

2024

Scenic Hills Senior Center
187 S. Spring St

Scenic Hills Educational & Wellness Center
580 Radio Lane

740.385.6581

November/December

Scenic Hills Senior Center THANKSGIVING Luncheon

Thursday, November 14th

A buffet lunch will be served at The Olde Dutch Restaurant with entertainment by Persuaded.

Members Only. Limited Seating.
No Carry-out. No refunds.
Doors open at 10:30 a.m.
Lunch will be at 11:30 a.m.

*Senior Center will only be opened 2:00-4:00 pm on November 14th.

Sold Out Event!



CHRISTMAS OPEN HOUSE

December 13
Friday | Scenic Hills Senior Center
187 S. Spring Street
10:00 a.m.

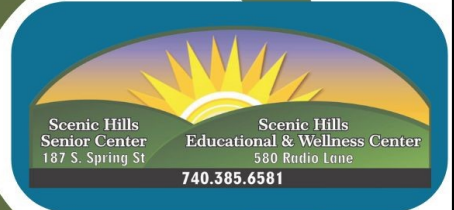
- Choir will perform at 10:15 a.m.
- Light lunch after performance
- Christmas Bingo to follow lunch
- Wear your Christmas sweater



SIGN UP FOR 2025 STARTING NOVEMBER 1ST



Sign up for 2025 membership.
Annual membership is \$5.00.
You can sign up at SHSC (187 S. Spring Street) or SHEWC (580 Radio Lane).
Please have correct change.
Membership form on page 15/16.



November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Euchre - 12 2025 Sign-ups begins Medicare Checkup	2
3 Daylight Savings Time Ends	4 Technology -1	5 SHSC- CLOSED for activities (voting) Election Day No Walking Class	6 Fellowship - 10 Choir - 1 Scrabble - 2	7 Technology - 930 Bingo - 12 Chair Volleyball	8 Euchre - 12	9
10	11 CLOSED - Veterans Day	12 Triple Hand/Foot Card Group - 1	13 Fellowship - 10 Nutritional WS - 10 Technology (Laurelville Library) - 10 Good Grief - 11:30 Choir - 1 Scrabble - 2	14 SHSC Closed 8am- 2pm No Bingo Thanksgiving Luncheon	15 Euchre - 12	16
17	18 Technology -1	19 Shopping Trip - 8:30 Triple Hand/Foot Card Group - 1	20 Fellowship - 10 Nutritional WS - 10 Choir - 1 Scrabble - 2	21 Technology - 930 Music w/ Beals 11 Bingo- 12 Chair Volleyball	22 Euchre - 12	23
24	25 Hollywood Casino Trip 8:30 Footcare Clinic Technology -1	26 Alzheimer's SG - 1 Triple Hand/Foot Card Group - 1	27 Fellowship - 10 Good Grief - 11:30 Choir - 1 Scrabble - 2	28 CLOSED - Thanksgiving	29 CLOSED - Thanksgiving Break	30

December 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Technology -1	3 Triple Hand/Foot Card Group - 1	4 Fellowship - 10 Choir - 1 Scrabble - 2	5 Technology - 930 Bingo - 12 Chair Volleyball	6 Euchre - 12	7
8	9 Technology -1	10 Triple Hand/Foot Card Group - 1 Christmas Lights Trip - 230	11 Technology (Laurelville Library) - 10 Fellowship - 10 Good Grief - 11 Choir - 1 Scrabble - 2	12 Technology - 930 No Bingo	13 Christmas Open House Choir Concert - 10:15 Light Lunch & Bingo to follow Euchre - 12	14
15	16 Technology -1	17 Triple Hand/Foot Card Group - 1	18 Fellowship - 10 Nutritional WS - 10 Scrabble - 2	19 Technology - 930 No Bingo	20 Euchre - 12	21 Winter Begins
22	23 Footcare Clinic Technology -1	24 CLOSED - Christmas Eve	25 CLOSED - Christmas Day	26 Technology - 930 No Bingo No Walking Class	27 Euchre - 12	28
29	30 Technology -1	31 CLOSED - New Year's Eve	1 CLOSED - New Year's Day	2 Technology - 930 No Bingo No Walking Class	3 Euchre - 12	4



Sorry We Are **CLOSED**

November 5th- SHSC is closed for activities (voting)

November 11th- Veterans Day

November 14th- SHSC is closed 8:00 am - 2:00 pm

November 28th & 29th- Thanksgiving Break

December 24th- Christmas Eve

December 25th- Christmas Day

December 31st- New Year's Eve

January 1st- New Year's Day

*Holiday
Schedule*



**DARRIN
BRYAN**

October 3, 1968 - June 17, 2024

**BONNIE
LINDSEY**

September 16, 1936 - August 29, 2024

**DEAN
SIGLER**

June 23, 1953 - September 7, 2024

**HARRY WAYNE
COURTNEY**

November 30, 1942 - September 28, 2024



NOTICE

The office will no longer be able to make change except for membership fees/trips.

No big bills, please.



Announcement

As of January 1, 2025, we will no longer print birthdays in the newsletter. A list of birthdays will be posted at the Spring Street/Radio Lane locations. Birthday cards will still be mailed.

