## Abella Counseling, LLC

## **Authorization to Text Appointment Reminders**

The day before your appointment I would like your permission to send you an appointment reminder via text. While the phone is password protected text messages cannot be encrypted therefore there is always a risk of a breach of confidentiality.

Please sign this form if you give Abella Counseling, LLC permission to send you a reminder text. If you prefer to receive an email reminder via an encrypted email system please do not sign this form.

Client Name Printed	Client Signature	Date
Guardian Name Printed if appropriate	Guardian Signature if appropriate	Date
Phone Number		