



Release of Liability Form

READ CAREFULLY – THIS AFFECTS YOUR LEGAL RIGHTS

In exchange for participation in the activity of Pilates Reformers instructed by *Pilates with an Altitude* of 721 Nevada Street Ste 211, Redlands, CA 92373 and/or use of the property, facilities, and services of Ghita Prince or any representatives or agents of the studio, I agree for myself and for the members of my family (if applicable) to the following:

- 1) I agree to observe and obey all posted rules and warnings and further agree to follow any verbal instructions or directions given by Ghita Prince or any representatives or agents of the studio.
- 2) I recognize there are certain inherent risks associated with the above described activity and I assume full responsibility for personal injury to myself and (if applicable) my family members and further release and discharge *Pilates with an Altitude* for injury loss or damage arising out of my or my family’s use or presence upon the facilities of the studio whether caused by the fault to myself, my family, the instructors or other third parties.
- 3) I agree to indemnify and defend Ghita Prince or any other instructor against all claims, causes of action, damages, judgments, costs or expenses, including attorney’s fees and other litigation costs which may in anyway arise from my or my family’s use or presence upon the facilities at the studio.
- 4) I agreed to pay for all damages to the facilities of *Pilates with an Altitude* caused by my or my family’s negligent, reckless or willful actions.
- 5) Any legal or equitable claims that may arise from participation in the above shall be resolved under California law.

I have read this document and understand it. I further understand that by signing this release I voluntarily surrender certain legal rights.

Date _____ 201_____ Email address _____

Print First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Best Phone Number to Reach You at (_____) _____ Home Work Cell

Emergency Contact Name _____ Relation _____ Phone (_____) _____

Signature _____

Referred by:

