



# Adult Transition

Newsletter for Teachers Working With Students 18-22  
Educational Equity for All  
September 2016



High Interest Online Curriculum for  
Teens, Transition Students & Young Adults

## Vocational / Occupational Flashcards

<http://www.mangomon.com/vocational-and-occupational-flashcards/>



Computer Parts



Food Preparation



Basic Medical



Manual Skills



Everyday Technology



Road Signs



Tools



Basic Foods



Banking



Employment



Parts of a Car



Safety



Transportation



Voting



Switch accessible powerpoint that speaks the word and provides real picture.

## EMPLOYMENT

This Special Ed Teacher's Real-World Lessons will Inspire You | Class Act  
Sadie Guthrie, a special education teacher at Lawton Alternative School in San Francisco, uses a mobile coffee cart to teach her students real world skills and an entire school about compassion.



<https://www.youtube.com/watch?v=1dBa6f0Qyqk>

More examples of innovative and lasting microenterprises are available at:

<http://www.incomelinks.biz/projects.htm>

## TRAINING

[https://www.youtube.com/watch?v=4UZ\\_1Wr028o](https://www.youtube.com/watch?v=4UZ_1Wr028o)

This Special Ed Teacher Gives Touching Compliments To His Students Everyday



EDUCATIONAL  
EQUITY FOR ALL  
..... Giving kids what they need to succeed

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## FEATURED IDEA OF THE MONTH



### Decide Now!

Sometimes in our life there seems to be no choice or ... just so many of them, that it's hard to decide. Decide Now! will help you to quickly choose your next step in different situations and give you entertaining ideas on different occasions.

This app is designed for both iPhone and iPad **\$0.99**

## WEBSITES AND RESOURCES

- <https://aliciateacher2.wordpress.com/vocabulary/food-and-cooking/>
- [http://www.ocali.org/up\\_doc/Standards-Based-Life-Skills-Curriculum.pdf](http://www.ocali.org/up_doc/Standards-Based-Life-Skills-Curriculum.pdf)
- <https://www.teacherspayteachers.com/Browse/PreK-12-Subject-Area/Life-Skills/Price-Range/Free/Type-of-Resource/Worksheets>

## INDEPENDENT LIVING SKILLS



SECONDARY SCHOOL

RECIPES <http://www.odaactoflife.org.uk/Sheet.aspx?siteId=20&sectionId=82&contentId=277>

These recipes can be used in lessons, depending on the ability and experience of the pupils and the resources available.

Each recipe is uniquely provided in different formats:

- \* as a series of A5 colour cards (pdf file), showing each stage;
- \* as a series of A5 cards (pdf file), highlighting skills and techniques.

The A5 cards are useful in the classroom to:

- \* make the recipe;
- \* highlight specific food skills and techniques;
- \* encourage vocabulary work, e.g. naming the ingredients;
- \* help with structured writing, e.g. analysing how a recipe is put together with pupils having to put the recipe in the correct sequence.



Name: \_\_\_\_\_ Date: \_\_\_\_\_

### Taking Charge of My Feelings and Behaviors

Taking Charge: I am checking how I feel right now.	Feel really good - I feel excited!	Feel good - I am calm and satisfied	Feel different - I feel like something is changing around me	Feel bad: My muscles are getting tighter	Feel really bad: My heart is beating fast and muscles are getting tighter
Do I need to do something to help me feel O.K. or be safer?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
How do I feel now?	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

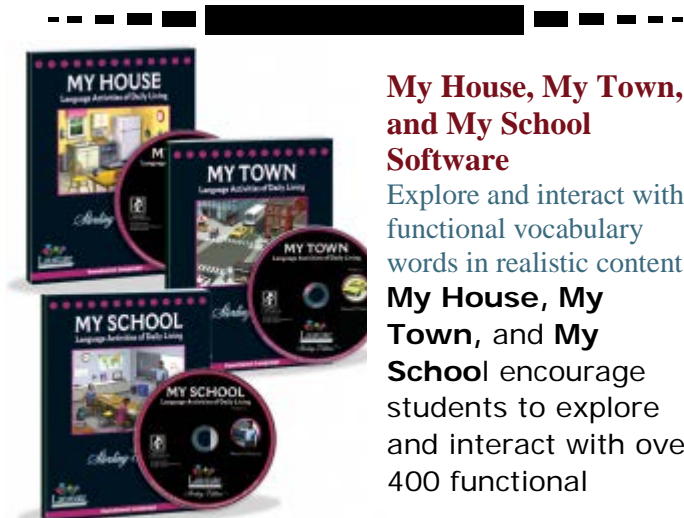
write down my thoughts | sit and count to 20 | think about a safe place | think about my strengths (what I do well)

ask for a --- | give teacher my "I need a break" card | ask for help | wait | help a friend | squeeze or press down on something

put my hands down | draw a picture | Squeeze my hands | breathe in and out slowly | stretch my body

What will make me feel better or safer?

[http://www.victoriesnautism.com/uploads/4/0/4/0/4040527/self-regulation\\_of\\_emotions.pdf](http://www.victoriesnautism.com/uploads/4/0/4/0/4040527/self-regulation_of_emotions.pdf)



### My House, My Town, and My School Software

Explore and interact with functional vocabulary words in realistic content

**My House, My Town, and My School** encourage students to explore and interact with over 400 functional

vocabulary words in realistic contexts. You select which scenes to use and how many items are shown in each scene.

<http://www.attainmentcompany.com/my-house-my-town-and-my-school-software>



## LIFE SKILLS PROGRAM

**PROGRAM DESCRIPTION:** A Life Skills Program focuses on everyday skills for **Special Education Students:** personal/social skills, hygiene, independent life skills such as cooking and clothing care, work competencies, and functional academics. These skills are essential for special education students to learn because they provide the basis for and facilitate transition from school to life in the "real world. Special education students learn things better when they are not confined to sitting behind a desk or staying in one spot, learning life skills are best done "by doing"; **"We learn by doing."**

- **Foundation Skills**
  - **Subject Area Learning**
  - **Life Skills**
- <http://teachingaid.org/>