

FEBRUARY 2019

"Fresh food = fresh life".—Winning Slogan by Jon Simmons, grade 3
From The Laboratory Charter School- Woodbine

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday



269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds **4**
603 Maple Baked Beans
752 Fruit Punch Juice
929 Cinnamon Elf Grahams

233 Popcorn Chicken with Sweet & Sour Broccoli **11**
639 Corn
670 Fresh Fruit
904 Wheat Bread (2 slices)

18
NO SCHOOL

255 Cheese Stuffed Breadsticks **25**
622 Marinara Sauce
631 Cherry Star Vegetable Juice
608 Dole Tropical Fruit Cup
932 Cinnamon Scooby Snacks

Tuesday



273 Rotini Bake **5**
670 Fresh Fruit
908 Dinner Roll

251 Chicken NuggetS **12**
603 Maple Baked Beans
632 Wango Mango Vegetable Juice
670 Fresh Fruit

253 Hot Dog with French Fries **19**
631 Cherry Star Vegetable Juice
684 Mixed Berry Applesauce
907 Hoit Dog Bun

278 Chicken Jambalaya & 929 Cinnamon Elf Grahams **26**
623 Broccoli
670 Fresh Fruit

Wednesday

255 Cheese Stuffed Breadsticks **6**
622 Marinara Sauce
631 Cherry Star Vegetable Juice
608 Dole Tropical Fruit Cup

263 5" Round Cheese Pizza **13**
611 Bagged Baby Carrots
684 Mixed Berry Applesauce
993 Heart Cookie

201 Cheeseburger **20**
603 Maple Baked Beans
632 Wango Mango Vegetable Juice
670 Fresh Fruit
914 Hamburger Bun

217 Terriyaki Chicken with Brown Rice **27**
603 Maple Baked Beans
635 Calypso Crush Vegetable Juice
670 Fresh Fruit
908 Dinner Roll

Thursday

234 Chicken Tenders with Potato Wedges **7**
623 Broccoli
631 Cherry Star Vegetable Juice
749 Apple-Cherry Juice
914 Hamburger Bun

201 Cheeseburger & 914 Hamburger Bun **14**
706 Romaine Salad with Cherry Tomatoes
686 "Swee' Heart" Water Ice

275 BBQ Chicken Filet **21**
611 Bagged Baby Carrots
541 Chocolate Hummus
670 Fresh Fruit
914 Hamburger Bun

218 Mozzarella Pinwheel **28**
611 Bagged Baby Carrots
541 Chocolate Hummus
670 Fresh Fruit

Friday



1
226 Philly Cheesesteak Pinwheel **8**
704 Hash Browns
684 Mixed Berry Applesauce
990 Chocolate Chip Cookie

15
NO SCHOOL

272 Four Cheese Panini **22**
706 Romaine Salad with Cherry Tomatoes
749 Apple-Cherry Juice

205 Popcorn Chicken **1**
704 Hash Browns
749 Apple-Cherry Juice
990 Chocolate Chip Cookie

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item.

To request product information please call (215) 895-3470 during normal business hours.