November Birthdays

Linda Columber	Nov. 1	Reba McDaniel	Nov. 8	Tamara Ennis	Nov. 17
Linda Drescher	Nov. 1	Steven Saines	Nov. 8	Rebecca Figgins	Nov. 17
Lisa Flory	Nov. 1	Linda Stevelt	Nov. 8	Michael Krumlauf	Nov. 17
Todd Hinerman	Nov. 1	Peggy Carroll	Nov. 9	Deborah Lytle	Nov. 17
Sandy Ogle	Nov. 1	Margaret Karr	Nov. 9	Eddie Pennington	Nov. 17
Samuel Remy	Nov. 1	Norma Kessler	Nov. 9	David Beyer	Nov. 18
Karen Breckenridge	Nov. 2	Becky Love	Nov. 9	David Evans	Nov. 18
Ken Wilson	Nov. 2	Ruth Murray	Nov. 9	Ronald Flood	Nov. 18
Ruby Gill	Nov. 3	Virginia Griggs	Nov. 10	Susan Glunt	Nov. 18
David Harkins	Nov. 3	Rachel Leffler	Nov. 10	Roberta Morgan	Nov. 18
Becky HockingBerry	Nov. 3	Becky Smith	Nov. 10	John Murphy	Nov. 18
Shirley Syfert	Nov. 3	Deb Wagner	Nov. 10	Rita Reinschell	Nov. 18
Bonnie Thompson	Nov. 3	Marty Wright	Nov. 10	Joel Barkhurst	Nov. 19
Tamara Turner	Nov. 3	Sharon Fraizer	Nov. 11	Jack Breakiron	Nov. 19
Kathy Wolfe	Nov. 3	Dennis Hayes	Nov. 11	Delmar Columber	Nov. 19
Lynn Blake	Nov. 4	Chris Kline	Nov. 11	Heather Foltz	Nov. 19
Roy Stahr	Nov. 4	Lyle Thompson	Nov. 11	Jan Taylor	Nov. 19
Roy Abram	Nov. 5	Kathy Armentrout	Nov. 12	Ernie Campbell	Nov. 21
Rebecca Dalton-		Leland Bateman	Nov. 12	Charlie Faulkner	Nov. 21
Harrison	Nov. 5	Rita Boyle	Nov. 12	Cathy Martin	Nov. 21
Tracy Bruny	Nov. 5	Donald Coe	Nov. 12	Ian Morison	Nov. 21
Carolyn Lewis	Nov. 5	Sally Dishong	Nov. 12	David Shull	Nov. 21
Carolyn Livingston	Nov. 5	Rebecca Fidler	Nov. 12	Kristina Stephenson	Nov. 21
Robert McCarthy	Nov. 5	Teresa Laster	Nov. 12	Ruth Walsh	Nov. 21
Letha Spicer	Nov. 5	Pamela Anderson	Nov. 13	Margie Anderson	Nov. 22
Stephen Wheatley	Nov. 5	Harry Crouthers	Nov. 13	Steve Klinger	Nov. 22
Andy Wright	Nov. 6	Sharon Kaepner	Nov. 13	Rita Stivison	Nov. 22
Shan Brown	Nov. 7	Garrett McGowan	Nov. 13	Rebecca Stuart	Nov. 22
Theron (Jay)		Barbara Riddlebarger	Nov. 13	Steve Morgan	Nov. 23
Daubenmire	Nov. 7	Patricia Green	Nov. 14	Harold Sanders	Nov. 23
Kenny Hanning	Nov. 7	Liska Lloyd	Nov. 14	Alicia Coffill	Nov. 24
Sabrina Keels	Nov. 7	Julie Young	Nov. 14	Barry Ritchey	Nov. 24
Wesley Kemper	Nov. 7	Chuck Moritz	Nov. 15	Mary Lou Giffin	Nov. 25
Sue McBroom	Nov. 7	Karen Raymore	Nov. 15	John Yorde	Nov. 25
John Brown	Nov. 8	Karen Wharton	Nov. 15	Debbie Hayes	Nov. 26
Judy Lynch	Nov. 8	Myron Dennis	Nov. 16	John Bond	Nov. 27
Karen Martin	Nov. 8	Sue Hinerman	Nov. 16	Sue Hoy	Nov. 27

Debbie Hayes	Nov. 26
John Bond	Nov. 27
Sue Hoy	Nov. 27
Misty Metcalf	Nov. 27
Donna Welch	Nov. 27
Connie Burton	Nov. 28
Jean Ann Bush	Nov. 28
Larry DeBerry	Nov. 28
Donna Meissner	Nov. 28
Brandy Stamper	Nov. 28
Melissa Caldwell	Nov. 29
Leland Dowden	Nov. 29
Holly Gastin	Nov. 29
Shirley Hopstetter	Nov. 29
Gene Hynus	Nov. 29
Harold Johnson	Nov. 29
Margaret McCort	Nov. 29
David Rex	Nov. 29
Richard Skinner Sr.	Nov. 29
Dave Brown	Nov. 30
Deborah Later	Nov. 30

December Birthdays

Irene Acord	Dec. 1	Carla Smyers	Dec. 9
Chris Audette	Dec. 1	Lois Tolbert	Dec. 9
Paula Hoke	Dec. 1	Mark Davidson	Dec. 10
Scott Mender	Dec. 1	Joyce Schultheiss	Dec. 10
Bob Stamper	Dec. 1	Kerry Abram	Dec. 11
Betty Amnah	Dec. 2	Patricia Brown	Dec. 11
Kathy Hanning	Dec. 2	Bill Cantrell	Dec. 11
Randell Keyes	Dec. 2	Lianne Dickerson	Dec. 11
Rebecca Rex	Dec. 2	Angela Hammond	Dec. 11
Debbie Bennett	Dec. 4	George Hunt	Dec. 11
Ken Dillon	Dec. 4	Doug Patton	Dec. 11
Doug Enderle	Dec. 4	Karolyn Brown	Dec. 12
Genie Walker	Dec. 4	Pam Nelson	Dec. 12
Crystal Woltz	Dec. 4	Madelyn Redd	Dec. 12
Teresa Brooks	Dec. 5	Carol Ambuchl	Dec. 13
Cecilia Carpenter	Dec. 5	Terry Edgell	Dec. 13
Marian Gall	Dec. 5	Lola Garrett	Dec. 13
Barbara Lee	Dec. 5	Jean Krannitz	Dec. 13
Rafeshri Perera	Dec. 5	Dede Pippin	Dec. 13
Beverly Tobik	Dec. 5	Marty Skeeles	Dec. 13
Cindy Tolliver	Dec. 5	Edna Wilson	Dec. 13
David Brimner	Dec. 6	Albert Frederick Jr.	Dec. 14
Laura Brooks	Dec. 6	Ron Guess	Dec. 14
Mike Ellioh	Dec. 6	Michael Mount	Dec. 14
Tom Hutchison	Dec. 6	Harry Nihiser	Dec. 14
James Hannah	Dec. 7	Lisa Pickrell	Dec. 14
Cheryl Jackson	Dec. 7	Joe Thompson	Dec. 14
Dannette McKee	Dec. 7	Bill Bowers	Dec. 15
Spirit Williams	Dec. 7	Don Sigler	Dec. 15
Jayne Yates	Dec. 7	Zandra Wyrick	Dec. 15
Diana Mallon	Dec. 8	Janice Ballinger	Dec. 16
Roger Moore	Dec. 8	Sandra Fout	Dec. 16
Betty Patton	Dec. 8	Kay Johnson	Dec. 16
George Brown	Dec. 9		

