This summer, Mentor Public Library's Main Branch is hosting an exhibit with more than 95 picture books by African-American creators and representing milestones and stories in African-American history. The exhibit is organized by the Miami University Art Museum through a grant from the Martha Holden Jennings Foundation. Kids can pick up a brochure from the Children's Desk, check out the special exhibit, and follow the instructions on the brochure to receive a prize.

### A Walk in the Park: A Special Summer Story Times

Mondays, starting June 7, at 10 a.m. Main Branch

It's a perfect day for a walk and story time. Kids (newborn to 5) along with their grownups can

come to the library's Main Branch and then enjoy a stroll to nearby Eleanor B. Garfield Park. Families can enjoy a special story time at the park – bring along a blanket and a snack – before heading back to the library together.

### Magical Mondays

Mondays, starting June 7, at 1 p.m. Main Branch Lawn

Join the Children's Department for weekly outdoor activities that pertain to the library's Summer Reading theme, Imagine Your Story. Each week will focus on different fairy tales and myths. Registration is required.

### Tiddlywinks

Tuesdays, starting June 8  
Two sessions, starting at 10 a.m. and 11 a.m. Main Branch Lawn

Come to the library for an interactive story time, filled with stories, songs and rhymes that are just right for little listeners (newborn to 36 months.) Story time will be hosted outdoors, so please bring a blanket with you. The library will host two sessions of Tiddlywinks each Tuesday, one starting at 10 a.m. and the second at 11 a.m. Please register your family or group (up to nine in a group) beforehand.

### Preschool & Parent Story Time

Wednesdays, starting June 9

*Continued on page 2*

## Summer Reading Starting at Mentor Public Library

Mentor Public Library is celebrating both the start of Summer Reading and the return of in-person outdoor programming this June.

Once again, kids, teens and adults can win spectacular prizes from Mentor Public Library for reading this summer. Kids (those entering sixth grade or younger) can earn a raffle ticket for every hour they read or are read to. The more they read, the better chance they have to win one of the library's prizes.

Kids who read at least 20 hours during Summer Reading will also

earn a golden ticket and a chance to win a \$50 gift card to Target.

Meanwhile, teens (those entering seventh grade and older) and adults can earn raffle tickets two ways. First, they can earn a ticket for each book they read. Next, they can earn up to 10 bonus tickets by completing different challenges. Each ticket means a better chance of winning!

Summer Reading starts Friday, June 4. Patrons can sign up at any of Mentor Public Library's branches.

This year's theme is Imagine Your Story and the library is

hosting programs all summer long about fairy tales, myths and magic. Some will be hosted online via Zoom, while others will be held in-person outside at the library's branches.

Additionally, Mentor Public Library is once again hosting story times daily outside at one of its branches. Visit [www.mentorpl.org](http://www.mentorpl.org) to see which story times best fit your family's schedule. Registration is required for all programs before attending. People can sign up for both in-person or online programs at [www.mentorpl.org](http://www.mentorpl.org) or by calling the library at (440) 255-8811.



# In Rosey's Words....



Paradise right here

Welcome back to paradise on the north coast my friends!

We certainly waited a long time to see these perfect days of late spring and early summer that should last well through October!

Though I love all seasons here, I'm especially drawn to the variety of awesome birds and butterflies that are now gracing the lush green landscape of our magnificent Mentor, Ohio.

What a joy to breath the fresh air again that fills us with hope and gratitude, refreshing our very souls!

Thanks be to God who created this remarkable planet filled with

all we could ever ask for and the gratefulness of the opportunities we have to make difference for the good in all people, including ourselves.

Sometimes I'm breathless looking at the growth and beauty of our peonies of lush pink, the rhododendrons of fuchsia and reds, the azeleas of pure bright white, the tiny white 'Stars of Bethlehem,' fresh mint, cilantro, Jerusalem onions, ferns, red lilies, purple Japanese iris's, pink, blue and cream and purple hydrangeas, honeysuckle (and it's sweet scent,) blueberries, lilacs, rose of Sharon, deep purple violets, forsythia, wisteria in lavender, carnations (scented beautifully,) tiger lilies, strawberries, daffodils, dogwoods, black walnuts, locust trees, evergreens, black-eyed Susans, sage, tulips – and my very favorite- an avocado tree I brought back from Sedona, Arizona as a baby and is now seven feet tall!!!

Yes, all of this is on my property and I'm enjoying it with my 95-year-old mom, who still has

most of her marbles! LOL!

The red fox pays an occasional visit, watching squirrels intensely. The racoon is smarter than I am and needs to find a new area of entertainment!

I'll spare you the names, though, the bird variety is a bird-watcher's dream!

The chipmunk will greet you if you would like to see this menagerie of beauty at my home. All are welcome, and you might want some of my hostas!

Life is a blessing and all of us

need to take silent moments of reflection on all or as little as we have and know it's all gift.

We have shelter, be it a shack on a beach, or a mansion on a hilltop. We have clothes, even if it's second-hand, and we have food, be it donated or purchased, or out of a garden (easy to create.)

What more can we ask for in a life that goes by so fast and can be so short.

Set up a chair on the porch or in the yard and draw a picture or write a letter (a real paper and pen letter that you send to someone you love and mail with a stamp! Get it?)

Soak up the beautiful sunshine and relish the opportunity to share it with someone. The beaches will soon be a place to take in some of the glory of our Lake Erie.

Alone? Bring a good book and sunglasses!

Thanks for enjoying my stories as much as I enjoy all the wonderful men and women who read them. Love to all and enjoy this beautiful time of year! Cheers!

Love you,  
Rosey

*P.S. Thanks to those who stop me and say hello wherever I go! Bless you!*

## MPL Children/Teen Programs

Continued from page 1

Two sessions, starting at 10 a.m. and 11 a.m. Main Branch Lawn

This story time is geared toward children from three to five years old, along with a parent. Story time will be hosted outdoors, so please bring a blanket with you. The library will host two sessions of Preschools Story Time each Wednesday, one starting at 10 a.m. and the second at 11 a.m. Please

register your family or group (up to nine in a group) beforehand.

### Storytime Stars

Thursdays, starting June 10, at 10:30 a.m. Lake Branch Lawn

Enjoy stories, music, rhymes and a craft to take home during story time outside of the Lake Branch. All children must be accompanied by an adult. Please register ahead of time.

### Tyke Time

Thursdays, starting June 3, at 11 a.m. Headlands Branch Lawn

Come to the Headlands Branch for story time in the sunshine All kids must be accompanied by an adult. Please register ahead of time.

### Funday Fridays

Fridays, starting June 11, at 11 a.m. Lake Branch Lawn

Kids (ages three to 12) can celebrate the magic of summer with fun activities outside of the Lake Branch. Registration is required.

Continued on page 6

# Webinar: How to Scale Your Business with Lake County

What more could you be doing to advance your business? Are you stuck trying to figure out how to move your business forward?

A three-part webinar series has been developed by the Minority Business Assistance Center (MBAC) at the Urban League of Greater Cleveland to inform and educate business owners in Lake County on how to scale their business, certify minority, women

and veteran owned business, and increase eligibility for contract procurement opportunities.

The first of the series entitled, How to Scale Your Business with Lake County, will be held on Wednesday, June 23, 2021 from 9:30 AM to 11:30 AM. Presenters will include certified MBE business owners and government representatives from Lake County who will discuss procurement opportunities and business incentives available within Lake County. Attendees will also hear

from other entrepreneurs and business owners sharing insights on how to sustain and grow your business.

Attendees will also learn about the many programs available from the MBAC as well as available certification opportunities including:

- Minority Business Enterprise-MBE
- Encouraging Diversity Growth and Equity - EDGE
- Veteran Business Enterprise -

VBE

- Small Business Enterprise - SBE
- Women's Business Enterprise - WBE

Greater Cleveland and is supported by the City of Mentor, City of Painesville, Lake County, U-Biz Venture Capital, and the Ohio Small Business Development Center.

This webinar is presented by the Minority Business Assistance Center at the Urban League of

Register now through [EventBrite](#)

## The Mentor Monitor

A Lake Community News Publication

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Advertising Production

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The Mentor Monitor is a monthly publication and is distributed to residents in the City of Mentor. Views expressed in the articles of this publication do not necessarily reflect the opinion of Lake Community News, Published by Lake Community News, in cooperation with the City of Mentor. Submissions can be sent to P.O. Box 814, Mantua, OH 44255. Telephone number is (440) 946-2577. Send emails to [lakecommnews@aol.com](mailto:lakecommnews@aol.com). Deadlines are the 10<sup>th</sup> of each month. Lake Community News reserves the right to refuse any ad or article. Lake Community News ©1987 All rights reserved.

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# Lakeland Community College's 54<sup>th</sup> Commencement by the Numbers

Lakeland Community College held its 54th annual commencement with Ohio Governor Mike DeWine serving as the keynote speaker. The event was held virtually on the college's YouTube channel Saturday, May 8, at 10 a.m.

"Throughout this past academic year, our faculty, staff and students have demonstrated a tremendous amount of courage in the face of uncertainty. This is especially true of the more than 700 graduates whose accomplishments we

celebrated during our virtual commencement ceremony," said Lakeland President **Morris W. Beverage Jr.** "It couldn't be more fitting that we had our governor address graduates about the value of perseverance, strength and resolve when faced

with obstacles and unexpected challenges."

undergraduate and 62 graduate students.

## 2021 commencement highlights include:

- A total of 761 students received degrees; 57 will earn multiple degrees.
- The oldest graduate is 65; the youngest is 15; seven graduates are 55 years of age and older.
- 63 College Credit Plus students (56 seniors, five juniors, two sophomores) representing 18 high schools graduated.
- 26 are military veterans.
- 124 are first generation college graduates.
- Holden University Center graduates from partner institutions number 108

• Lakeland's highest honor, the Distinguished Service Award, for a member of the community was presented to Kenneth J. Quiggle (2020) and David A. Kalina (2021), for their years of service to the college as members of the board of trustees.

• An honorary Associate of Arts degree was awarded to Kenneth J. Quiggle for having made, and continuing to make, an enduring impact on Lakeland students.

To view a recording of the event, visit [lakelandcc.edu/commencement](http://lakelandcc.edu/commencement).

