

## Tess Lubarsky's Make Up Tips for the Big Girls

### Healdsburg Ballet Make Up Kit Suggestions:

#### Foundation:

Match your face skin tone where palest. The wet pressed powder compacts are easiest to use, followed by liquid foundation. (You can use a wet sponge to blend edges if you have one.)

#### Eye Shadows:

Find a set that has a soft pink or beige, bright white and darker colors (may be blues, greens, grays or browns). Avoid super shiny or sticky because they crease and run.

#### Liquid Eyeliner:

Waterproof, black or dark brown

#### Eyebrow Pencil:

Use only if eyebrows are thin or light. You can also use brown eye shadow to extend and fill in thin brows if necessary.

#### Blush:

Compressed power with a brush goes on best. You will need two different colors – a darker blush with a slight bronze undertone and a lighter pinkish blush for highlights.

#### Lipstick:

Red or dark pink. Avoid anything brown or purple.  
Try longer lasting color stay brands.

#### Mascara:

Dark black or dark brown.

#### Also bring:

Make up remover wipes

Q-Tips, Kleenex or make up pads

Make up brushes

Bobby Pins

Brush or Comb

Bun nets

Hand Mirror

Elastic Hair Bands (in your natural hair color).



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## Make Up Steps

1. Start with a clean face;
2. Apply foundation to whole face. Blend in edges. (Set with loose powder if desired.);
3. Apply eye shadow (see map);
4. Apply top eyeliner from above iris out, then inside corner;
5. Apply bottom eyeliner from edge of iris out, then inside corner to gap (see map);
6. Apply white dot to inner eye and outer eye area;
7. Define, darken and extend natural eyebrows with shadow or pencil;
8. Apply darker blush to cheek bones, forehead (as if kissed by sun) and along jaw line;
9. Apply lighter blush above cheek bones below eye and down bridge of nose;
10. Apply mascara to top lashes, then outer bottom lashes;
11. Apply lipstick to bottom lip, then top lip. Don't bother with lip liner;
12. Touch up any mistakes. Do not touch your face when you are done!

Avoid sparkles unless everyone in the cast wears them too.