

Wawayanda State Park - West



WAY OVER YONDER

- Wawayanda Trails**
- AT - Appalachian* - 4.8 mi
 - BA - Banker - 1.8 mi
 - BE - Black Eagle - 0.7 mi
 - BG - Boulder Garden - 0.6 mi
 - CS - Cedar Swamp - 1.4 mi
 - DP - Double Pond - 1.7 mi
 - IM - Iron Mountain - 2.9 mi
 - LP - Laurel Pond - 1.5 mi
 - LO - Lookout - 0.9 mi
 - OC - Old Coal - 2.7 mi
 - PK - Pickle - 0.6 mi
 - PN - Pines - 0.8 mi
 - PL - Plymouth Lane - 0.9 mi
 - PH - Pump House - 2.9 mi
 - RA - Rattlesnake - 0.6 mi
 - RD - Red Dot - 1.8 mi
 - SB - Sitting Bear - 1.3 mi
 - SE - South End - 1.1 mi
 - TI - Timber - 0.7 mi
 - TU - Turkey Ridge - 1.9 mi
 - TB - Twin Bridges - 1.2 mi
 - WH - William Hoeflerlin - 2.9 mi
 - WI - Wingdam - 1.2 mi
- *trail continues outside park

**Long Course
10K Run**

**Start/Finish &
Transition**

Swim

**SPRINT 5K Run
& Duathlon Start**

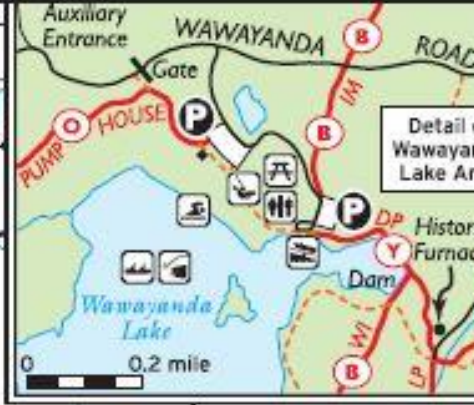
**SPRINT
BIKE**

Bike

MTB COURSES SPLITS @ Racer Refreshment Station
 SPRINT goes Right onto Laurel Pond (Yellow) then Left onto Sitting Bear (Orange) & rejoins MTB Course
 LONG Continues on Cherry Ridge Road then Left up Lookout (White) for additional Trails

Course Design
Property of Ready Set Go Adventures

Marked trail		Appalachian Trail (white)		Shelter	
Unimproved Road		Unimproved Road		Mine	
Parking		Parking (shoulder)			
Blue		Green		Orange	
Red		White		Yellow	
Unmarked trail					



Challenging climbs and descents occur on some trails - park can recommend trails based on your preferred level of difficulty