*Dec. Birthdays cont. Pg.6



HAPPY
Birthdays

*December Birthdays

continued from pg. 5

Kay Richards	Dec. 16
Richard Caldicott	Dec. 17
Carla Dicken	Dec. 17
Jeff Uhl	Dec. 17
Mary VanBibber	Dec. 17
Troy Border	Dec. 18
Michelle Jarrell	Dec. 18
Joy Miller Upton	Dec. 18
Brenda Rowe	Dec. 18
Robert Russell	Dec. 18
Corene Callender	Dec. 19
Jean Ann Campbell	Dec. 19
Peggy Clark	Dec. 19
Cathy Cooke	Dec. 19
Carol McCann	Dec. 19
Nancy Garner	Dec. 20
Georgia Shephard	Dec. 20
Donald Daubenmire	Dec. 21
Barbara D'Onofrio	Dec. 21
Marjorie Hutchison	Dec. 21
Valerie Daubenmier	Dec. 22
Linda Foster	Dec. 22
Holly Gompf	Dec. 22
Becky Staley	Dec. 22
Sheila Herrell	Dec. 23
Shelley Hettich	Dec. 24
Marcia Hynus	Dec. 24
Butch Myers	Dec. 24

Donna Sanders	Dec. 24	Sharon Smith	Dec. 29
Melinda Gerken	Dec. 25	Terry Smith	Dec. 29
James Johnson	Dec. 26	Joyce Steinbrink	Dec. 29
Karen Potter	Dec. 26	Irmgard Warthman	Dec. 29
Diane Vaughn	Dec. 26	Gerraldine Zifchak	Dec. 29
Lyn Caldicott	Dec. 27	Martha Allison	Dec. 30
Barbara Carrier	Dec. 27	James Cottrill	Dec. 30
Cindy Coss	Dec. 27	Terry Hart	Dec. 30
Kristel McMunn	Dec. 27	Sheryl Kern	Dec. 30
Jackie Cozad	Dec. 28	Karen Walton	Dec. 30
Terry Phillips	Dec. 28	James Breining	Dec. 31
Christine Risch	Dec. 28	Mae Chesser	Dec. 31
Maria Jeffrey	Dec. 29	Patricia Danilla	Dec. 31
Linda McCune	Dec. 29	Janet Kaising	Dec. 31
Nancy Rheinscheld	Dec. 29	Jane Weiland	Dec. 31



Scrabble
Wednesdays @ 2:00 pm
 Scenic Hills Senior Center
 187 S. Spring Street
 Ages 50+

**Triple Hand & Foot
 Card Game**

Scenic Hills Senior Center
 187 S. Spring Street
 Tuesdays @ 1:00p
 Open to all adults ages 50+

Technology Assistance



COMPUTER...CELL PHONE...INTERNET...FACEBOOK...EMAIL...ETC...

**Rob Davis - Technology Trainer
(No Appointment Necessary)**

Scenic Hills Senior Center

187 S. Spring Street - Logan

Thursdays 9:30 - 10:30 am

Laurelville Library

16240 Maple Street - Laurelville

2nd Wednesday of the month

This program was made possible by The Healthy Aging Grant

Educational and Wellness Center

580 Radio Lane - Logan

Mondays 1:00 - 2:00 pm

This program was made possible by The Institute of Museum and Library Services & The State Library of Ohio

**To help Empower, Encourage and Educate in a
simple and relaxed atmosphere**

Thank You, Signature Sponsors!

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HOCKING VALLEY
Community Hospital



If interested in becoming a
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740.385.6581

Alert Hocking:

Alerts powered by Smart911, Alert Hocking is the official emergency notification system used by Hocking County to communicate with community residents during emergencies. Sign up now to receive **free** alerts from the Alert Hocking via text message, email, and/or voice message at:

<https://hocking.oh.gov/ema/Residents>



**If you need assistance signing up, stop by Scenic Hills Senior Center and a member of the staff will be happy to help you!*



Fellowship



Wednesdays @ 10:00 am
Scenic Hills Senior Center

Open Enrollment Assistance for Medicare



Medicare Open Enrollment Period is October 15, 2024 - December 7, 2024

For assistance, questions or to schedule an appointment at Scenic Hills Senior Center (187 S. Spring Street) by calling 740.385.6581.

CHAIR VOLLEYBALL

CHAIR VOLLEYBALL WILL BE SET UP FOR PLAY BEFORE/ AFTER BINGO ON THURSDAYS! Come have fun! Ages 50+

Alzheimer's Association Support Group

For those diagnosed with Alzheimer's and their caregivers.

This group will meet the **LAST Tuesday** of the month at 1:00 p.m. at Scenic Hills Senior Center (187 S. Spring Street)



Upcoming Dates:

November 26th

December - No Meeting

Coffee & Donuts

Scenic Hills Senior Center (187 S. Spring Street) will have donuts and coffee the 2nd Wednesday of each month. Come enjoy! Carry out is unavailable.

November 13th
December 11th





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LAURELVILLE SENIOR CENTER

Laurelville Senior Center will host their monthly meeting on the third Wednesday of each month.

MEETING

November 20th

December 18th

No Meeting in Jan/Feb

GOOD GRIEF

Moving through grief together

Support meetings held the 2nd and 4th Wednesdays of the month at Scenic Hills Senior Center, located at 187 S. Spring Street, at 11:30 a.m.

November 13th & 27th

December 11th

Last meeting of 2024

FAIRHOPE Hospice and Palliative Care's Grief Care Coordinator will be joining the Good Grief Group on the 4th Wednesday. The Grief Care Coordinator will share grief education and coping strategies.

Thank You for your sponsorship and friendship, Commissioner Sandra Ogle



NUTRITIONAL BINGO

Scenic Hills Senior Center will be offering Nutritional Bingo every Thursday. Bingo will be held at noon. Winners will receive a healthy prize. Nutritional Bingo is a result of the Healthy Aging Grant and will continue until funds are depleted.

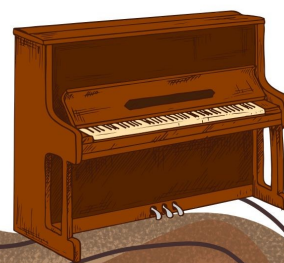
THURSDAYS @ NOON

Bingo & MUSIC

Thursday, November 21st

Larry and Erin Beal will be sponsoring Bingo and playing music (11:00 am) for all to enjoy. Thank you, Beals!

If you are interested in sponsoring Bingo please see a staff member.



Bingo Important Dates!

November 14 - No Bingo (Thanksgiving luncheon)



November 21 - Music and Bingo! Flannel Day



November 28 - No Bingo (Thanksgiving Day)



December 12 - No Bingo



December 13 - Christmas Bingo/Ugly Christmas Sweater Day

December 19 - No Bingo

December 26 - No Bingo

Bingo Break



January 2 - No Bingo

January 9 - Bingo resumes @ 12:00 pm on Thursdays



FITNESS CLASSES

■ 580 Radio Lane



Class	Day/Time	Instructor	Level
Chair Yoga	T/Th/11:00	Christina Nippert	1
Aquatic*	M/W/12:00	Christina Nippert	1
*held at The Worthington Hotel			
PWR Hour	T/Th/10:00	Christina Nippert	1
One Step at a Time*	T/Th/12:00	Christina Nippert	1
*held at The Chieftain Center			
Beginning Line Dancing	W/Th/3:30	Kathy Thatcher	1
Advanced Line Dancing	W/Th/4:30	Kathy Thatcher	2
Feeling Fit	M/W/12:00	Michele Vincent	2
Fit with Bev	T/Th/9:00	Bev Riggs	2
Cardio Drumming	M/W/11:00	Debbie Smith	2
Circuit Training	M/9:30	Michele Vincent	3
Sweat & Power	W/9:30	Michele Vincent	3
Slow Flow Yoga	F/10:30	Jacquie Moku	3

Keep In Mind

- Must be age 50+ to participate in fitness classes.
- Slow Flow Yoga is \$5.00 per class and Line Dancing/Fit with Bev are donation based.
- All classes, unless noted otherwise, will be held at The Educational & Wellness Center.
- If it is your first time taking a class, call to confirm the class is still on as scheduled. An instructor may be absent due to vacation/sickness/emergencies.

INTENSITY LEVEL KEY

- (1) **Light Intensity** - Easy to breath and carry on a conversation
- (2) **Moderate Intensity** - Breathing heavier, still comfortable but becomes challenging
- (3) **Vigorous Intensity** - Borderline uncomfortable, breathing labored but can still speak

Fitness Class Updates



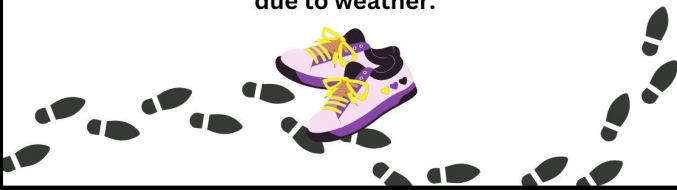
November/December/January

The Chieftain Center will be closed so **NO Walking Class** on the following dates:

- Tuesday, November 5
- Thursday, November 28
- Tuesday, December 24
- Thursday, December 26
- Tuesday, December 31
- Thursday, January 2

Walking Resumes Tuesday, January 7, 2025

*There will be no walking class if school is cancelled due to weather.



THANK YOU

OHIO'S HEALTHY AGING GRANT

Fitness classes* will be **FREE** the remainder of 2024!

*Slow Flow Yoga (Friday) will remain \$5.00 per class. Line Dancing & Fit w/ Bev will continue to be donation.



ATTENTION



Starting January 1, 2025
Fitness Classes* will be **\$2.00**
per class.

*Slow Flow Yoga (Friday) will be \$5.00 per class. Line Dancing & Fit w/ Bev will continue to be donation.

Hollywood Casino Trip

Discover over 2200 slots, 70 table games, & the biggest poker room in town!

Monday, November 25th

Depart SHSC: 8:30 am Return: 3:30 pm

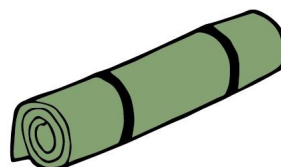
Transportation cost: \$15 per person

Sign up and pay at Scenic Hills Senior Center



YOGA MAT REMINDER

- You must supply your own yoga mat
- Please take your yoga mat with you when you leave
- If you leave your mat - we are not responsible
- You can purchase yoga mats in the office for \$10





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999 West Hunter St. Logan, OH 43138

Mon-Fri 8am - 5pm (Closed 12-1 for lunch)

Lancaster office by appointment



GoodCarebyCPCI.com

Aquatic Class

At The Worthington Hotel

- Mondays or Wednesdays
- 12:00 - 1:00 p.m.
- December 2nd - start date
- Limited spots available
- Wear bathing suit & bring towels
- **MUST** call (740.385.6581) to register!

