

Daily Gratitude Tehillim Group

Uniting to thank Hashem for all our blessings



Round 18

www.DailyGratitudeTehillim.com

Sept. 25, 2018 - Feb. 23, 2019



~September 2018~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
23 6 30	24	Psalm 1 25	2 26	3 27	4 28	5 29
~October~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
13 7 20 14 27 21 34 28	7 1 14 8 21 15 28 22 35 29	8 2 15 9 22 16 29 23 36 30	9 3 16 10 23 17 30 24 37 31	10 4 17 11 24 18 31 25	11 5 18 12 25 19 32 26	12 6 19 13 26 20 33 27
~November~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
41 4 48 11 55 18 62 25	42 5 49 12 56 19 63 26	43 6 50 13 57 20 64 27	44 7 51 14 58 21 65 28	38 1 45 8 52 15 59 22 66 29	39 2 46 9 53 16 60 23 67 30	40 3 47 10 54 17 61 24
~December~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
69 2 76 9 83 16 90 23 97 30	70 3 77 10 84 17 91 24 98 31	71 4 78 11 85 18 92 25	72 5 79 12 86 19 93 26	73 6 80 13 87 20 94 27	74 7 81 14 88 21 95 28	68 1 75 8 82 15 89 22 96 29
~January 2019~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
104 6 111 13 118 20 123 27	105 7 112 14 119 **21 124 28	99 1 106 8 113 15 119 **22 125 29	100 2 107 9 114 16 119 **23 126 30	101 3 108 10 115 17 120 24 127 31	102 4 109 11 116 18 121 25	103 5 110 12 117 19 122 26
~February~						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Shabbat
130 3 137 10 144 17 Round 19! 24	131 4 138 11 145 18 25	132 5 139 12 146 19 26	133 6 140 13 147 20 27	134 7 141 14 148 21 28	128 1 135 8 142 15 149 22	129 2 136 9 143 16 Psalm 150 23

From the comfort of your own home, join a sisterhood of women from all around the world saying one psalm a day, in gratitude to Hashem for all the blessings He continually showers upon us.

Additional Resources

www.Aneinu.com- 2x a day Tehillim phone conference + shiurim

www.KavanahKards.com- Kavanah cards for your prayers

www.NerEchad.com- Sisterhood of women lighting candles + more

Join our group: coachlaurie18@gmail.com



** Psalm 119

Jan. 21: Aleph - Chet verses 1 - 64

Jan. 22: Tet - Samech verses 65 - 120

Jan 23: Ayin - Tav verses 121 - 176

The Tzemach Tzedek said, "If you only knew the power of verses of Tehillim and their effect in the highest Heavens, you would recite them constantly. Know that the chapters of Tehillim shatter all barriers, they ascend higher and higher with no interference.; they prostrate themselves in supplication before the Master of all worlds, and they effect and accomplish with kindness and compassion."

If you miss a day or 2 or 3 (or more) of the psalms, no worries. Either catch up or start again with the current psalm of the day.

Every one of our psalms helps us reach out to Hashem in unity and in gratitude.