## Plaid Movers - Synergy in Motion

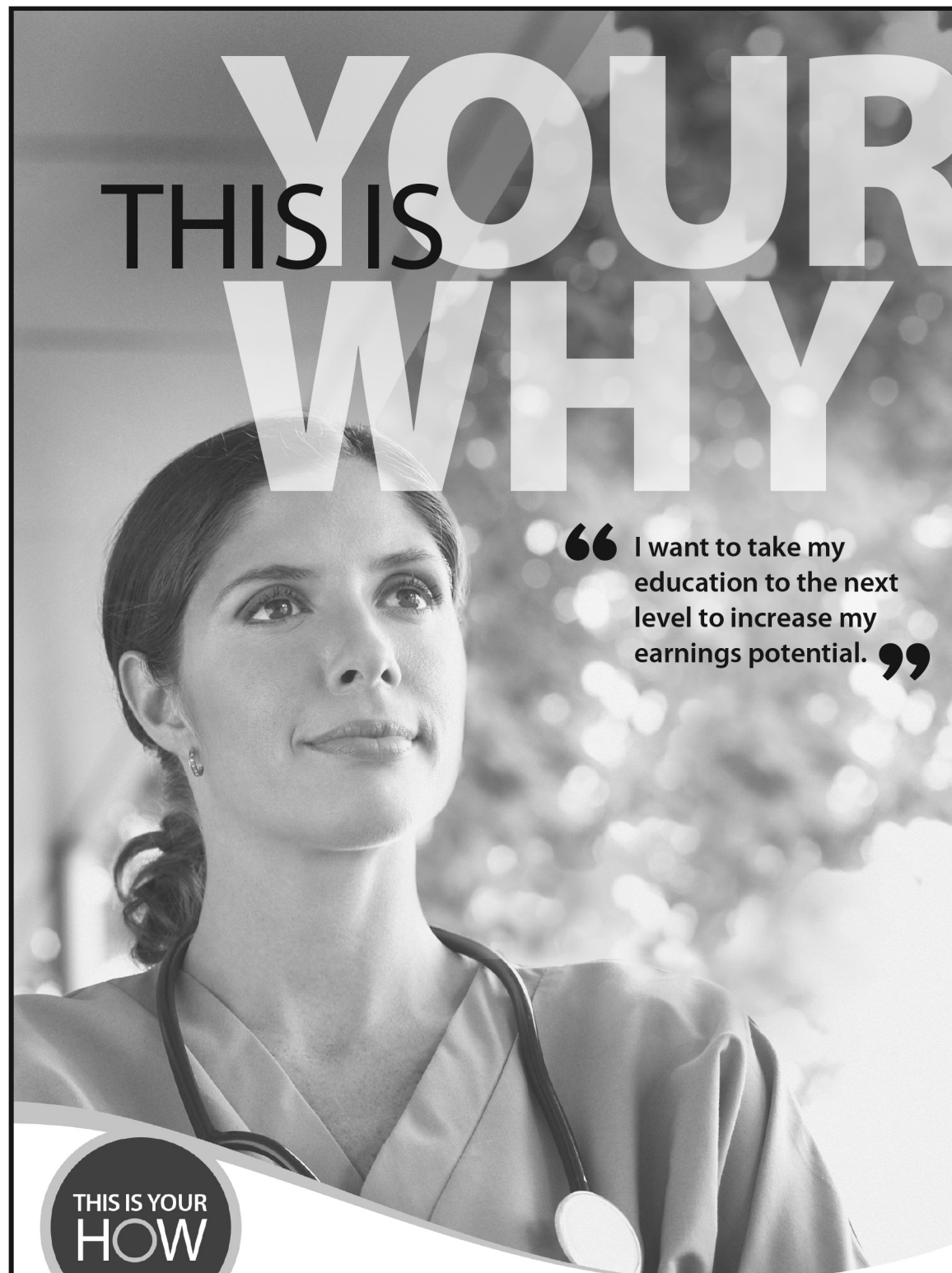
Synergy is basically the concept of 'working together'. Working efficiently through the moving process from start to finish. Listening to our customers, applying organizational skills and good project management to provide best-in-class Customer Service. Protecting your household goods, with attention to details and applying excellent spacial relationships in packing the truck for efficiency, safety and protection.

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With a wide range of resources, plus a network of university partners, Lakeland Community College builds bridges and opens doors to a world of possibilities. We'll help you design a path through our Holden University Center that aligns with your needs as well as your goals of reaching the next level in your education.

LEARN MORE AT [LAKELANDCC.EDU/YOURHOW](http://LAKELANDCC.EDU/YOURHOW)

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# Bankruptcy 101:

*You are Not Your Credit Score*

**Question:** What is your credit score and why do the lenders make such a big deal about it? How will it affect me in these times?

**Answer:** Back in the 1950's a company called the Fair Isaac Corp. (FICO) developed a formula which was marketed as a way for lenders to realistically evaluate their risk with regard to lending to a specific person. FICO assigned mathematical quantities to patterns of behavior (like how often one pays late, whether they have unsatisfied legal judgments, etc.) and computes those quantities

into a numerical risk factor which is known as our "credit rating." FICO sells people's credit ratings to lenders based on their FICO formula which is a trade secret and legally protected.

There are other companies like FICO which have come up with their own secret form of credit rating which they also sell to credit reporting agencies such as Equifax, Transunion and TRW. In my mind, these companies secrecy causes me to question their integrity and the efficacy of their formulas. FICO should willingly disclose the science behind their mathematical formula so it can be challenged and discussed. It only seems fair that a rating factor which affects so many people's

lives, whether it be for getting credit, a job, security clearance or the trust of another person, should be open to investigation. How do we really know its not complete voodoo?

There is a widely held belief that FICO and the entire individual credit rating system was developed by the elite to keep the middle class in their place. "Their place" is presumably in a constant state of fear over their financial rating willing to pay the banks any interest rate or penalty without question.

In our bankruptcy practice, we spend a large portion of our time helping people get back on financial track. I see people

regularly who enter my office in a state of hopelessness and are healthy, happy, laughing and spirited six months down the line. Bankruptcy stays on your credit for ten years. But my response to that is "So what?" Anybody who really wants to get credit and buy another house can do it in three years or better. Even with a very low credit rating. They will have to be creative nowadays. But that is a topic for a different day. So the focus should not be on your credit rating but on your ability to pay back a specific amount of a loan within a specific period of time. I tell our bankruptcy clients: "yes, try to get a loan you can afford as soon as possible

and pay it back early. This is the beginning of your life of financial responsibility."

The "fresh start" that one can receive, often times, through bankruptcy is extremely valuable in terms of peace of mind and freedom from stress. Do not put yourself or your family through unnecessary mental hardship. If you think bankruptcy can help, there is only one way to find out. Schedule a free consultation. Often times, we can do the consultation over the phone. The bottom line is that a bankruptcy will not make most people's credit rating much worse than it was already. And it is a new start for your credit rating also.

## Mentor Residents Understand: For Good Things...They Must Wait

Since the virus, phone calls from Mentor residents have not stopped to Monthly Upkeep, Mentor's handyman and remodelers.

This time of year some of the small services Monthly upkeep is helping local residents with are window AC installs, screen door adjustment and new door installs. The larger jobs include their usual specialty bathrooms and kitchens.

Their friendly office staff is there to help get you scheduled quickly. Call now and you can be the next Monthly Upkeep satisfied customer.

If this year taught us anything, life is too short. Have Monthly Upkeep take care of your home problems quickly.

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**Wildwood Fine Arts and Wine Festival**  
 Jewelry • Metal • Painting • Glass • Wood • More  
 Enjoy local & regional wine, food, and live entertainment while you browse art from the area's best local artists!

**Saturday, June 26, 2021 | 11 AM - 5 PM**  
 Wildwood Cultural Center  
 7645 Little Mountain Road, Mentor, OH 44060  
 Admission: \$2.00 Call (440) 974-5735 for more information.

## Enjoy Mentor's Wildwood Fine Arts & Wine Festival

The Wildwood Fine Arts & Wine Festival will be held on Saturday, June 26 from 11 a.m. – 4 p.m. on the beautiful grounds of the Wildwood Estate. The Fine Arts & Wine Festival is a celebration of art, music, wine, and more; and has developed into one of Lake County's most unique outdoor events showcasing the talents of local artists.

Booths are filled with every medium of fine art, fine craft, and specialty foods, lining the wooded estate grounds. Visitors can also enjoy a selection of popular wines to sample from local wineries. Musical entertainment and food trucks complete the experience.

This is a juried art show. Admission: \$2.00

For more information Wildwood Cultural Center at (440) 974-5735 or wildwood@cityofmentor.com

The Wildwood Cultural Center is located at 7645 Little Mountain Road.

## Music at the Manor Returns to Wildwood

The Music at the Manor spring concert series returns to the Wildwood Cultural Center.

This free event is hosted Wednesdays, May 19 - June 16, from 6:30 PM – 8 PM. Enjoy an evening of music in the beautiful surroundings of Wildwood estate's garden patio.

Bring your own lawn chairs. Food is available for purchase. In the event of rain, the concert will be moved indoors with limited seating.

This year's entertainment features:

- June 2 – The Shootouts (acoustic trio)
  - June 9 – LiveWire
  - June 16 – Plaid Sabbath
- Music at the Manor is a part of the Mentor Cultural Arts Series presented by Buyers Products Company and is sponsored by Lake Health, Mutsko Insurance Services, Remarkable Lake County, and MIMI.

Wildwood Cultural Center is located at 7645 Little Mountain Road. Learn more at cityofmentor.com/events.

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 Departure from Lakeland Community College.

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# MUSIC AT THE MANOR

MENTOR Cultural Arts PRESENTED BY Buyers PRODUCTS COMPANY

Free Concert Series	May 19	The Chardon Polka Band
Wednesdays 6:30 - 8:00 PM	May 26	The Castaways
Wildwood Cultural Center	June 2	The Shootouts (Acoustic Trio)
7645 Little Mountain Road	June 9	LiveWire
Mentor, OH 44060	June 16	Plaid Sabbath
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# Professional Painters Take Pride In Trade

MDM Painting starts off with trust and reassurance by offering our "0 Down Payment." This means that you pay nothing before we start the job, or during the job, "NOT EVEN FOR MATERIALS!" Payment is only due upon completion and acceptance of the finished job.

