“At the core of the practice of Aikido, more than anything else, is a continuous hard training and disciplining of one's body and mind in order to develop wisdom.”

Mitsunari Kanai
8th Dan, Shihan
RETREAT TO NATURE
Join us as we celebrate Kanai Sensei in a special setting that recalls the early days of Aikido.
“This seminar is an opportunity to deepen our Aikido practice by focusing specifically on Kanai Sensei’s unique technical approach and the spirit in which he taught us.”

David Halprin
7th Dan, Shihan
A large group of senior instructors will be on the mat to celebrate the influence of Kanai Sensei.
The celebration of Kanai Sensei doesn’t end on the mat.

The seminar will provide daily opportunities to relax, socialize and have fun.
Preregister
ONLINE

Questions:
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