Back by popular demand!



2025
MEMBERSHIP
APPLICATION &
WAIVER



DUES: \$5 per calendar year (not pro-rated)
Newsletter mailed is an additional \$15 per year
 Please make check payable to Scenic Hills Senior Center
 Mail to 187 S. Spring Street, Logan OH 43138

Date _____ U.S Veteran _____ Branch Military _____

PLEASE WRITE LEGIBLY

Name _____ Spouse _____
 Address _____ Phone _____
 City _____ State _____ Zip _____

DOB (mm/dd/yyyy) _____ DOB (mm/dd/yyyy) _____

EMERGENCY CONTACT	
Name:	Relationship:
Home:	Cell:

PHOTO RELEASE ONLY: *Permission to use photographs:* I grant Scenic Hills Senior Center (representatives or employees) my permission to take photographs of me participating in Scenic Hills Senior Center activities for use and publish, in print or electronically, with or without my name. I understand that any photos taken of me are for the sole purpose in promoting activities & events at Scenic Hills Senior Center. I have read and understand the above.

Signature: _____ Date: _____
 X _____ x _____

FOB # _____

Membership \$5.00 per person Newsletter Mailed \$15.00 Extra Total Amount: _____

→ PLEASE TURN PAGE OVER TO SIGN THE WAIVER & RELEASE OF LIABILITY FOR SCENIC HILLS SENIOR CENTER AND EDUCATIONAL AND WELLNESS CENTER ACTIVITIES

**WAIVER AND RELEASE OF LIABILITY
FOR SCENIC HILLS SENIOR CENTER AND
EDUCATIONAL & WELLNESS CENTER ACTIVITIES**

In consideration of the risk of injury while participating in activities and consideration for the right to participate in activities, I hereby, for myself, my heirs, executors, administrators, assigns, or personal representatives, knowingly and voluntarily enter into this waiver and release of liability and hereby waive any and all rights, claims or causes of action of any kind whatsoever arising out of my participation in the Activities, and do hereby release and forever discharge SHSC, their affiliates, managers, members, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, for any physical or psychological injury, including but not limited to illness, paralysis, death, damages, economical or emotional loss, that I may suffer as a direct result of my participation in the aforementioned Activities.

I am voluntarily participating in the aforementioned activities. I am participating in the Activities entirely at my own risk. I am aware of the risks associated with traveling to and from as well as participating in any Activity, which may include, but are not limited to, physical or psychological injury, pain, suffering, illness, disfigurement, temporary or permanent disability (including paralysis), economic or emotional loss, and death.

I agree to indemnify and hold harmless SHSC against any and all claims, suits or actions of any kind whatsoever for liability, damages, compensation or otherwise brought by my or anyone on my behalf, including attorney's fees and any related costs, if litigation arises pursuant to any claims made by me or by anyone else acting on my behalf.

I acknowledge that SHSC and their directors, officer, volunteers, representatives and agents are not responsible for errors, omissions, acts or failures to act of any party or entity conducting a specific event or activity on behalf of SHSC.

I acknowledge that this activity may involve a test of a person's physical and mental limits and may carry with it the potential for death, serious injury, and property loss. The risks may include, but are not limited to, those caused by terrain, facilities, temperature, weather, lack of hydration, condition of participants, equipment, vehicular traffic and actions of others, including but not limited to, participants, volunteers, spectators, coaches, event officials and event monitors, and/or producers of the event.

I acknowledge that I have carefully read this "waiver and release" and fully understand that it is a release of liability. I expressly agree to release and discharge SHSC and all of its affiliates, managers, member, agents, attorneys, staff, volunteers, heirs, representatives, predecessors, successors and assigns, from any and all claims or causes of action and I agree to voluntarily give up or waive any right that I otherwise have to bring a legal action against SHSC for personal injury.

To the extent that statute or case law does not prohibit releases for negligence, this release is also for negligence on the part of SHSC, its agents, and employees, and county.

In the event that I should require medical care or treatment, I agree to be financially responsible for any costs incurred as a result of such treatment. I am aware and understand that I should carry my own health insurance.

IF INCLUDING SPOUSE PLEASE HAVE BOTH SIGNATURES.

Member Signature: _____

Spouse Signature _____

Date: _____



iPads Available

Thanks to The Healthy Aging Grant, Scenic Hills Senior Center and Educational & Wellness Center have iPads available for use while you are there. iPads are loaded with games and have wifi. See a staff member to get started!



Priceless Foot Care



Monday, November 25th 9:00 - 2:00

Monday, December 23rd 9:00 - 2:00

Scenic Hills Senior Center - 187 S. Spring Street

Call Shontaya to schedule your appointment

 **(614) 354-7033**

WINTER WEATHER ADVISORY

Scenic Hills Senior Center & Educational and Wellness Center will be CLOSED to the public during a Level 1, 2, or 3 weather emergency

If an advisory is lifted an hour before an event/class, the event/class can still take place - at the instructor/director's discretion.

Transportation must check with Marjie or Loretta and they will make a decisions on a trip by trip basis.

Medicare Checkup Event!

- Review and compare 2025 Part D plans
- Review and compare Medicare Advantage
- Learn ways to save on Rx & Medicare costs

Where: Scenic Hills Senior Center
187 S. Spring Street

When: Friday, November 1, 2024
9:00 am - 3:00 pm

*Must Call
740.385.6581
for an appt.*

Find out how the Medicare Open Enrollment Period can work for you. Get tips on how to enroll for 2025 coverage in a Medicare prescription drug plan (Part D) and/or a Medicare health plan. See if you qualify to save an average of \$5,000 on your prescription drug costs.