I perform your job along with two other people, which is why I can promise you what I say, I will do! We're not some big company that offers all kinds of trades other than painting. We are all trained professionals at just painting... and with that comes a professional finish!

Our business is based on problem solving. Finding the reason why previous coatings have failed, correcting the problem through proper preparation, and using only top of the line products like Sherwin Williams, Behr, and Benjamin Moore Paints; and I only use their highest quality products. This guarantees a fine finish, great adhesion properties. Therefore, a long lasting paint job that you can simply wash to restore to its' original beauty...and not have to paint for many years to come unless you just want to change the color! Not to mention the great

sub-base that will be under your next paint job that these quality products provide.

This is your home. Your investment. Never try to save money on product or professional installation...it just guarantees future problems.

MDM Painting offers senior discounts as well as military discounts. We're proud that we

hold an A+ rating with the Better Business Bureau because I answer the phone and quickly address any problems that may occur. When I show up for an estimate, I have extensive testimonials as well as before and after pictures of recent and past work successfully completed in your community so you can make a more confident decision about my credibility and your selection to move forward

with your job.

I'm insured and bonded and will have my insurance company send you a document insuring "YOUR HOME" while we are there to paint, if you wish.

I have learned that becoming a reputable company requires honesty, fairness, and an extra helping of punctuality. Let's face it...as long as you do excellent work and maintain a clean work

site and keep a respectable image... people will want you back for future work and will tell others about your company.

Bottom line...do it right, use the best available materials and take pride in your trade...the rest just falls into place!

To reach Michael D. MacGillis Sr. at MDM Painting call (440) 392-0101 or (440) 477-3927.

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## MPL Children/Teen

Continued from page 2

### Pirates & Princesses Program

Saturday, June 5, at 11 a.m.

Kick off Summer Reading with magic show about princesses and pirates. The show will be hosted online via Zoom. Registration is required to get the link. Once kids sign up, they can pick up their pirate or princess loot bag from the Children's Department before the festivities.

### Galaxy in a Jar

Tuesday, June 8, at 2 p.m.

Main Branch Lawn

Teens and adults can transform an ordinary glass jar into a stellar astronomy craft. All supplies will be provided. Registration is required to attend this in-person program. Sign up online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 247.

### Storytime under the Sky

Wednesday, June 9 and 23, at 7 p.m. Headlands Branch Lawn

Kids (five and younger) along with their grownups can enjoy a story time underneath the sky at MPL's Headlands Branch.

### Pokémon Picnic

Thursday, June 10, at 1 p.m.

Main Branch Lawn

The library's lawn is the perfect

Continued on page 9

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# Medicare Myths You Need to Know

Many people have little experience with Medicare until the time comes for them to enroll. Many have some mistaken beliefs about the coverage it provides. Here are a few of the most common misconceptions.

## Myth #1: Medicare covers 100% of your medical expenses

Original Medicare covers only a portion of your medical costs. Medicare coverage amounts to only about 80% of your Part B expenses. Prescription coverage is not included, and you will be responsible for premiums, deductibles, coinsurance, and copayments. In addition, Original Medicare does not set an annual out-of-pocket maximum on your share of covered medical expenses, so a major illness will mean major expenses for you. Medicare Supplements and Medicare Advantage Plans are two different types of coverage that can help keep your out-of-pocket costs in check.

## Myth #2: All types of medical care are covered by Original

## Medicare

Unfortunately, there are some big gaps in coverage provided by Original Medicare. In most cases, Original Medicare does not cover vision, hearing or dental costs. This is one of the reasons why many people choose Medicare Advantage plans. Most Advantage plans include coverage for prescriptions, vision, dental, hearing, and other services not covered by Original Medicare.

## Myth #3: It is best to get the same coverage as your spouse

Not always true. Unlike health insurance provided by an employer, Medicare does not offer family coverage. Each person must apply Medicare on their own. Additionally, just because your spouse is satisfied with their coverage does not mean it is the right type of coverage for you. You need to consider your medical and prescription needs as well as your financial situation before making a choice.

## Myth # 4: You are automatically enrolled in

## Medicare

You do not automatically receive Original Medicare (Part A and B) once you become eligible. If you are not receiving Social Security retirement benefits or Railroad Retirement benefits, you will need to enroll through the Social Security office.

If you would like to learn more about Medicare, please contact me. I regularly present a class,

Getting Started with Medicare, at libraries and community centers where we cover all the basics of Medicare. You can also watch a video of Getting Started with Medicare available at [www.mutskoinsurance.com](http://www.mutskoinsurance.com).

For other questions, call 440-255-5700 or email me at [Lmutsko@mutskoinsurance.com](mailto:Lmutsko@mutskoinsurance.com) for help today!

Laura Mutsko is a licensed insurance broker offering a complete line of health and life insurance

products, including Individual, Group and Family Health, Annuities, Long Term Care Insurance, Medicare Advantage, Medicare Supplement Plans, Medicare Part D Prescription Coverage, Vision, Dental and Life Insurance. Mutsko Insurance Services, LLC is located at 6982 Spinach Drive in Mentor, Ohio 44060. Laura can be reached at 440-255-5700 or through email at [Lmutsko@mutskoinsurance.com](mailto:Lmutsko@mutskoinsurance.com). For more information, visit [www.mutskoinsurance.com](http://www.mutskoinsurance.com).

# DESTINATION BACKYARD...

Living in Northeast Ohio, we tend to neglect our outdoor living spaces. Then late May rolls around and the sun shines, temperatures rise and we emerge from our homes to find an outdoor space that's not so inviting. American Home and Energy Products in Painesville, has everything to create the outdoor living area you've been dreaming of all winter long.

Talking about all that American Home and Energy Products offers would take much more space than we have here. That's why you're encouraged to come out to the store, take a stroll around the grounds and discover for yourself what they can help you do with your home.

"When I opened the store in 1999, we mainly focused on patio pavers, natural stone, ponds and waterfalls," says owner Chris Bedrick. "Today we have indoor and outdoor fireplaces, patios, fire pits and retaining walls and outdoor kitchens including the best grills, smokers and kitchen accessories. We also have structures to create outdoor rooms and the very best outdoor furniture. All of these project ideas can be installed by most homeowners or we can assist you with finding a reputable installer."

With experience in landscaping and home construction, Chris is knowledgeable in all areas of the home. He makes it his mission to stay current on all of the latest trends.

"I travel to seminars all over the country so I know what's coming," says Chris. "My staff and I are extremely knowledgeable and ready to guide you through your project—no matter how big or small. And if it's too much for you, we'll recommend someone who can help. We deal with many contractors throughout Northeast Ohio who rely on us for quality products and knowledgeable service."

Walking through the shop and surrounding grounds at American Home and Energy Products is an experience. Several unique and elegant outdoor displays showcase

some of the exciting home improvements that can be made to increase the value of your home and upgrade living spaces for your family to enjoy for years to come.

Additions like outdoor cooking areas, fire pits, water gardens, pondless water features, decorative stones and lighting can take your backyard to a whole new level.

"No backyard is complete without a water feature," says Chris. "And it doesn't have to be elaborate. You can do a pondless feature where the water disappears into a basin underground, add some decorative stones, and even add a koi pond. It adds a new dimension to the home and creates a relaxing vibe that is very popular."

American Home and Energy Products is a destination spot for outdoor living inspiration. And to be really inspired stop by the store to see over 2000 square feet of displays and ten different departments of product.

"We want your outdoor areas to be a place to enjoy with family and friends," says Chris. "Why not have your most relaxing destination be your own backyard?"

American Home and Energy Products is located at 1270 Mentor Avenue in Painesville. Hours are: Monday-Friday 9:00 a.m. to 5:30 p.m., Saturday- 9:00 a.m. to 4:00 p.m.; closed on Sunday. For more information, call 440-358-5858, or visit [American-Home.com](http://American-Home.com).

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# Life is Better at Home

We believe life is better at home and that better care begins at home. That's why we're dedicated to providing a comprehensive range of the highest quality non-medical home care services in a professional and efficient manner that enhances all of our clients' quality of life and empowers families to keep their loved one at home. Remembering that caring is as important as the care, we know the highest calling of our profession is to provide comfort to those who are in distress or need with the utmost dignity and respect.

We coordinate all these services to provide seamless service for you and there is always someone

available to speak with when you need questions answered.

Better At Home, LLC is not a chain or a franchise. We are a locally owned and operated agency located in Willoughby, backed by the experience of a paramedical professional with over 10 years experience in both the paramedical sector and the home care industry, as well as over 20 years direct care experience. Our staff is an exceptional team of home care professionals who are bonded, insured and backed by real-world experience, education and skills.

Call us today at 440-946-1600. We look forward to the privilege of serving you and your family.

# Red Cross - 140 Years of Service, Innovation, Hope

Since Clara Barton founded the American Red Cross 140 years ago, Red Cross volunteers have stepped up to adapt in the face of change and give hope to people during life's emergencies. Watch this video to see some of the ways volunteers have met people's emerging needs: <https://vimeo.com/535946634/e13fefeffb>

While we can't stop emergencies from happening, together, we can help ensure that people never face them alone. Join us as a volunteer helping to chart the path forward for years to come! The most needed volunteer positions are:

- Disaster Action Team Members respond to local disasters and provide immediate assistance, including shelter, food and comfort following a home fire or other emergency.

- Blood Donor Ambassadors greet, check in and thank blood donors at blood drives

- Transportation Specialists transport and deliver lifesaving donated blood.

To learn more, visit: <https://www.redcross.org/volunteertoday> or contact: Melanie Collins at [NEOVolunteer@redcross.org](mailto:NEOVolunteer@redcross.org) 216-431-3328

**Better At Home, LLC** understands the challenges facing today's families and the importance of aging in place. That's why we are **dedicated to providing the very best care** to you and your family in the privacy, **comfort and safety of your own home.**


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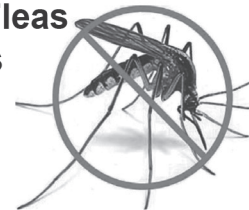
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## Mentor Farmers Market Starts June 18<sup>th</sup>

The popular Mentor Farmers Market returns Fridays from 2:00 PM to 6:00 PM at Eleanor B. Garfield Park from June 18 through September 24, 2021.

