

2nd Sunday of Great Lent – Sunday of Orthodoxy
March 17, 2019, Sunday Bulletin



Sts. Peter & Paul Orthodox Church
Youngstown, Ohio



SS. Peter & Paul Ukrainian Orthodox Church

Святі Петро і Павло Українська Православна Церква
1025 N. Belle Vista Ave, Youngstown, OH 44509
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Fr. Ivan Tchopko, Pastor

Fr. Gregory Becker, Choir Director

Ron Kichton, President of the Church Council

March 17, 2019

9:15 AM Confessions; 9:30 AM Divine Liturgy

1st Sunday of the Great Lent: Triumph of Orthodoxy. Tone 1

St. Gerasimus of the Jordan (475). St. Julian, patriarch of Alexandria (189).

St. James the Faster of Phoenicia (Syria) (6th c.).

Liturgy of St. Basil the Great

Readings: Epistle: Hebrews 11:24-26, 32-12:2 ■ **Gospel:** John 1:43-51

THE TRIUMPH OF ORTHODOXY

Today we commemorate the “Triumph of Orthodoxy,” the restoration of the holy icons in the reign of the holy Empress Theodora. On this Sunday in 842 the heresy of Iconoclasm that contradicted the Orthodox Faith was defeated.

From Matins: Verse from Canticle 6 -
Through the decision of the Empress
Theodora and her pious son the Emperor
Michael, the Orthodox people regained the
light and glory which it had of old.

From Matins: Verse from Canticle 8 -
Keeping the laws of the Church we received
from the Fathers, we paint icons of Christ and
His saints, and with our lips and heart and will we venerate them as we cry aloud: All
works of the Lord, bless the Lord!

From Matins: Verse from Canticle 8 - The honor and veneration we show to the
icon we ascribe to the prototype it represents, following the teaching of the saints
inspired by God, and with faith we cry aloud to Christ: All works of the Lord, bless
the Lord!



FROM THE TRIODION – 2ND WEEK OF GREAT LENT

Monday

Matins (after the 3rd Reading of Psalter):

Sessional Hymn - Tone 6

Direct our steps, O Lord, as we set out on the **second week** of the fast. Shine the sanctifying light of your commandments on us and make us worthy to offer you an acceptable prayer on bended knees: for you are Our Father and we are the work of your hands. We sing your praise with fear and call on Your Name!

Tuesday

Vespers - From the Reading: Isaiah 5:7-16

(Verses 15 and 16)

¹⁵ And the mean man shall be brought down, and the mighty man shall be humbled, and the eyes of the lofty shall be humbled: ¹⁶ But the LORD of hosts shall be exalted in judgment, and God that is Holy shall be sanctified in righteousness.

Wednesday

Vespers – Verse from "Lord I call. . . . (Tone 1)

Having undertaken the spiritual fast, brethren, Let us speak no lies with our tongues, Nor give each other a cause for scandal. But illumining the light of our souls through repentance, Let us cry to Christ with tears: Remit our falls in sin, lover of mankind.

Thursday

Matins – An Aposticha Verse (Tone 8)

If we set our hands to doing good, The effort of lent will be a time of repentance for us, A means to eternal life, For nothing quite saves the soul as much as giving to those in need. Alms, inspired by fasting, deliver man from death. Let us embrace this, for it has no equal; It is sufficient to save our souls!

Friday

Vespers – Verse from "Lord I call. . . . (Tone 4)

Now is the acceptable time! Now is the day of salvation! Visit my soul in the abundance of Your Mercy; take away the heavy burden of my transgressions only lover of mankind!

Saturday

Vespers – An Aposticha Verse (Tone 8)

Your tongue, watchful in teaching, rang in the heart, and awakened the souls of men from slothfulness, and by your divinely-sounding word, we find a ladder leading us from earth to heaven. Therefore, Gregory, Wonder Of Thessalonica, never cease entreating Christ to enlighten those who honor you!