Department of Insurance

Questions?
Call OSHIIP
800.686.1578



Nutritional Workshop

Wednesday 10:00 am

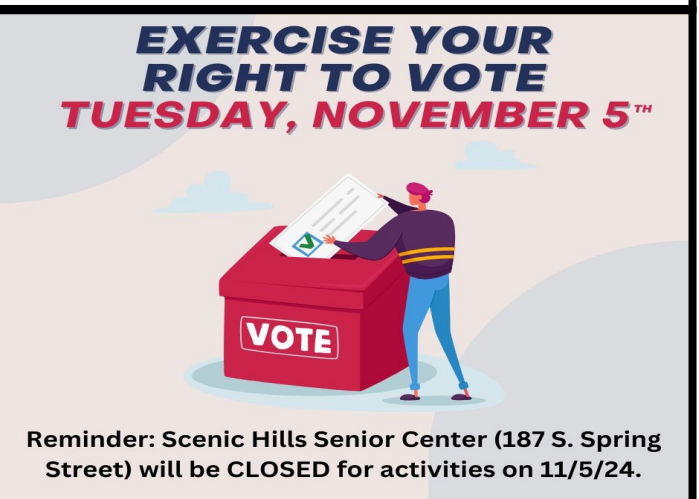
Free for Seniors (50+) Must call 740.385.6581 to register. Limited spaces available. Workshops held at Scenic Hills Senior Center.



THE OHIO STATE UNIVERSITY
COLLEGE OF FOOD, AGRICULTURAL,
AND ENVIRONMENTAL SCIENCES



*November 13th & 20th
December 18th*



WONDERLIGHT'S Christmas

Central Ohio's largest drive-through Christmas light show

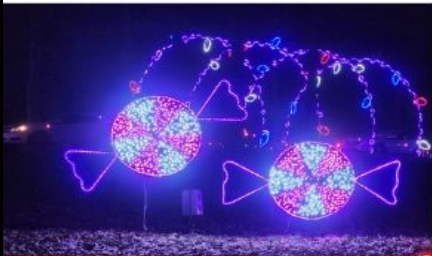
The WonderLight's Christmas in Ohio light show is synchronized to traditional and newer, rocking music, played through your car stereo. Come see shooting stars, floating snowflakes, dancing candy canes and lollipops, giant Christmas trees, and (a crowd favorite) enchanting drive-through tunnels of lights!



Tuesday, December 10th

Bus will depart Scenic Hills Senior Center at 2:30 p.m. and stop for an early dinner (driver's choice) before the lights. Transportation cost is \$20 per person.

Sign up and pay at SHSC's office. Limited seating!



Choir UPDATE

After the Christmas Concert (December 13th) the choir will take a winter break.

Choir practice will resume
Wednesday, February 5th @ 1:00.



JOIN CHOIR!

All Adults (age 50+) are
welcome!

EUCHRE PLAYERS...

Please enter and exit through the
FRONT doors on **Friday, December 6th**.
A private fund raising event is being
held at the center.

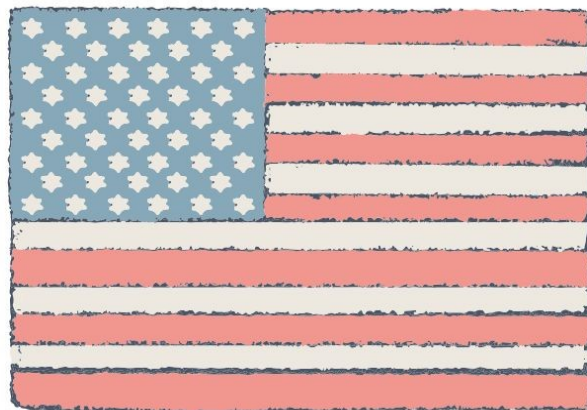
Thank You!

SET YOUR CLOCKS BACK NOVEMBER 3RD

Daylight Saving Time Ends

Thank You, Veterans

for your service



Veterans Day - November 11

Dennis Gallagher	Keith Conner	David McAllister		
David Stivison	Bert Cordle	Marvin McDaniel		
Samuel Diley	William Cunningham	George McGrath	Chuck Anderson	Charlie Faulkner
Ronald Flood	Robert DePue	Jack McVey	Danny Anderson	Steve Doyle
Curtis Garner	Rick Devore	Jerry Mellinger	Tom Hammer	Sylvia Rider
Charles Johnson	Bill Downs	Greg Moore	Ray McKinley	Monte Amnah
Donald Johnson	Daniel Dozer	Reggie Morris	Steven Vaughn	Brian Eaton
Steve Leaman	Joyce Eikenberry	Michael Mount	John Wallace	DiAnn Frederick
Bruce Lytle	Doug Enderle	Stephen Mowery	Kenneth Farmer	Mustafa Abushagne
Aaron Maynard	Derald Evans	Daniel Mueller	Charles Angle	Larry Kienzle
Tom Price	David Evans	Jeff Munday	Rondel Bailey	Wesley Rowe
Harry Robison	Gary Fetheroff	Del Norman	Jack Breakiron	Lynn Blake
Brad Thoman	Robert Fitzgerald	Gerald O'Haven	Ron Courtney	Melody Colliton
Steven Thorpe	Tony Funk	John Parry	Ken Dillon	Dennis Ervin
Ken Wilson	Harold Gainer	Lowell Peery	Michael Downour	Kevin Farmer
Joe Alvarez	Roy Garrett	Mike Powers	Mike Ellioh	Michael Krumlauf
Sandy Coakley	Carl Geil	Samuel Remy	Michael Ford	Terry Smith
Gary Hall	Lloyd (Chris) Gompf	Ralph Riddlebarger	James Funk	Judy Stilson
Kenneth Barnes	John Goodlive	Dan Robberts	Bruce Garrett	Rick Waller
Leland Bateman	Doug Goss	John Robberts	Edward Goss	Glen Whittington
Dave Beattie	Wayne Grove	Robert Seibert	Dennis Hayes	Bruce Wyrick
Herman Belcher	Ron Guess	Ken Shepherd	Mark Hendrickson	William Postelwait
John Bond	Roger Hamilton	Larry Simonton	Roger Hinerman	Larry DeBerry
Richard Boyer	Don Hatfield	Richard Skinner Sr.	Robert Imel	Russell Enderle
James Breining	Thomas Hettich	Tom Stapleton	Fredrick James	Thomas Estes
Jack Brooks	Ernest Holcomb	Patricia Stetzer	Austin Lindsay	Shawn Fraunfelter
George Brown	Royer Howard	Lawrence Still	Robert McCathy	Joseph Freeman
John Bryant	Gerald Hoy	Teresa Syfert	Bill Mullins	Larry Hoffman
Les Buskirk	Tom Hutchison	Lyle Thompson	Rex O'Dell	Jay Lehman
Ernie Campbell	Gene Hynus	Raymond Tucker	John Pippin	Tom Myers
Bill Cantrell	Harold Johnson	Henry Webster	George Ralph	Allen Frederick
Tom Carroll	Andrew Keplar	Dan Whalen	Barry Ritchey	John Hill
Forest Chesser	Paul Kunkler	Bill Workman	Betty Schlagle	Larry Meadows
Gary Chesser	Beverly Lawrence	James Wright	Michael Taylor	Harold Sanders
Donald Coe	Phil Linton	John Yorde	Leroy Vickroy	Terry Hunter
Majorie Norris	Charles Mays	Garrett McGowan	Edward Price	
			Mark Weiland	