Visitors can enjoy an afternoon under century-old shade trees while shopping for delicious, locally-sourced fruits and

vegetables, pies, plant starts, honey, specialty baked goods, and other farm-related products.

Fantastic Fridays take place the last Friday of each month (June 25, July 31, August 27, and September 24). In addition to the wonderful selection of produce and fresh items, Arts and Crafts

vendors will be on hand with a wide variety of handmade items.

For additional information, visit [mentorfarmersmarket.com](http://mentorfarmersmarket.com) or call (440) 974-5735.

Eleanor B. Garfield Park is located at 7967 Mentor Avenue, near the Great Lakes Mall.

## Nelson Electric and Air LLC Installs Car Chargers

If anyone has an electric car, they know it usually comes with a less than desirable 110 volt charger. We install upgrades to your charging port which require a 220 volt line. There are many different varieties of chargers ranging from \$23 to \$400.

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We are residential electricians. So, what is the difference? General electrical work in Ohio does not require licensing. Specifically, only commercial contractors in Ohio need a license to work. Electrical contractors are licensed by the state and can install, repair, or alter all forms of electrical equipment. In Ohio, you need five years of experience with a licensed electrician before you can apply

for an electrical contractor license. There are a few ways that you can gain that experience. You could work as an apprenticeship for a few years, attend trade school and apply for entry-level positions, or simply climb the industry ladder in your local area. Apprenticeships teach you the basics of electrical wiring, equipment usage, and electrical theory. Residential electrician, take a course offered at several colleges in Ohio and coupled with experience can practice general electrical repairs and replacements in a home. So that is what Nelson Electric and Air does. We do general repairs and installations in the home. We install ceiling fans, repair lamps, change out light fixtures to new LED fixtures etc. We can update electrical boxes, run a 220 line for your dryer or hot tub. Run wiring for security cameras, install electric heaters

in your garage. These are typical jobs that commercial electricians do not want to deal with. We are covered by liability insurance, 500 to a million-dollar coverage. We will provide references upon request. We are respectful of your home and clean up our workspace before we leave. We have 30 years of experience.

We also install Air vending machines that fill car tires. We typical install these in gas stations and car washes for free and the owner gets 35% of the revenue generated. We collect and maintain and repair these Air machines. The owner has no responsibility and no financial obligation. We think outside the box and we are open to install these machines in any business that thinks they can benefit from them.

Call Rocky at (440) 477-4696 for information.

## MPL Children/Teen

*Continued from page 6*

place for a Pokémon picnic. Kids (ages six to 12) can sign up to be trainers. They'll each receive their own Pokédex. Then it's time to look for some Pokémon in the tall grass. There will also be crafts, games, and some Pokémon snacks. Registration is required to attend this in-person program. Sign up

online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 220.

### Mermaid Mania

Saturday, June 12, at 2 p.m.

Lake Branch Lawn

Kids (ages six to 12) can celebrate all things mermaid with crafts and games that'll sure make a splash. Make sure you RSVP for the party beforehand.

### Yoga for Kids

Monday, June 14, at 6:30 p.m.

Headlands Branch Lawn

Kids can stretch their minds and bodies during an outdoor yoga session at the library's Headlands Branch. Certified yoga instructor Miss Rachel will teach the children basic yoga positions. Bring a towel or mat and positive vibes. Due to limited space, registration is required.

### Roaming Gnome

Starts June 15

Mentor Public Library is offering a special program where kids can decorate a gnome, send it to a friend or family member, and follow its adventures across the country (or even the world.) First, kids (ages three to 12) can pick up a gnome from Mentor Public Library's Main Branch. If you wish, you can call (440) 255-8811 ext. 220 and have one ready to pick up at the branch's drive-thru. Next, the kids can color

and decorate their gnomes however they want. Give it a name and a backstory, if they want. Then, send it to a friend or family member. Finally, share photos of the gnome's adventure with everyone.

### Sparkly Star Lanterns

Tuesdays, June 15 and 22, at 4 p.m. Courtyard, The HUB

Kids (ages six to 12) can brighten their day by assembling their own glittery star lantern. Two sessions are being offered. Attendees may only sign up for one to make room for as many patrons as possible. Registration required.

### Fee-Fi-Fo-FUN!

Thursday, June 17, at 2 p.m.

Lake Branch Lawn

Kids (ages three to 12) can have BIG fun with giant-sized games and some huge activities and crafts. Due to limited space, registration is required beforehand.

### Magical World of Harry Potter

Friday, June 18, at 2 p.m.

Main Branch Lawn

Kids entering first through sixth grade can enter the magical world of Harry Potter with enchanting games and activities. Registration is required to attend this in-person program. Sign up online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 220.

*Continued on page 12*



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**A little about Grasshoppers...**

After working on golf courses, studying Horticulture/Turf Management in college, and working three years in lawncare, I started Grasshoppers in 1983.

Our mission is to provide high quality service while meeting the customers needs - be it year round services or an occasional helping hand.

*Dirk Hill*





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 Find us on Facebook **440-205-0601**  
 8893 Mentor Ave. Mentor, Ohio 44060

Hi Everyone! It's summer!! It's time for fun, family and friends. This is like waking up from a long bad dream we've been stuck in. It will be nice to be able to celebrate with friends and families all the important times of our lives. We can't get back the things we missed - but we can move

forward and make new wonderful memories. It's time to live again.

As you plan your parties, we can help. We have ideas for small get-togethers to a big bash.

We have breads and buns of all kinds and all kinds of cakes for your celebrations. We have big variety of pastries and trays...

come in and tell us what you're looking for and we can tailor things to your favorites.

There are a lot of things to celebrate, especially the fact that we can again.

This 4th of July we can really celebrate freedom.

Happy partying and stay safe!

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- Vision problems?
- Diabetes?
- Back or Hip problems?
- Fungus Toenails?

**Try our "For Your Feet" Service**

Your session includes:

- ◆ Pedicure
- ◆ Whirlpool
- ◆ Refreshing Foot Massage

**Now only \$40** Tax Included

---

**FIND OUT IF WE CAN HELP YOU!  
 CALL FOR AN APPOINTMENT...**

**(440) 974-3338**

**LAKE FOOT CARE CENTER**

**Dr. William Tenney - Podiatrist**  
 On Mentor Ave., Mentor • Across from Malley's



*Medicare & most insurance assignments welcome. Experienced care for diabetic, arthritic & circulatory problems!*



# Sell Us Your Heating & Air Conditioning System

Our company, DeBord's One Hour Heating and Air Conditioning®, will provide up to \$2,171 in discounts and rebates toward the purchase and installation of a new Premier or Optimum Home comfort System. This is the best time in 2021 to exchange your home's heating and air conditioning system with a new, super efficiency model that saves up to 40% on your utility

bill. And here is the best part, you can do it all with **no money down with up to a 10 year payment plan\*** if you install your new system by July 31, 2021.

### Here's why!

We offer a trade-in discount and work with a company that pays us to recycle the metal and copper. We are passing those dollars onto you along with the money saved

for installing a complete system at one time.

**One Hour Instant Rebate** – One Hour heating & Air Conditioning® is now offering an instant discount on the installation of one of our Premier or Optimum Home comfort Systems. **One Hour Instant Rebate & Trade-In Discount up to .....\$1,472**

**Parts & Labor Warranty** – We include a 12 year parts and labor

warranty with the installation of a new Premier or Optimum Home comfort system. **Bumper to Bumper 12-year Parts & Labor Warranty on Daiken System—value up to .....\$699**

**TOTAL OF ALL INCENTIVES..... \$2,171**

Your savings could even pay for your new system. We promise our high efficiency systems will help keep money in your pocket with their energy saving features. Contact us regarding payment options\*. Call today to schedule a no charge estimate. We will give you an exact quote on how much you can save in your home. Ask us about the new FIT System, it is the new rage!!

Sincerely,  
Tim Neely

Tim Neely – Operations Manager

Call today at 440-285-9125

Act now before these rebates and incentives expire.

**EXPIRATION DATE**

07-31-2021

\*Up to 10-year payment options available with approval.

Discounts based on up to 5-ton system. Some restrictions may apply.

Not valid with any other coupons or discounts

License # 12292  
Bonded and Insured

## Michelle's Preschool & Childcare Celebrates Learning

It has been so exciting to watch each class go through Preschool and graduate! Children leave Michelle's Preschool with a passion towards education and the confidence to guide them through a lifetime of learning! My Preschool offers a Montessori approach to learning in the areas of Reading, Art, Science, Music, Geography, Math, Gardening, History, Cooking, and many other enriching activities!

The Montessori method of education was developed by Dr. Maria Montessori. She believed that children are naturally eager for knowledge. Montessori creates a carefully prepared learning environment full of materials that are designed to appeal to a child's senses and stages of development.

Most importantly, the children have a great time and really LOVE coming to school!

Michelle's Preschool will end the school year with our annual Luau and graduation. For the summer months, we will take the classroom outside. Children will tend to a garden, plant potted herbs, and create a pumpkin patch! Play and discovery learning is always encouraged!

You are welcome to contact Michelle DeMastry-Rosu at 614-975-2303 or check us out on Facebook! Michelle's Preschool and Childcare offers Part-time and Full-time options. Enrollment is still open for the Fall program with limited spaces available. References available.



## Michelle's Preschool & Childcare

*Michelle's Preschool would like to welcome you to a lifelong love of learning!*

-  1:6 Teacher to Child Ratio
-  Nurturing Home Environment
-  Individual Learning
-  Montessori Philosophy & Curriculum
-  26 Years of Teaching Experience

Affordable Rates & COVID Safe Practices

**Michelle DeMastry-Rosu • Certified Early Childhood Teacher**  
**michelle.rosu@gmail.com • (614) 975-2303**

### MPL Children/Teen

Continued from page 9

#### World Tour of Snacks: UK!

Saturday, June 19, at 2 p.m.

Teens and tweens (ages 11 through 18) can come to the library's Zoom tasting room to sample snacks from all around the United Kingdom. Registration is required, so sign up online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 247. Once you RSVP, you can pick up your bag of mystery treats from MPL's Main Branch. The taster with the most discerning palate will win a prize.

