



Want to make a meaningful change in your life?

Explore your sense of fun and compassionate spirit to make a difference in the lives of long-term care residents.

Caring Clown is a unique, hands-on program, that trains volunteers to bring cheer to residents in long-term care homes. Caring Clown courses offer playful exercises, informative discussions, and skill-building activities that develop imagination, spontaneity, and musicality. In addition, working closely with long-term care homes, a practicum provides an opportunity for the Caring Clown to gain experience.

The curriculum is divided into three components, which are completed between November and May, ending with an evaluation and graduation:

- ◆ **Caring Clown I (CSCC 900) 12 Hours**

Caring Clown requires a foundation of knowledge and skills in basic clowning. Games and improvisational exercises are designed to develop spontaneity,

physicality, and a playful approach in order to foster an exploration of each student's personal clown.

- ◆ **Caring Clown II (CSCC 910) 21 Hours**

This course focuses on the understanding and practice of clowning techniques used in therapeutic facilities, with emphasis on long term care homes. Includes development of a character clown and role playing practice for individual and small group clowning.

- ◆ **Caring Clown Practicum (CSCC 911)**

17 Hours –This practicum gives students opportunities to gain practical experience as caring clowns in various long term care homes. Students will clown with individual and small groups of residents in designated units.