*Veterans' status was taken off of membership form.

Scenic Hills Senior Center's Staff is...

CPR & FIRST AID CERTIFIED



TRAINING INCLUDED

- CPR: How to perform cardiopulmonary resuscitation, including chest compressions and rescue breathing 
- AED: How to use an Automatic External Defibrillator, including accessing the machine, placing the pads, and following the sequence for safe use 
- First aid basics: How to treat common injuries, such as burns, cuts, scrapes, sprains, and broken bones 

New
Trip!

Scenic Hills Senior Center presents...

Bermuda



With Celebrity Cruises on the Celebrity Silhouette

8 days/7 nights - June 1-8, 2025

Day Port

1. Cape Liberty, New Jersey
2. At Sea
3. At Sea
4. Royal Naval Dockyard, Bermuda
5. Royal Naval Dockyard, Bermuda
6. Royal Naval Dockyard, Bermuda
7. At Sea
8. Cape Liberty, New Jersey

Inside Cabin: \$2,109

Balcony Cabin: \$2,434

Rates are per person double occupancy and include roundtrip motorcoach transportation to/from cruise pier*, cruise, port charges and government fees.
*Motorcoach transportation is based on 20 paying passengers.

Deposit Policy: An initial deposit of \$350 per person double occupancy or \$700 per person single occupancy is required to secure reservations and assign cabins. Final payment is due by February 3, 2025.

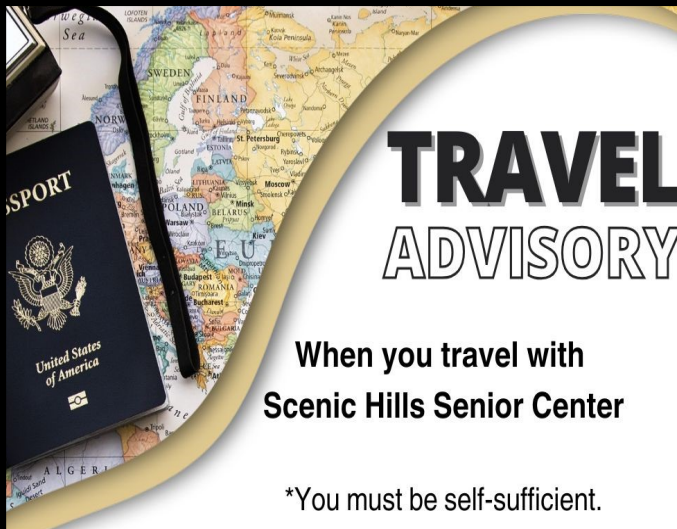
Always Included:

Classic Beverage Package & Surf Wifi Internet Package

Applies to all stateroom categories. Applies to 1st and 2nd guests in stateroom. Capacity controlled and subject to change at any time.

For more information contact: 740.385.6581





TRAVEL ADVISORY

When you travel with Scenic Hills Senior Center

*You must be self-sufficient.

*Scenic Hills Senior Center staff is unable to help you walk, get on/off the bus, get up/down steps, etc.—this is for your safety and the safety of our employees.

Questions - Call Scenic Hills Senior Center
740.385.6581




Maine

June 15 - 21, 2025 \$1,169 pp/double occupancy

7 days/6 nights

For more information and to see a detailed itinerary visit:
www.grouptrips.com/scenichillsseniocenter/2188670

This tour includes...