#### Be a Tree

Monday, June 21, at 2 p.m.

Lake Branch Lawn

Lake Humane Society hosts a special program where kids can learn how to be safe around both their own and strange dogs. With fun and interactive activities, children will find out how to read a dog's body language and act safely around their canine friends. Due to limited space, registration is required beforehand.

#### Tie-Dye Mask Making

Tuesday, June 22, at 2 p.m.

Continued on page 18

## TURNING 65 AND HAVE QUESTIONS ABOUT MEDICARE?

*I'M RIGHT AROUND THE CORNER!*

*Hello Neighbor,*

*My name is Jackie Greene & I am a licensed, certified health agent with 20+ years of experience with Group Benefit Associates here in Mentor, Ohio.*

*Call, Email or Stop In!*

**(440) 266-0333 x 3**

**JACKIEGREENE@GBAOH.COM**  
**8518 MENTOR AVE. SUITE E2**  
**MENTOR, OHIO 44060**




### CARPET & FLOORING

**Mill Outlet FLOORING SUPERSTORE**  
4520 Beidler Rd. • Willoughby, Ohio  
[carpetandflooringmill.com](http://carpetandflooringmill.com)  
**(440) 953-3567**

Monday - Friday 8-5 • Saturday 8-2 • Closed Sunday






**1,000s of Yards in Stock**  
**Next Day Installation**

**50 Pallets of Luxury Vinyl Tile**  
**In Stock for Immediate Pick-Up!**

**Our MOST Popular!** 14 Colors to Choose From!

**\$19.99** per yard

Price includes: Carpet, 8 lb Moisture Barrier Pad & Professional Installation.

**IN STOCK & READY FOR IMMEDIATE INSTALLATION**

CARPET & FLOORING MILL OUTLET • 440-953-3567 Not valid with other offers. Expires 7/5/2021

**Coretec:**

Coretec One.....\$4<sup>10</sup>/sq.ft.

Coretec Plus.....\$4<sup>25</sup>/sq.ft.

Coretec Plus XL.....\$5<sup>29</sup>/sq.ft.

Coretec Plus HD.....\$5<sup>29</sup>/sq.ft.

Coretec Plus Design...\$5<sup>29</sup>/sq.ft.

Coretec Plus XLE.....\$5<sup>29</sup>/sq.ft.

**Mannington:**

Adura May.....\$4<sup>50</sup>/sq.ft.

**PLUS 30 PATTERNS AVAILABLE FOR NEXT DAY PICKUP!**

**COMPARE OUR LUXURY VINYL PRICES ON ANY BRAND... MANNINGTON, CORETEC, SHAW, ARMSTRONG & MORE!**

**CALL TODAY FOR YOUR VINYL ESTIMATE OVER THE PHONE!**

**DREAM WEAVER GLORY**  
AVAILABLE IN 18 COLORS!

**Now! \$26.99** ~~\$28.99~~ per yard

(\$3.23 per sq.ft.)

Price includes: Carpet, 8 lb Pad & Professional Installation.

**Available for immediate installation**

Not valid with other offers. Expires 7/5/2021  
CARPET & FLOORING MILL OUTLET • 440-953-3567

**100's of Remnants In Stock**  
**Available for Next-Day Installation**

- Free Estimates
- No Gimmicks
- Compare Our Total Cost to Theirs

**20,000 Sq.Ft. Warehouse Loaded with Inventory! Must See!**

**70 oz. SILKY SOFT CARPET**  
7 WONDERFUL COLORS!

**\$36.99** per yard

(\$4.11 per sq.ft.)

Price includes: Carpet, 8 lb Pad & Professional Installation.

**Available for immediate installation**

Not valid with other offers. Expires 7/5/2021  
CARPET & FLOORING MILL OUTLET • 440-953-3567

**CARPET, PADDING & INSTALLATION**

**\$749<sup>3</sup>** ROOM SPECIAL

**Plush Carpeting. 5 to choose from.**

**Valid for 3 rooms up to 144 sq.ft. each.**

Not valid with other offers. Expires 7/5/2021  
CARPET & FLOORING MILL OUTLET • 440-953-3567





# SELL US YOUR



# Heating & AC System

Refer to our article for more information!



## LICENSED, BONDED & INSURED

- Furnace & Boiler Service & Installation
- Gas, Electric & Oil
- Heat Pump Service & Installation
- Water Heater Installation & Repair
- Video Inspection of Pipes & Sewer Lines
- Gas Line Installation & Repair
- Drain Cleaning & Repair
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- Air Conditioning Service & Installation
- Water Treatment Systems
- Well Pumps
- Indoor Air Quality
- AND MORE!

Code: MMBen200

## \$200 OFF

### WATER TREATMENT Purchase & Installation

Code: MMOneHour99

## \$99

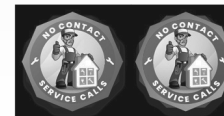
### SAFETY INSPECTION For Your AC System

*Coupon valid toward installation only and cannot be combined with any other offer. Must be presented at time of service.  
Limited 1 per customer, per visit. Total payment due upon completion of work.*

## Your Heating and Plumbing Teams Are Here to Assist!



Children's  
Miracle Network  
Hospitals



## 100% SATISFACTION GUARANTEE!

Our professional's are here for YOU, Day or Night.

# (440) 285-9125

[www.Debordinc.com](http://www.Debordinc.com) • [www.BenjaminFranklinPlumbingNEOhio.com](http://www.BenjaminFranklinPlumbingNEOhio.com)

Serving Lake, Geauga, and surrounding areas. OH Lic. 12292.

### JOB OPENING - POSITIONS AVAILABLE Benjamin Franklin Plumbing and DeBord's One Hour HVAC

located in Chardon, is currently looking for experienced Plumbing Technicians and HVAC Technicians. We have been servicing Northeast Ohio since 1987 and are family owned and operated. If you are a motivated self starter and a team player with good mechanical aptitude, we would like to talk with you.

Minimum of 2 Years Experience Preferred. These are full time opportunities with high potential for growth!

**WE OFFER - competitive pay, company vehicle, flexible schedule, paid time off, health insurance, 401(k), paid holidays and more!**

**Don't forget to ask about our signing bonus!**



## 30-Day Guarantee by Local Carpet Cleaners

Enjoy every minute of your day and leave the cleaning toil and task to your local professionals at Quick Dry.

We offer an affordable, unique 4-step cleaning process that enables your carpet to dry in 45 minutes, plus every job comes with our 30 day ironclad guarantee!

After an enzymatic pre-

treatment to heavily soiled areas, we do an industrial vacuuming. By using advanced commercial equipment containing a non-residue solution, we remove stubborn dirt, stains, and harmful allergens; then a lifter is used to groom your thoroughly cleaned carpeting.

Offering economical disinfectants, deodorizers and

protectors, we also specialize in upholstery, Oriental and area rug cleaning throughout residential and commercial Lake County, plus we are listed with the Better Business Bureau.

Quick Dry stands behind every job 100%. If you are not happy with our work, within 30 days, we will re-clean the area in question for FREE! You pay nothing, not one cent!

Weekend and evening service available at no additional charge! Look for the money saving coupon located within this issue, then contact Quick Dry at (440) 269-4971 or visit us at [www.quickdryohio.com](http://www.quickdryohio.com) for all your professional carpet and upholstery cleaning needs!

## Lake County Genealogical Society Meeting via Zoom - June 24th

The Lake County Genealogical Society (LCGS) meeting will be held on June 24 from 10:00 am to noon.

The LCGS has been meeting on Zoom due to Covid-19. Please join us to hear our speaker Carla Cegielski talk about, "Are You Ready? Preparing for the Release of the 1950 Census."

Visit our web site at [www.lcgsohio.org](http://www.lcgsohio.org) to find the email address so you can email us for an invitation to the Zoom presentation. You can also go to our web site to learn more about us. If you do not have a computer,

you can join the ZOOM meeting from your phone, so call Bonnie or Cynthia to get the phone number for the meeting.

If you have any questions you can call Bonnie at 440-428-3783 or Cynthia at 440-951-0914.

Please join us to learn how to research and organize your findings on your ancestors, find your "Roots", and create your own "Family Tree. You can also join our genealogy group and meet new people, and get help from other members besides from the speakers

## Matt's Lawn Service - Proudly Serving Lake County Since 1990

Matt's Lawn Service, Inc. has been providing service to residential and commercial customers for over 30 years.

The business started in 1990 when owner, Matt Goglin was 15 years old. He pushed a lawn mower around the neighborhood he grew up in and was able to grow his business by word of mouth. Providing quality weekly lawn maintenance and being dependable has helped the

business to grow and expand over the years. "Being dependable and providing customer satisfaction is the key to owning a successful service based business. We truly care about satisfying our clients needs," says owner Matt Goglin.

Matt's Lawn Service provides quality services at affordable prices. For a free estimate contact Matt's Lawn Service, Inc. at 440-255-8887.



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FUNERAL HOME

**The Brickman Family**  
Ronald, Dennis, William, Joseph,  
John, Philip, Jonathan

Traditional Funerals, Cremations,  
Irrevocable Pre Need Funeral Contracts  
Transfer of Pre Need Contracts Accepted

37433 Euclid Ave. Willoughby, Ohio 44094  
440-951-7800 [www.brickmanbros.com](http://www.brickmanbros.com)

# QuickDry

carpet & upholstery cleaning

**(440) 269-4971**

Serving Lake County & Surrounding Areas

**NEW!** Follow us on Facebook!

**Why You Should Call**  
**QuickDry Carpet & Upholstery Cleaning**

- 30 DAY GUARANTEE!!!
- Evening & Weekend Appts
- Residential & Commercial
- Friendly, Reliable Service
- Pet Package
- Protector Package

20+ years  
excellent  
service



We accept credit cards!

**\$5 off**

with a minimum  
\$75 purchase

Limit one coupon per customer per visit.  
Customer is responsible for sales tax.

two rooms\*.....\$75  
three rooms.....\$100  
four rooms.....\$135  
chair.....\$35  
loveseat & sofa.....\$100

\*great room is considered two rooms

Call for prices on stairs,  
dining chairs, oriental rugs  
& open areas of rooms.

Call for commercial quotes!

