**LUNCH**  **Cedar Hills![C:\Users\NGunckel\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\6Y9WZARP\tulips_spring_clip_art[1].png]()**

**April 2019**

**Reduced Price .40 (child) Full Price $2.92 (Child) Adult Price $2.92**

|  |  |  |  |
| --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
| **NSLP REQUIRMENTS:****Fruit ½ cup daily****Veggie ¾ cup daily****Meat/Alt 1.75/ 2oz daily****Grains 1.75/ 2 oz. daily****Milk 1 cup daily** | **WEEKLY AVERAGE:****Calories: 400-500****Sodium: <540****Sat. Fat: <10****Trans Fat: 0g. /Serving** |  |  **Please advise Mr. Steve****24 hrs. In advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly.** |
| **1****Grilled Turkey Sandwich on****W/G Bread****Fresh Steamed Green Beans****Diced Pears****Milk Variety** | **2****Teriyaki Chicken****W/G Brown Rice****Pinto Beans****Mixed Fruit****Milk Variety** | **3****Fish Sticks****W/G Chips****Corn****Fresh Green Grapes****Milk Variety** | **4****Sloppy Joes on W/G Bun****Peas****Diced Peaches****Milk Variety** |
| **8****Hot Dog on W/G Bun****Veggie Beans****Fresh Broccoli****Milk Variety** | **9** **Refried Bean and Cheese Burrito on W/G Tortilla****W/G Rice****Mixed Fruit****Milk Variety****School Board Meeting** | **10****Chicken Strips****Baked French Fries****Corn****Fresh Mellon****Milk Variety** | **11****Salisbury Steak****w/ Brown Gravy****W/G Roll****Fruit Cocktail****Milk Variety** |
| **15****Baked BBQ Chicken****Mashed Potatoes****Fresh Steamed Cauliflower****Applesauce Cups****Milk Variety** | **16****Taco Tuesday****Meat Taco on W/G Tortilla Shell****Spanish Rice** **Diced Pears****Milk Variety** | **17****Turkey & Cheese Sandwich on W/G Bread****Veggie Beans****Fresh Red Grapes****Milk Variety** | **18****Cooked Ham****Mashed Potatoes’****Pinto Beans****Mixed Fruit****Milk Variety** |
| **22****Spring Holiday****No School** | **23****Spring Holiday****No School** | **24****Red Beans on****W/G Rice****Garlic Toast****Fresh Steamed Broccoli****Mixed Fruit** **Milk Variety** | **25****Refried Bean and Cheese Burrito on W/G Tortilla****W/G Rice****Mixed Fruit****Milk Variety** |
| **29****Cheeseburger****W/G Hamburger Bun****Lettuce & Tomato****Pork & Beans****Fresh Pineapple****Milk Variety** | **30****Beef and Cheese Nacho’s on W/G Tortilla Chips****Corn****Peaches****Milk Variety** |  |  |

**This institution is an equal opportunity provider.**

**Menu is subject to change without notice.**

 **Milk Variety: Low Fat 1% White or Non Fat Chocolate or Non Fat Strawberry**

**BREAKFAST Cedar Hills![C:\Users\NGunckel\AppData\Local\Microsoft\Windows\Temporary Internet Files\Content.IE5\PWIVF8DK\spring_clipart_rain_umbrella[1].gif]()**

**April 2019**

**Breakfast in Classroom Adult Price $2.85**

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| --- | --- | --- | --- |
| **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** |
| **NSLP REQUIREMENTS:****Fruit/Veggie 1 cup daily****Grain 1.75/2 oz. daily****Milk 1 cup daily****Meat/Alt Optional** | **WEEKLY AVERAGE:****Calories: 400-500****Sodium: <540****Sat. Fat: <10****Trans Fat: 0g. /Serving** |  | **Please advise Mr. Steve****24 hrs. In advance if you would like to have breakfast or lunch with your child /grandchild so we may plan accordingly.** |
| **1****Granola Bar****Cheese Stick****Fresh Banana****1% White Milk**  | **2****Cheese Breakfast Pizza on W/G Crust****Diced Peaches****1% White Milk**  | **3****W/G French Toast****Sausage Patty****Fresh Oranges****1% White Milk** | **4****W/G Biscuits w/ White Gravy****Sausage Links****Fruit Cocktail****1% White Milk** |
| **8****Scrambled Eggs & Ham w/ Cheese****Fresh Peaches****1% White Milk** | **9** **W/G Apple Muffins****Diced Pears****1% White Milk****School Board Meeting** | **10****Nutri Grain Bar****String Cheese****Fresh Red Grapes****1% White Milk** | **11****W/G Pancakes****Yogurt****Fruit Cocktail****1% White Milk** |
| **15****W/G Honey Nut Cheerios Cereal** **Fresh Cantaloupe** **1% White Milk** | **16****W/G Biscuits w/ White Gravy****Sausage Links****Fruit Cocktail****1% White Milk** | **17****Oatmeal****W/G Bagel****Fresh Blueberries****1% White Milk** | **18****Scrambled Eggs****Sausage Patty****Diced Pears****1% White Milk** |
| **22****Spring Holiday****No School** | **23****Spring Holiday****No School** | **24****W/G French Toast****Fresh Banana****1% White Milk** | **25****W/G Raisin Bread****Hard Boiled Egg****Fruit Cocktail****1% White Milk** |
| **29****Oatmeal****W/G Bagel****Fresh Peaches****1% White Milk** | **30****W/G Pancakes****Yogurt****Fruit Cocktail****1% White Milk** |  |  |

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**Milk: Low Fat 1% White Milk**