Pain Management Work up and Risk Assessment

Name	ID#	Date
Pain Dxs:		DOB
		Gender M/F

Opiod Risk Tool[1]	Mark all that apply	Score if Female	Score if Male
Family Hx of Substance Abuse			
Alcohol	[ ]	1	3
Illeg Drugs	[ ]	2	3
Prescrp	[ ]	4	4
Personal Hx of Substance Abuse			
Alcohol	[ ]	3	3
Illeg Drugs	[ ]	4	4
Prescrp	[ ]	5	5
Hx of Preadolescent Sexual abuse	[ ]	3	0
Age 16-45 yrs	[ ]	1	1
Depression	[ ]	1	1
Psychiatric Disease			
ADD	[ ]	2	2
OCD	[ ]	2	2
Bipolar	[ ]	2	2
Skiz	[ ]	2	2
Total	**[ ]**		

Additional Risk Assessments		**Comments**
Drug Screen	Y/N	
DOPL Screen	Y/N	
Risk of Obstructive Sleep Disorder	Y/N	
Obesity Y/N	BMI =	
Hx of Sleep Apnea	Y/N	

Baseline Measures	**Comments**
Analgesia[2] (Pain 0-10)	
Activity[3] (Function 0-10)	
Adverse Events Y/N	

Psychiatric Disease		**Comments**
Aberrant Behavior	Identify	

Consultation/Referral: **Comments**

If receiving Morphine equivalent ≥ 120 mg/day
or Methadone ≥ 50 mg/day **then** Sleep Apnea Test Y/N
If receiving Methadone ≥ 50 mg/day **then** EKG (Qt) Y/N

Treatment agreement discussed and signed by patient **Date**

Patient Goals

Analgesia Pain[2] (0-10)	Activity - Function[3] (0-10)	Adverse Events - #

Identify aberrant behavior which indicates discontinuation

[1] Opioid Risk Tool (Webster & Dove, 2007) - low risk (routine care), moderate risk (increased monitoring frequency) high risk (consider referral to Substance Abuse and/or Pain Management specialists)

[2] Pain Intensity 0 = no pain, 5 = moderate pain, 10 = worst pain imaginable

[3] Activity Function 0= no limitations, 5 = limitations (difficulty working, lifting,exercising, or conducting daily living activities) 10 = severe limitations (unable to work, conduct daily living activities, lift, or exercise)

Pain Management Follow-Up

Name	ID#	Date
Pain Dxs:		DOB
		Gender M/F

Initation of Trial			Start Date			Review Date	
Visit Frequency [1] Date	**Analgesia - Pain (0-10)**	**Activity - Function (0-10)**	**Adverse Events - #**	**Aberrant Behavior - Identify**	**DOPL Check**	**Random Drug Screen**	**Comments (Date)** **Discontinuation Change (Date)**
Titration - Visit = 2 - 4 weeks							
Visit Frequency [1] Date	**Analgesia - Pain (0-10)**	**Activity - Function (0-10)**	**Adverse Events - #**	**Aberrant Behavior - Identify**	**DOPL Check**	**Random Drug Screen**	**Comments (Date)** **Discontinuation Change (Date)**
Maintenance - Visit = Quarterly							
Visit Frequency [1] Date	**Analgesia - Pain (0-10)**	**Activity - Function (0-10)**	**Adverse Events - #**	**Aberrant Behavior - Identify**	**DOPL Check**	**Random Drug Screen**	**Comments (Date)** **Discontinuation Change (Date)**

[1] Monitoring Frequencies (Webster 2007)

Low Risk (0-3) - Routine

Mod Risk (4-7) - Bi-Weekly

High Risk ≥ 8 - Weekly