# Hellriegel's

1840 Mentor Ave. • Painesville • 354-9530  
Mon-Sat 11:30am - 10pm • Sunday 12:00pm - 10pm

**PATIO OPEN!** Weather Permitting

Tuesday ~ 2 for \$22 Open Fare

Steak or Prime Sandwich

Wednesday ~ 2 for \$10 Cheeseburgers  
(Fries- add \$3.00)

Wednesday ~ Margarita Night

**\$10 OFF Dinner for Two**

Receive \$10 off one dinner when second dinner is of equal or lesser value.  
Good only Sunday-Thursday 4pm-10pm. Excluding holidays. Expires 6-30-21



FREE ESTIMATES

**440-255-8887**

• WEEKLY LAWN  
MAINTENANCE

• RESIDENTIAL  
& COMMERCIAL

# MATT'S



**LAWN SERVICE INC.**

• FREE ESTIMATES

• ESTABLISHED 1990



# ELECTRIC VEHICLE TOUR & RALLY

Green Energy Ohio is hosting a STATEWIDE electric vehicle tour circling the state under electric power!!

The tour will begin in NE Ohio

on Monday, June 7th and end in Columbus on Friday, June 11th. Thanks to local sponsors Laketran, NAPA, Brite Energy Innovators, NOPEC, Zips Racing, SARTA,

Sway Mobility, and Lakeland Community College, you'll get to witness the evolution of Electric Vehicle technology that now includes electric buses shuttling through communities and electric cars traversing between states!

In Lake County, the tour will arrive at the new Laketran Transit Center on the Lakeland Community College campus at 10:30 am on Monday, June

7th. Join us to take a FREE tour of the Transit Center, learn about Laketran's new ALL ELECTRIC buses, and hear state representative Dan Troy briefly discuss the political future of electric vehicles and renewable energy in Ohio.

Afterwards join us in the parking lot for an Electric Vehicle Rally where you can meet some of the growing number of owners of electric cars of all sorts, and discuss the advantages and challenges

of driving past gas stations! Take test rides to appreciate the quiet performance and efficient durability of transportation under ELECTRIC power, and learn how the marriage of electric cars and solar power can bring each of us zero-carbon transportation.

Make a positive impact on our children's future through your transportation, energy, and lifestyle choices. Go to [greenenergyohiotour.org](http://greenenergyohiotour.org) or call 440-231-0842

**A's and O's Farm of Mentor proudly supports Sustainable Agriculture and Sustainable ENERGY!**

**Local plants & produce grown to organic standards with the help of Solar Energy!**

- Blueberry, Aronia and Elderberry bushes (Ohio natives, high in anti-oxidants)
- Aloe plants (healing properties)
- Witch Hazel plants (Ohio native with medicinal properties and a great pollinator)
- Pawpaw and Persimmon trees (native permaculture)
- Cornelian Dogwood trees (fruiting grave markers for beloved pets)

See us at Green Energy Ohio's ELECTRIC VEHICLE TOUR on June 7th!! (check out the ELECTRIC CAR TOUR article for more details.) EV Tour Information at [www.greenenergyohio.org](http://www.greenenergyohio.org)

For Farm Information (440) 257-2673

## Bob's Sharpening & Grinding

Industrial • Commercial • Beauty/Grooming • Residential

Sharpening on site at  
**MARKET ON MARKET ST. JUNE 27<sup>TH</sup>, 9 - 5**

Knives & Household Scissors  
Other items for Drop off and Shop Pickup

**PAINESVILLE FARMERS MARKET**

June 10 & 24, July 8 & 22, Aug 5 & 19

8588 East Ave • Mentor, OH • (440) 255-3343

## Bob's Sharpening at Market on Market Street

For over 40 years, Bob's Sharpening and Grinding has served the Lake County with all its sharpening and grinding needs. From scissors to kitchen knives, mower blades to chain saw blades, drill bits to mill ends and practically everything in between, owner, AJ Carl will keep your edges cutting cleanly.

Needing your expensive Sewing Shears or Beauty/Grooming shears sharpened? Bob's Sharpening can take care of you.

WE WILL BE SHARPENING KNIVES and SEWING/HOUSEHOLD SCISSORS AT THE MARKET ON MARKET STREET on JUNE 27<sup>th</sup> from 9-5.

Scissors \$6, paring knives \$3, other kitchen knives \$5.

We will also be at the PAINESVILLE FARMERS MARKET on June 10 & 24, July

8 & 22, August 5 & 19, Sept 2 & 16.

**REMINDER:** Time to bring those mower and chainsaw blades in to get ready for summer. Drop them off at the Market for pick up at the shop. And do not forget your garden clippers, loppers and shovels.

AJ prides himself on quality work done on a timely basis. Whether your needs are residential,

commercial or industrial, Bob's Sharpening and Grinding is your answer.

Located at 8588 East Ave in Mentor Bob's Sharpening Summer Hours are 8am - 2pm, M-F. Stop in and see us, or call 440-255-3343. Text 440-667-7004 if you need out of hours pick up or drop off.

Like us on Facebook to keep up with Special Events and Offers.

## Window Savings at Shoreline

Deciding who to call to get your best deal when it's time to replace your outdated windows & doors is easier than you realize.

Start by calling Shoreline Window and Remodeling Company. A company with a professional, experienced track record dating back to 1954. That's 65 years of total customer satisfaction made possible by all our past clients who trusted in our ability to meet or exceed their expectations on receiving the "real deal" for their remodeling projects.

We start by reviewing your project and listening to your goals and concerns and we welcome any recommendations you may have. Then together we establish a budget and work to stay within that cost.

Your materials selections are hands-on, not from pictures out

of brochures and once all your selections have been made, we order any products that are not in stock.

After scheduling a start date and work begins, we stay on the project from start to finish. To make your remodeling experience as stress-free as possible, we always keep you informed of the progress of the job.

Because Shoreline Window and Remodeling Company is a family owned business, you will always be dealing directly with the owner, no pushy salesman or inexperienced tradesmen. Our company is bonded and insured, and our workers are covered by workers compensation for your protection.

We have the highest ratings with the Better Business Bureau and Angie's List. We take pride in our workmanship so you will not only be current client, but in the future, we want to be "the one" contractor you call to take advantage of our other professional services including kitchen and bathroom remodeling. Plus, we also accept all major credit cards & special financing.

Let us show you how to make your next remodeling project a little easier by calling Shoreline Window and Remodeling Company at (440) 946-1495 or (440) 336-3300. You can also look us up at [www.shorelinewindowandremodeling.com](http://www.shorelinewindowandremodeling.com).

# SHORELINE WINDOW SUMMER SPECIALS!

**NO Interest for 12 Months!**

\*No interest for 12 months available. Subject to qualifying credit approval.

CELEBRATING OUR

**67<sup>th</sup>**  
ANNIVERSARY!

440-336-3300 • 440-946-1495

- \* WINDOW PACKAGES THAT MEET YOUR BUDGET NEEDS
- \* REPLACEMENT WINDOWS & DOORS



**ENERGY UP-GRADES**

**50% OFF**

- Triple Pane Glass
- Foam Super Spacer
- Foam Filled Frames

We Offer The Most Value For Your Money! Call Us To Compare!

**FREE ESTIMATES • BONDED & INSURED**  
[www.shorelinewindowandremodeling.com](http://www.shorelinewindowandremodeling.com)



Angie's list  
**Shoreline**  
Window & Remodeling  
Painesville  
SINCE 1954

## Stay Alive



**don't text & drive**



# Join the International Women's Air & Space Museum for Rocket Day 2021

The International Women's Air & Space Museum (IWASM) will host the long-awaited return of Rocket Day on June 16, 2021. In celebration of the 58th anniversary of Valentina Tereshkova becoming the first woman in space, IWASM is teaming up with the Great Lakes Science Center and volunteers from NASA's Glenn Research

Center for a day of hands-on learning. This event is geared toward children ages 5-12, and participants will learn the history of rockets, witness the launch of different types of rockets, and have the opportunity to set off film canister rockets.

Rocket Day 2021 will take place outside to ensure social distancing, and masks will be

required. This year participants will have the option to register for one of two sessions. Session One will be from 10:30 a.m. to 12:00 p.m. EDT. Session Two will be from 1:00 p.m. to 2:30 p.m. EDT. Registration is required, and space is limited to 60 people per session including adults and chaperones. In the event of inclement weather, the event will

take place on Wednesday, June 23 following the same schedule.

Early bird registration, open until June 9, is \$2 per person, and \$3 per person from June 10 to 16. Registration payments can be made via cash, check, or by visiting the IWASM website at [www.iwasm.org](http://www.iwasm.org). Payments via credit card or PayPal are subject to a service fee. For more information, please call 216-623-1111 or email [info@iwasm.org](mailto:info@iwasm.org).

The International Women's Air & Space Museum is located

inside the terminal building at Burke Lakefront Airport at 1501 N Marginal Rd, Cleveland, OH. Exhibits are open seven days a week from 8 a.m. to 8 p.m. free of charge. Museum offices, research center, and gift shop are open Monday through Friday 10:00 a.m. to 4:00 p.m.

The museum's mission is to collect, preserve, and showcase the history and culture of women in all areas of aviation and aerospace; educate people of the world about their contributions; and inspire future generations by bringing the history to life.

## Lake County Clerk of Courts - Changes to Pleading Submissions

With the reopening of the County buildings on Monday, May 9, 2021 and the continued expansion of e-Services through the Clerk of Courts office, we will be suspending the acceptance of pleadings submitted via email effective Monday, May 24, 2021 at 8AM for the Common Pleas

Court General Division.

Domestic Relations Court filings may continue to be submitted via email at this time.

Pleadings will only be accepted via e-Filing, at the counter, and through regular mail. The case types that can currently be submitted via e-Filing are

Criminal and Foreclosure.

All Foreclosure cases must be submitted via the portal on the Clerk of Courts website. They will not be accepted through any other means.

All other case types must be filed either in person or through regular mail.

## HEALTHY EATING TIPS FOR SENIORS

As people age, their diets may need to change. The American Dietetic Association offers these suggestions:

Prepare meals rich in these nutrients. These include:

### • Omega 3 fatty acids

The acids have been proven to reduce inflammation, which can cause heart disease, cancer and arthritis. They can be found in many different types of fish and in flaxseed oil.

