CTB Newsletter



September 1, 2023

Mazel Tov



COLLEGE GRADS

BARBARA ANN BELL, DR. NILA GLEATON, HEZEKIAH GRIMMAGE, JR.



Sept 1 Friday, September 1

Candle lighting is at **7:10pm**

Saturday, September 2

Torah portion: Parashat Ki Tavo

Erev Shabbat Speaker Rabbi Rueben Register

Sept 2 Torah Studies Supt. Zaken Witherspoon Shabbat Afternoon Speaker each week Rabbi Debra Bowen (subject to change)

Shabbat Instructor for September

Sept 9 TBA Sept 16 Lady Anja Best Sept 23 Rabbi Aronoff Sept 30 Zaken Sam Jones

Erev Shabbat Speakers

Sept 8 Balynda Ali (Yom Huledet Samech)
Sept 15-16 Rosh Hashanah (speakers TBA)
Sept 22- Rabbi Sholomo Grimmage
Sept 29-30 Feast of Tabernacles (speakers TBA)

HIGH SCHOOL GRADS

AHMIR ALLEN, RACHEL ALSTON, ADEYAH JACKSON

MIDDLE SCHOOL GRAD

ELIJAH LAPRINCE JR.

ELEMENTARY GRADS

DAVID BEST III, CHAVA GRIMMAGE, JEREMYAH TWIGGS

KINDERGARTEN GRAD

JUSTIN MCCLAM

UISTIN AGGI ANA

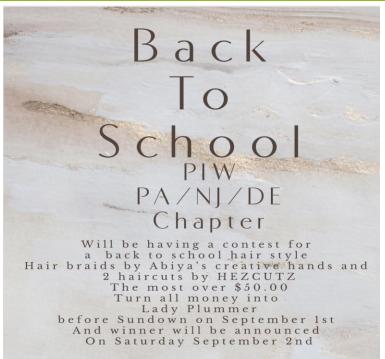
PRE-SCHOOL GRADS

ARI BEST, ARIANA GRIMMAGE, HANNAH ORTIZ, BRYSON TWIGGS

A note to the graduates...

"You are unstoppable and determined"





PSALM 27 An Exuberant Declaration of Faith The Lord is my light and my salvation; Whom shall I fear? The Lord is the strength of my life; Of whom shall I be afraid? 2 When the wicked came against me To eat up my flesh, My enemies and foes, They stumbled and fell. 3 Though an army may encamp against me, My heart shall not fear; Though war may rise against me, In this I will be confident 4 One thing I have desired of the Lord, That will I seek: That Will I seek: That I may dwell in the house of the Lord All the days of my life, To behold the beauty of the Lord, And to inquire in His temple: 5 For in the time of trouble He shall hide me in His pavilion; In the secret place of His tabernacle He shall hide me; He shall set me high upon a rock 6 And now my head shall be lifted up above my enemies all around me; Therefore I will offer sacrifices of joy in His tabernacle; I will sing, yes, I will sing praises to the Lord. 7 Hear, O Lord, when I cry with my voice! Have mercy also upon me, and answer me



SEPTEMBER YOM HULEDET SAMEACH

2 Destinee Allen 6 Shaina Stanley 8 Balynda Ali 11 Shoshana Grimmage 12 Rabbinit Plummer 12 Tenecia James 13 Rabbinit Lois Best 13 Caleb Grimmage 25 Emmanuel Evans **Shepherd Mother Harris** 30 Lady Joy Twiggs

3 Rabbinit Adriell Ecckels 6 Zane Bel 10 Ivana Gladden 11 Daniels Best 12 Barbara Ann Bell 12 Ariana Grimmage 13 Judah Howze 16 Raphael Grimmage 26 Elder David Best, Jr

Rabbi Ramond Grimmage, Jr. & Taleah-Renee Grimmage invite you to share in our happiness as our son Caleb-Joshua is called to the Torah as a Bar Mitzvah Shabbat, September 23, 2023 10:30 A.M. Congregation Temple Beth-El 7350 Lowber Avenue Philadelphia, PA 19138 Torah Portion: Ha'Azinu Deut. 32:1-52 your heart keep my commandments. For length of days and years of life will they bestow on you.- Proverbs 3:1-Please wear Royal Purple & Gold

RSVP to: 215-526-1924

Feast Days

Rosh Hashanah

Begins sunset, Erev Shabbat, September 16, 2023-Shabbat, September 17, 2023

Yom Kippur

Begins sunset Sunday, September 24, 2023 -Monday, September 25, 2023

Sukkot

Begins sunset Erev Shabbat, September 29, 2023 -Shabbat, October 7, 2023

Shemini Atzeret & Simchat Torah

Shabbat, October 7, 2023



The month of Tishrei



* Hotel info to follow *

"NO ONE CAN ESCAPE THE VICISSITUDES OF LIFE, AND WE ALL MUST ADAPT TO THE CHANGES THEY BRING."

Healing
takes time
and you are
doing the
best you can and
that is perfect.

ar largo

No rule book.
No time frame.
No judgment.
Grief is as individual
as a fingerprint.
Do what is right
for your soul.



uplift
Center for Grieving Children

Free Grief Groups and Services For Youth and Families

WHEN

Groups offered from September through May.

WHERE

Groups or other services may be in-person or virtual via Zoom.

SIGN UP

Call Uplift's Philly HopeLine to enroll: 1-833-PHL-HOPE (1-833-745-4673) Mondays-Thursdays 10 a.m. - 7 p.m. and Fridays 1 - 4 p.m. HopeLine closed weekends and holidays. Translation service available.

THINGS TO KNOW

- Groups meet weekly
- Youth 14+ years old do not require parental permission
- Services are available to all, regardless of immigration status. (Servicios para todos sin importar estatus migratorio

GROUPS FOR CHILDREN IN GRADES K-12 AND THEIR CAREGIVERS

School-Based Groups

For students in K-12th grades during school hours for participating schools in Philadelphia.

Evening Groups

- Young Children grades K-2nd with their Caregivers
- Older Children grades 3rd-5th
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- Younger Teens grades 6th-8th
 Older Teens grades 9th-12th
- Caregivers (adults only)

Specialty Services

- Grupos en Español para Familias
- Groups In Spanish for Families

 LGBTQIA+ Youths Grief & Loss Groups and Drop-Ins
 Free To Be Me with You Groups:

 For youth ages 11-13 years old with a trusted adult
 Queer & Trans Grief & Loss Groups:

 For youth 14-18 years old
- Resilient Parenting for Bereaved Families
 For adults who are raising children whose caregivers have died (10 weeks for 1.5 hours per week)

Check our website for additional drop-Ins and events throughout the year. Para Español, visite nuestra <u>página web aquí</u>.

For grief support, to sign up for grief groups, and for resources, call Uplift's Philly HopeLine: 1-833-PHL-HOPE (1-833-745-4673)

www.UpliftPhilly.org

MONDAYS AT 8PM ON ZOOM.

The link is found here:

https://us06web.zoom.us/i/83974868514

Who is this meetup for? Any and every one grieving a loss.

Got a question not mentioned? Call or Text Taleah Grimmage at 215-526-1924