STEWARDSHIP ACTIVITIES AND OPPORTUNITIES

Don't Just go to Church, Be the Church/Thank you for your Gifts of Love

PRAYER LIST

Please pray for good health for our following parish family members and others:

Fr. Gregory Becker, Fr. Andrew Gall, Fr. Paisius McGrath, Fr. John Nakonachny, Pani-matka Mary Ann Nakonachny, Mykola Prychodczenko, Walter Duzzny, Alice Dobransky, Nancy Tiedeman, James Bobersky, Kay Malys, Marie Pupa, Deborah Harvey, Mary Lapushansky, Stella Woytek, Kathy Duzzny, Mary Ann Owens, Pauline Witkowsky, Dr. Dinah Fedyna, Mary Goncy, Catherine Rogenski, Marianne Carmack, Kenneth, Matthew, Peter, Michelle, Basil

UPCOMING PARISH AND OTHER EVENTS

Please contact the church office to schedule Panikhidas, request Bulletin Dedications, or make Prosphora Offerings.

SUNDAY, MARCH 17, 2019: THE TRIUMPH OF ORTHODOXY

- 9:30 – Divine Liturgy of St. Basil the Great
- Lenten Luncheon following the Divine Liturgy to formally welcome Father Ivan and Blessing of the Renovated Rectory.
- 5:00 PM Lenten Vespers: St. John the Baptist Orthodox Church, 305 Struthers-Liberty Road, Campbell, OH 44405

2nd WEEK OF GREAT LENT 3.18.2019 – 3.23.2019 SERVICE SCHEDULE

- Friday, March 22 – 6:00 PM Confessions; 6:30 PM Pre-Sanctified Liturgy
- Saturday, March 23 – 9:30 AM Memorial (Soul) Saturday Divine Liturgy

SUNDAY, MARCH 24, 2019: ST GREGORY PALAMAS

- 9:30 – Divine Liturgy of St. Basil the Great
- Meeting of the Senior UOL Immediately following the Divine Liturgy
- 5:00 PM Lenten Vespers: St. Mark Orthodox Antiochian Orthodox Church, 3560 Logan Way, Liberty Township, Youngstown, OH 44505

**Keep us Thy Holiness that all day long we
may be instructed in Thy Righteousness**

Kontakion — Tone 8

No one could describe the Word of the Father; but when He took flesh from you, O Theotokos, He accepted to be described, and restored the fallen image to its former beauty. We confess and proclaim our salvation in word and images.

NEXT PEROGIE SALE

FRIDAY, MARCH 22, 2019 (PICKUP 10 AM – NOON)

Don't forget: your help is always welcome and needed.

Task	Time	MARCH	APRIL	MAY
Potato Prep	9:30 AM	20 th (Wed)	3 rd (Wed)	8 th (Wed)
Pinching	9:30 AM	21 th (Thurs)	4 th (Thurs)	9 th (Thurs)
Pick-up	10:00 AM-Noon	22 th (Fri)	5 th (Fri)	10 th (Fri)
Potato Prep			17 th (Wed)	22 nd (Wed)
Pinching			18th (Thurs)	23 rd (Thurs)
Pick-up			19 th (Fri)	24 th (Fri)

MARCH 26, 2019 – COMMUNITY DINNER:

(Did you feed me?)

Please start collecting personal care products children's books, and recent magazines which are much appreciated. We are so Blessed to have such dedicated volunteers! If you have any questions or would like additional information on you can this wonderful outreach, please contact Dr. Dinah Fedyna.

GREAT LENT SUNDAY VESPER SCHEDULE

5:00 PM - March 17th - St. John, Campbell, OH

5:00 PM - March 24th - St. Mark, Youngstown, OH

5:00 PM - March 31st - St. John the Forerunner, Youngstown, OH

5:00 PM - April 7th - Holy Trinity, Youngstown, OH

5:00 PM - April 14th - Sts. Peter & Paul, Youngstown, OH

UPCOMING MEETINGS

UKRAINIAN ORTHODOX LEAGUE (UOL)

March 24, 2019	APRIL	May 19,2019
Immediately following the Divine Liturgy	NO MEETING	Immediately following the Divine Liturgy

Check out the
poster on the
next page.