### • Calcium and Vitamin D

The need for calcium and vitamin D increases as people age,

primarily to preserve bone health and lower blood pressure. Adults over the age of 50 need at least 1200 milligrams per day of the nutrient – equal to about four cups of milk per day.

### Limit sodium content

One of the most important ways to reduce hypertension is to prepare foods with low sodium. This means avoiding frozen, processed or restaurant foods which are often extremely high in sodium. Fruits and vegetables have the lowest sodium content.

### Hydrate

As people age, they do not get thirsty very often, even though their bodies still need the same amount of liquids. This is why it's important to drink plenty of fluids.

### Incorporate changes gradually

Older people are usually skeptical of change. That's why it's best to make small changes gradually.

Sometimes a little outside help can make all the difference in the world. Give Taylor Made Home Care a call and let's talk about it!

## Because the Best Care is Home Care ®

We provide non-medical home care/ companionship services to seniors who need assistance with everyday activities.

Whether you or a loved one are recovering from surgery, prone to falling, living with Alzheimers/dementia, or have limited mobility - WE CAN HELP. WE CARE

• HOURLY CARE • 24 HOUR LIVE-IN CARE



CUSTOM FIT FOR YOUR IN HOME NEEDS

 Taylor Made Home Care, LLC

Call today for your FREE In-Home assessment!  
440-946-6446 • [www.taylormadehomecare.com](http://www.taylormadehomecare.com)





### Handyman on Call

Featuring Retired Tradesmen

## 440-951-0999

Office Hours: 7:30am - 6:00pm Weekdays  
Serving Lake County Since 2005

 <b>Emergency Repairs</b>	<b>PLUMBING</b>
 <b>Ceiling Fans</b>	<b>ELECTRICAL</b>
 <b>Receptacles &amp; GFCI's</b>	<b>INSTALL FAUCETS</b>
 <b>Leaky Faucets</b>	<b>TOILET REPAIR</b>

**• LICENSED • BONDED • INSURED**

<b>YOU SAVE</b> <b>\$25</b> On Any Work Over \$100 <small>Valid only with coupon. Expires 6/30/2021</small>	<b>YOU SAVE</b> <b>\$50</b> On Any Work Over \$250 <small>Valid only with coupon. Expires 6/30/2021</small>	<b>YOU SAVE</b> <b>\$100</b> On Any Work Over \$750 <small>Valid only with coupon. Expires 6/30/2021</small>
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**ASK ABOUT OUR SENIOR SPECIALS**






# Happy Father's Day - Sunday, June 20<sup>th</sup>



# Air Conditioning Tune Up Special - - - Only \$69.95!

Based in Eastlake, Ohio Hoernig Heating & Air Conditioning has been a family owned and operated business for over 55 years. Working with his sons, Dennis is proud to carry a complete line of quality Rheem

products including high efficiency Rheem Air Conditioning and Gas Furnace units.

Right now, Hoernig Heating and Air Conditioning is offering a Central Air Conditioning Tune-Up for only \$69.95 (Regular

price \$95.95). This cooling preventative maintenance safety check includes:

1. Check refrigerant charge
2. Leak test unit if necessary
3. Check and adjust fan belt
4. Check bearings

5. Align pulleys & lubricate motor
6. Check Filters
7. Check condenser
8. Check drain
9. Check operation of thermostat
10. Operational check of systems.

Want to save even more?? Then have us perform a Heating Preventative Maintenance Safety Check Regular price \$95.95) at the same time and we'll service both systems for only \$98!!

The gas furnace tune-up and safety check includes:

1. Clean burners

2. Clean, light pilot
3. Check Heat Exchanger
4. Check main gas valve
5. Adjust burner & pilot
6. Adjust blower belt
7. Check & adjust furnace controls
8. Check safety pilot operation
9. Oil blower.

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My name is Jeff Berg and I am available to personally speak with you to discuss your individual technology needs. I invite you to contact me at (440)461-3900, (216) 789-7936 or jeff@mobilecsllc.com so I can personally help you find a solution for your household or business technology challenges.

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# Mentor Window Earns Yet Another Angie's List Super Service Award - 9 Years Straight!

Mentor Window has earned the home improvement industry's coveted Angie's List Super Service Award for the 9th year in a row. This award reflects exemplary years of service provided to customers

throughout Northeast Ohio, along with honest, fair prices.

Steve Douglas the owner of Mentor Window was asked about how they continue having such success in the home improvement industry. "We have crews that have been with us for decades, and we are very particular about the installers we hire. We won't just hire anyone to catch up if we are backed up a bit, quality is at the top of our list when it comes to workmanship. When it comes to pricing, we are straight forward with people, they don't want to

hear any buy 1 get 1 free nonsense. They want a fair, honest price up front without all the gimmicks you see out there in advertising. We treat each and every one of our customers like family."

"Only about 5% of the Home Improvement companies in Northeast Ohio have performed consistently well enough to earn our Super Service Award," said Angie (founder of Angie's List.) "It's a really high standard."

Angie's List Super Service Award 2020 winners have met strict eligibility requirements,

which include an "A" rating in overall grade, recent grade, and review grade period; the company must be in good standing with Angie's List, pass a background check and abide by Angie's List operational guidelines.

Service company ratings are updated daily on Angie's List. Companies are graded on an A to F scale in areas ranging from price to professionalism to punctuality.

Mentor Window offers a full range of home improvements, including Energy Star Tilt-In double hung windows, slider

styles, bay windows, casement windows, patio doors, fiberglass and steel entry doors, vinyl siding in over 50 colors & styles, cedar shake style siding, seamless gutter systems, gutter covers, blown in insulation, and a complete line of backyard storage buildings.

Interest free financing is available and most major credit cards are accepted.

Call today or stop in for a free, no obligation estimate (440) 209-1617. We are located at 7731 Lakeshore Blvd., Mentor, Ohio 44060., www.mentorwindow.com.

## MPL Children/Teen

Continued from page 12

### Main Branch Lawn

Kids (ages six to 12) can tie-dye their own masks outside the library's Main Branch. The library will provide all supplies. Registration so required, so sign up online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 220.

### Bullet Journaling

Thursday, June 24, at 6:30 p.m.

Teens and adults can discover the basics of bullet journaling and what it can do for your organization and creativity. The first part of this program shares the history and types of bullet journaling. The second half is devoted to answering questions and helping participants get started on their own journals. Have a journal or paper ready! This program will be hosted online via Zoom. Register with the library online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 247 to get the Zoom link.

### Medieval Madness

Thursday, June 24, at 6:30 p.m.

### Main Branch Lawn

Kids (entering first through sixth grade) and their parents can learn about what it was like to live during the Middle Ages. Get ready for some medieval fun! Due to COVID restrictions, each group will be seated at their own family banquet table. Registration so required, so sign up online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 220.

### Art Afternoon for Teens & Tweens

Tuesday, June 29, at 2 p.m.

### Lake Branch Lawn

Teens and tweens (ages 11 through 18) can enjoy a free draw outside the library's Lake Branch. The library will provide supplies and examples for inspiration. All skill levels are welcome. Due to limited space, registration is required beforehand.

### Reader's Theater

Wednesday, June 30, at 4 p.m.

### Main Branch Lawn

Kids (entering first through third grade) can gather to bring fairy, tall tales and fables to life as they're read aloud. This program promotes teamwork, confidence, and enhances children's reading skills in a low-key setting. Registration so required, so sign up online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 220.



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# Mentor Public Library Adult Programs for June

Some library programs are being offered online. Others will be hosted in-person at one of the library's branches. Most online programs will be hosted live via Zoom and require registration. You can sign up by calling the library or at [www.mentorpl.org](http://www.mentorpl.org).

The in-person programs will be conducted in accordance with current health and safety mandates/guidelines, which are subject to change. The library encourages all attendees to observe these rules so that in-person programming may continue. It is up to the individual to determine his or her level of comfort and acceptable risk when attending programs. If you are concerned about public gatherings, please do not attend.

## The Women Spies of Ohio

Monday, June 7, at 6:30 p.m.

From the American Revolution to the World Wars, meet the lady spies of Lake County and Ohio. The Lake County History Center will introduce you to these brave women who risked all for their country. This special talk will be held via Zoom. Sign up online or call the Lake Branch at (440) 257-2512 to get the Zoom link.

## Galaxy in a Jar

Tuesday, June 8, at 2 p.m.

Main Lawn, Main Branch

Teens and adults can transform an ordinary glass jar into a stellar astronomy craft. All supplies

will be provided. Registration is required to attend this in-person program. Sign up online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 247.

## Leaders & Legacies of the Civil War: Ex Parte Milligan

Wednesday, June 9, at noon

Revisit this little-known episode from the Civil War with the experts from James A. Garfield National Historic Site. When a military tribunal sentenced Lambdin P. Milligan of Indiana to hang for allegedly aiding the rebellious states, his lawyers – including future president James A. Garfield – stood before the Supreme Court to preserve not only Milligan's life, but also the Reconstruction. This program will be hosted online via Zoom. Registration is required.

## All Booked Up with Cailey & Meg

Saturdays, June 12 and 26, at 12 p.m.

Every other week, MPL's librarians Cailey and Meg recommend and discuss books on a specific theme. They rotate their suggestions between teen and adult books. All Booked Up can be viewed on the library's website, [www.mentorpl.org](http://www.mentorpl.org), as well as its Facebook page and YouTube channel.

## Faux Leather Drawstring Coin Pouch

Mondays, June 14 and 21, at 5

p.m. Courtyard, The HUB

Adults can make a crafty, cool coin pouch in a few simple steps. Two sessions will be offered to make this craft. Attendees may only sign up for one to make room for as many patrons as possible. Registration required.

## Monday University: Victory Gardens in World War II

Monday, June 14, at 6:30 p.m.

Food Historian Sarah Wassberg Johnson explores the use of victory gardens during World War II. She'll discuss how the idea was promoted and who it was promoted to. Johnson has been featured on the History Channel, CNN and NPR. Her program will be hosted online via Zoom. Register with the library online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 247 to get the Zoom link.

## What It's Worth: Antiques Road Show

Tuesday, June 15, at 6 p.m.