- Motorcoach Transportation
- 6 nights lodging including 4 consecutive nights in Maine
- 10 meals: 6 breakfasts and 4 dinners
- Guided Tour of Portland, Maine's largest city-by-the-sea
- Guided Tour of historic Kennebunk/Kennebunkport
- Tour of historic Victoria Farm, a picturesque working farm
- Visit to Boothbay Railway Village, including a vintage train ride
- Visit to the Seashore Trolley Museum and countryside trolley ride

SOLD OUT
Accepting Waitlist

For Information & Reservations Contact:
Scenic Hills Senior Center 740.385.6581


Departure:
Scenic Hills Senior Center 8:00 AM

Payment Information:
\$75 Due up signing up. Price per person, based on double occupancy. Add \$335 for single occupancy. Final payment due: 4/8/25



BRANSON SHOW TRIP EXTRAVAGANZA

INCLUDING SIX SPECTACULAR SHOWS



April 7 - 12, 2025 \$869 pp/double occupancy

6 days/5 nights

For more information and to see a detailed itinerary visit:
www.grouptrips.com/scenichillsseniocenter/2176538


For Information & Reservations Contact:
Scenic Hills Senior Center 740.385.6581

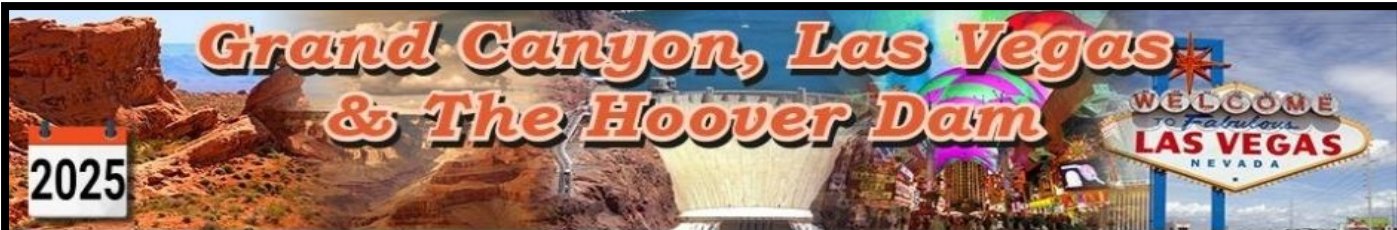
Departure:
Scenic Hills Senior Center 8:00 AM

Payment Information:
\$75 Due up signing up. Price per person, based on double occupancy. Add \$199 for single occupancy. Final payment due: 1/31/25

This tour includes...

- Motorcoach Transportation
- 5 nights lodging including 3 consecutive nights in Branson
- 8 meals: 5 breakfasts and 3 dinners
- Admission to 6 Fabulous Shows! Including:
 - 3 morning shows: Jersey Nights Show, Doug Gabriel Morning Show & Beach Boys: California Dreamin'
 - 3 evening shows: The Haygoods Show, Edge of Illusion featuring Reza and "David" Show at the Sight and Sound Theatre





October 1 - 13, 2025 \$1,959 pp/double occupancy

For more information and to see a detailed itinerary visit:
www.grouptrips.com/scenichillsseniorcenter/2188332

For Information & Reservations Contact:
 Scenic Hills Senior Center 740.385.6581

Departure:
 Scenic Hills Senior Center 8:00 AM

Payment Information:
 \$75 Due up signing up. Price per person, based on double occupancy. Add \$618 for single occupancy. Final payment due: 7/25/25

This tour includes...

- Motorcoach transportation
- 12 nights lodging including 3 consecutive nights in a Las Vegas Casino Hotel
- 17 meals: 9 breakfasts and 8 dinners
- Admission to the Hoover Dam Visitor Center
- Visit Grand Canyon National Park including an Imax Grand Canyon movie
- Visit to magnificent Zion National Park and Petrified Forest National Park
- Free Day to shop, explore and discover Las Vegas
- Gaming and Sight-seeing on the famous Las Vegas Strip
- Guided tour of historic Boulder City and a stop at the Lake Mead Overlook.



December 1 - 5, 2025 \$825

5 days/4 nights

For more information and to see a detailed itinerary visit:
www.grouptrips.com/scenichillsseniorcenter/2185597

For Information & Reservations Contact:
 Scenic Hills Senior Center 740.385.6581

Departure:
 Scenic Hills Senior Center 8:00 AM

Payment Information:
 \$75 Due up signing up. Price per person, based on double occupancy. Add \$169 for single occupancy. Final payment due: 9/24/25

This Tour Includes:

- Motorcoach transportation
- 4 nights lodging in the Lancaster area
- 8 meals: 4 breakfasts and 4 dinners
- Admission to the show "NOAH" at the Sight & Sound® Millennium Theatre®
- Admission to a holiday themed show at the MAGIC & WONDER THEATER
- GUIDED TOUR OF PHILADELPHIA
- Visit to charming KITCHEN KETTLE VILLAGE
- GUIDED TOUR OF LANCASTER
- Admission to THE AMISH EXPERIENCE & JACOB'S CHOICE AT THE F/X THEATRE





Executive Director: Marjorie Moore
 Phone 740 385-6581 Fax: 740 385-3548
 187 S. Spring St., Logan OH 43138
 www.scenicillsseniorcenter.com
Administrative Assistant/ Fiscal Officer:
 Loretta Kemper
Activity & Office Support: Tina Koska
Office Support/Driver: Carla Smyers
Drivers: Dale Brown & Bob Fitzgerald
Maintenance Supervisor: Nate Nelson

Executive Director: Marjorie Moore
 Phone 740 385-6581 Fax: 740 385-3548
 580 Radio Lane., Logan OH 43138
Chief Publications Officer: Jackie Rife
Exercise Instructor: Michele Vincent
Maintenance/Environmental Services:
 Charles Koska



Business Hours



Scenic Hills Senior Center

(187 S. Spring Street)

Monday - Thursday

7:00 a.m. - 4:00 p.m.

Friday 8:00 a.m. - 3:00 p.m.



Educational & Wellness Center

(580 Radio Lane)

Monday - Thursday

8:00 a.m. - 6:00 p.m.

Friday 8:00 a.m. - 3:00 p.m.

Saturday 8:00 a.m. - 12:00 p.m.



Christmas Gift Giving

Scenic Hills Senior Center will be collecting Walmart and Kroger gift cards (in increments of \$25) to distribute to seniors in need. Gift cards are being collected at SHSC of Educational and Wellness Center up until Friday, December 13th. Gift cards will be distributed to starting Monday, December 16th.

Thank you for helping to brighten the holiday season for seniors in need.