Journeying together through GREAT LENT



ROAD TO PASCHA

Today is the joyful forefeast of the time of abstinence, the bright threshold of the Fast. Therefore, brethren, together let us run the race with confident hope and with great eagerness.

— Ode 1 First Canon of Cheeseless Monday



HOLY WEEK

Focus on Christ's Passion

REMAIN SILENT

Spend the week in silence, thought and prayer

Attend Holy Week Services

Wednesday: Holy Unction

Thursday: Mystical Supper & Washing of feet

(Reading of 12 Passion Gospels)

Friday: Crucifixion and burial of Christ

(Vespers)

Saturday: Harrowing of Hades

Sunday: The Resurrection of Christ!

Christ is Risen! Indeed He is Risen!

THIRD WEEK

Focus on Sacrifice and Charity

DONATE

Each day this week purchase a tasty food item to donate to the hungry

Each day take one item from your closet and donate it to those in need

Turn off the television all week - sacrifices are not easy

Put aside a tenth of this week's paycheck, and donate it

Offer to help at church

Offer to help a neighbor

Donate books

Donate a pair of nice shoes

GO ONE DAY WITHOUT COMPLAINING

TRY AGAIN - to go all day without complaining

Sacrifices are not meant to be easy

SECOND WEEK

Focus on Prayer

Be disciplined with your Prayer Routine

Memorize the Lenten Prayer of St. Ephrem

PRAY

O Lord and Master of my life, take from me the spirit of sloth, despair, lust of power, and idle talk.

But give rather the spirit of chastity, humility, patience, and love to Thy servant.

Yea, O Lord and King, grant me to see my own transgressions, and not to judge my brother, for blessed art Thou, unto ages of ages, Amen.

While it is good to avoid places of temptation, it is better to seek places of inspiration. While it is good to avoid individuals, who may lead you to sin, it is better to seek out individuals who will lead you to virtue. While it is good to shun those things which tend to control us, it is better to seek self-control over things which have no power over us unless we give them that power.

FIFTH WEEK

Focus on God

SPEND TIME GETTING TO KNOW GOD

Attend Presanctified Liturgy on Wednesday

Read the prescribed readings:

Monday: Proverbs 14:27-15:4

Tuesday: Proverbs 15:7-19

Wednesday: Proverbs 15:20-16:9

Thursday: Proverbs 16:17-17:17

Friday: Proverbs 17:17-18:5

APRIL 20 - Lazarus Saturday

APRIL 21

Palm Sunday

"Do not imagine that the monk alone stands in need of these lessons from Scripture. Of all others, the children just about to enter into the world specially need them"
+ St. John Climacus

FOURTH WEEK

Focus on Family

SPEND TIME GETTING TO KNOW YOUR FAMILY

Pray Evening Prayers with your family

Each evening tell your child a story from your childhood

During dinner share a story about each child

Tell each of your children what makes them unique

Tell your parents why you appreciate them

Find a family recipe and prepare it together

Ask, "If you could go anywhere, where would you go?"

APRIL 14

St. Mary of Egypt

MARCH 31

Veneration of the Holy Cross

APRIL 7

St. John of the Ladder

Let not one think, my fellow Christian, that only priests and monks need to pray without ceasing...
- St. Gregory of Palamas

MARCH 24

St. Gregory Palamas

MARCH 17

Sunday of Orthodoxy

FIRST WEEK

Monday - Strict Fast

Try to attend services

Focus on Self-Improvement

You are a living icon of Christ

Do not GOSSIP

If anyone comes up to gossip, do not participate. This is harder than you think.



UKRAINIAN ORTHODOX CHURCH OF THE USA