Author, auctioneer, appraiser and radio show host Mike Ivankovich will reveal what your antiques, collectibles, and personal treasures are really worth today. Ivankovich has more than four decades of experience in the antiques business and will share his expertise with Mentor. Twenty-five randomly selected attendees will have the opportunity to share an item of value with Mike. (They will

be notified beforehand.) Other attendees can watch and are free to ask questions when time allows. This program will be hosted online via Zoom. Register with the library online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 247 to get the Zoom link.

## Investing in Hearing Aids

Thursday, June 17, at 2 p.m.

Dr. Jane Kukula of Advanced Audiology Concepts will explain the causes of hearing loss and options for treating it, including the various types of hearing instruments. This program will be hosted online via Zoom. Register with the library online at [www.mentorpl.org](http://www.mentorpl.org) or by calling (440) 255-8811 ext. 247 to get the Zoom link.

## Men's Book Club

Monday, June 21, at 7 p.m.

This month's book is "The Quiet American" by Graham Greene. Copies of the book are available at the reference desk at MPL's Main Branch. Hosted online via Zoom. Registration required to attend.

## Elizabeth Gurley Flynn: The East Side Joan of Arc

Tuesday, June 22, at 6:30 p.m.

Discover the fascinating life of Elizabeth Gurley Flynn who began her career in activism while still a teenager. By 19, she'd joined the workers' free speech rights movement and worked with the Industrial Workers of the World (IWW) to improve working

conditions. She was even one of the founding members of the American Civil Liberties Union. Dr. Lara Vapnek will talk about this remarkable woman and how her accomplishments were nearly lost to history. The program will be hosted online via Zoom. Registration is required. Vapnek's talk is part of the countywide League of Libraries' Lake County Reads program.

## Senior Center Book Club

Wednesday, June 23, at noon

The library's book club with the Mentor Senior Center returns online! In June, the club will discuss "Dust Bowl Girls" by Lydia Reeder. Copies of the book are available to pick up at Mentor Public Library. The discussion will be hosted via Zoom. Participants must RSVP to get the Zoom link. To register, call the Mentor Senior Center at 440-974-5725.

## Mothers of Inventions

Wednesday, June 23, at 6:30 p.m.

Women's ideas like the cotton gin, automatic sewing machine, and even the Brooklyn Bridge have often been attributed to men. This program explores how history books and museums like the Smithsonian and the National Inventors Hall of Fame have ignored women's inventions and achievements. This program will be hosted online via Zoom. Registration is required.

*Additional programs and events available, please visit [www.mentorpl.org](http://www.mentorpl.org) for a complete listing of all June events.*

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## There's More to Mold Than Just the Spore!

Mold can emit a fungal gas! When particular molds colonize and they progress through their life cycle they emit a gas (musty smell). As the reservoir of fungus grows to several billion spores in the colony, our noses detect the smell of these fungal gases.

When a closed indoor environment continues to fill with the mycotoxic gases, they can become a health risk. The affect it has on the human body is dependent on three variables. Our individual immune systems, the type of spore and the volume of fungal gas, determines the impact on our bodies.

Additionally, the longer the exposure to these gases, the greater the likely hood we will develop a sensitivity. Much like other environmental allergens we are exposed to, the longer the exposure, the greater the chance our bodies will have an adverse reaction.

Some health effects include, headaches, shortness of breath, dizziness, lethargy, fever, and digestive problems. More severe reactions are hypersensitivity, and asthma symptoms. Although rare, certain Aspergillus species release aflatoxins that are carcinogenic.

There are many things in life we cannot control, but exposure to fungal gases is not one of them. With a little effort, we can reduce or eliminate this health hazard by using a disinfectant or removing the affected material. In some instances, it may be necessary to seek a professional opinion or get professional help.

*Gregory L. Drenik CIE (Certified Indoor Environmentalist) Mr. Drenik is the president of Monarch Group, LLC. He has performed thousands of mold tests over the last 20 years & completed over 3,000 mold remediation projects (440) 537-4024.*



# The Fine Arts Association Hosts Premier Screening of Modern Warrior Live

The Fine Arts Association (FAA) is proud to host the premier screenings of Modern Warrior Live: the story and sound of a combat veteran's journey co-created by musician Dominick Farinacci and military veteran Jaymes Polling June 11-13, 2021.

There are five in-person screenings June 11th at 7:30 pm, June 12th and June 13th at 2:00 pm and 7:30 pm at The Fine Arts Association's Corning

Auditorium (social distancing is aligned to state health mandates). The film is FREE to veterans and \$15 for general admission. Tickets must be purchased in advance by calling 440-951-7500.

"Modern Warrior reminds veterans they are not victims and that they can use their experiences to grow and make significant contributions to society," added Anthony Principi, Secretary of Veterans

Affairs (2001 - 2005) and Vietnam Combat Veteran

Because of a generous National Endowment of the Arts award of \$10,000, FAA is presenting these 5 in-person screenings along with creating arts and music programs specifically designed by FAA's Creative Arts Therapies department along with input from local veterans and veterans organizations. These programs will be tailored to fit the needs

and interests of veterans, active military and military families.

The film is not only for veterans, active military, and their families. It also is for health professionals, caregivers, high school students, college students and faculty, and others interested in the health and well-being of our veteran populations. The purpose of the project is to encourage dialogue and broaden understanding of the challenges faced by veterans which helps to de-stigmatize veterans as victims by focusing on shared human experiences, providing hope and a deeper understanding across communities. After each screening, guests are welcome to stay to participate in 30-45 min. of dialogue with the co-producers.

Veteran Polling explains, "With the best of intentions, well-meaning individuals and organizations have crafted a dark narrative around veteran mental health. For those experiencing it, the recognition of post-traumatic stress can often feel insurmountable. Through entertainment, Modern Warrior LIVE provides an alternative

viewpoint. If we agree there is an opportunity for growth in adversity, then we have an obligation to ourselves and our loved ones to do everything in our power to define a new path and find what it means to be forged in combat."

Veteran support services and other community service agencies are encouraged to reach out to FAA (see contact information below) to host a resource table in the FAA gallery during and after the screenings. This is a great opportunity for veterans, services, mental health agencies, health centers, and other community agencies to share important resources and educational materials.

This project is supported in part by an award from the National Endowment for the Arts. To find out more about how National Endowment for the Arts grants impact individuals and communities, visit [www.arts.gov](http://www.arts.gov)." Also sponsored by Wickliffe Forever Foundation, Carnegie Investment Council, and FAA board member, Roy Smith.

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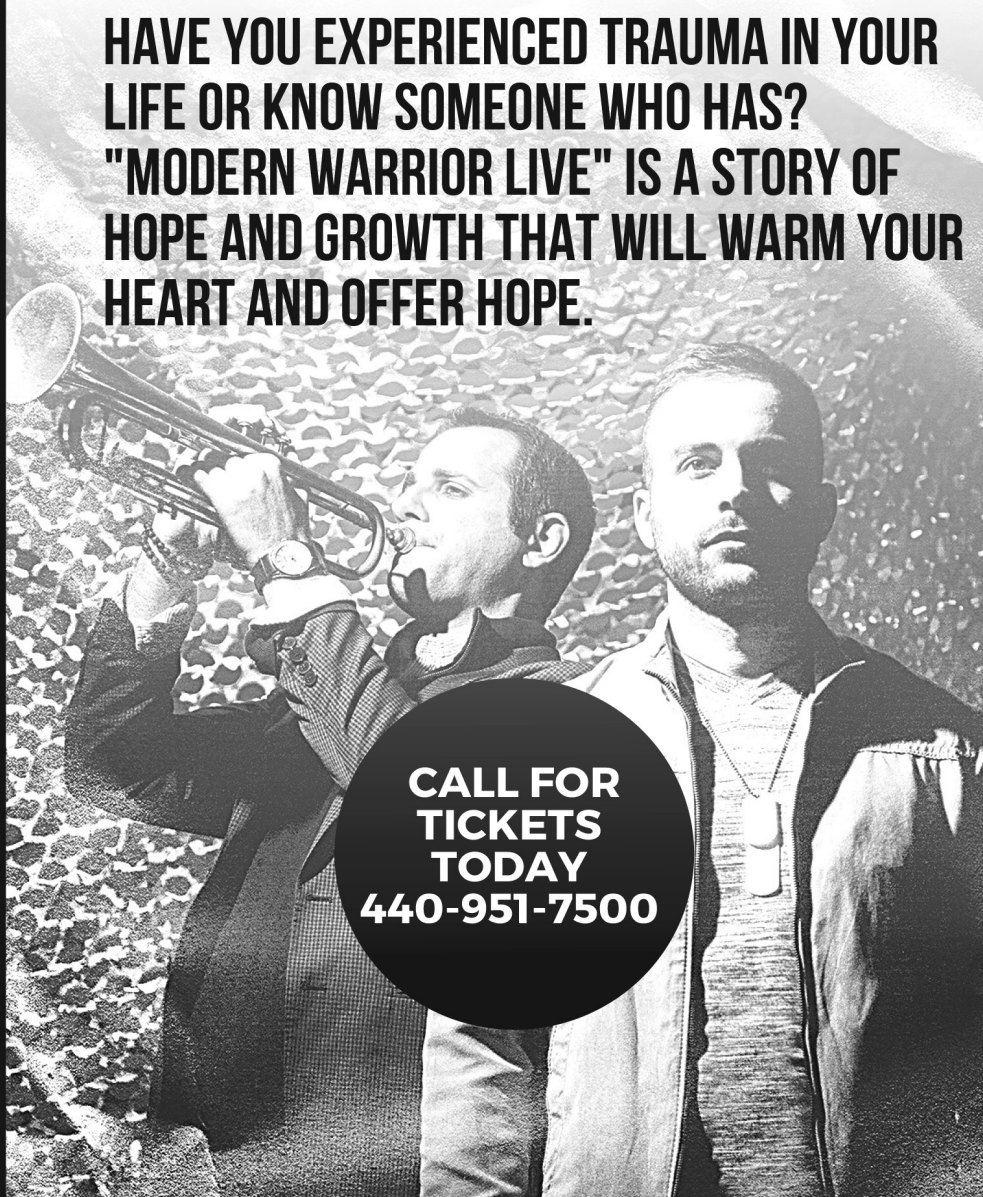
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