

THREE SUBTYPES

*Counter-Types: in each Type, there are two subtypes that flow with the Type's energy, and there is one subtype that flows against the Type's energy.

		Self-Preservation	Social	Sexual
		private world – home, garden, family, logistics, solitary and personal pursuits; vigilance, protective, cautious; security; immortality	social activities as leader or participant – event planning, parties, charity work, politics, fund raising; friendly; sense of belonging; glory	intimate, creative, love affairs, dramas, intense experiences, intuitive, transcendent spirituality; in harmony with; union, wholeness; power
Body Center	8	Weight Lifters: Strong independent survivors who “secure the perimeter” to protect loved ones; like to lay in supplies for potential emergencies; survival at all costs	*Leaders: Inspirational figures who lead by example but must exercise self-restraint in order to support rather than oppose authority; b/w friends/enemies	Knights: Upholders of honor and protector of the weak, they secretly yearn to experience surrender and experience vulnerability with a trusted partner; possession
	9	Comfort Seekers: Calm and steady homebodies who love to putter around and do things at home; things can pile up and time management can become a challenge; deep hunger	*Cooperators: Harmonious participators who enjoy blending into the group but can blend in too much (and also use the group to avoid inner work); participation around the edges	Mystics: Unusual receptivity and a love of nature allow them to feel at one with their surroundings but can make it hard to establish personal ego boundaries; merging
	1	Detailers: Self-disciplines and independent workers who are seldom careless; find it hard to express emotion or just relax and have fun; anxious	Lawmakers: The great arbiters of “what is right” and establishers of rules; strict but fair, stern but unyielding in the face of social pressure; jealous	*Crusaders: Fiery, impassioned evangelists with the courage of their convictions; tend to be impulsive and jealous but also brave and determined; inflexible
Heart Center	2	*Matriarchs: Loving nurturers who like to care for the young, sick or helpless. Can find it hard to ask for help directly but secretly hope for special treatment; me first	Diplomats: Social finesse and organizational skills allow them to excel as social smotherers, organizers and emissaries of goodwill; ambitious	Romantics: Attracted to the chase but can find long-term relationships more challenging; have to be careful not to “fall in love with love” or over-adapt to the needs of their partner; compulsive, seductive
	3	*Pragmatists: Ambitious Type A strivers who make financial security and success a priority; can find it hard to tear themselves away from work; security	Politicians: Skilled image creators who like the public eye; excel as “first among equals” but must focus on substance not just style; prestige	Superstars: Dazzle the crowd with their “star” quality but can have difficulty when they step off-stage; need to trade in image to experience intimacy; mas/fem image
	4	*Artisans: Independent creators who often work alone to manifest their creative vision; tend to view survival more as metaphorical than literal; reckless	Critics: Discriminating evaluators of art and ideas who are sensitive to social standards and thus conflicted about expressing their opinions outright; shame/saving face	Dramatists: Intense, self-dramatizing and high-strung, considerable artistic talent; comparing, competitive
Head Center	5	Archivists: Shy and detached collectors of ideas as well as “stuff”; establish boundaries to protect their space; often open up to small children; safety over family	Professors: Investigators of curiosities and teachers with unusual insights; enjoy social recognition but can use it to ward off intimacy; rigid identity	*Wizards: Mysterious and secretive with a few special contacts and unique powers of perception; may be monastic or live alone “in the depths”; require total trust
	6	Family Preservers: Warm and supportive family protectors who make their homes a haven from the world; see family as their greatest asset; warmth	Guardians: Loyal upholders of traditional values and enforcers of community norms; must cultivate independence to avoid true believerism; duty	Scrappers: Feisty defenders of the weak and lovers of creativity; can over-idealize those they love and be overly skeptical of strangers or new ideas; inner & outer strength
	7	Bon Vivants: Joyful celebrators of life and sensual pleasures who often embrace unconventional lifestyles or family styles; security of belonging	*Visionaries: Imaginative planners who can envision a better future and sometimes sacrificially limit themselves to fulfill their plans; narcissistic in martyrdom	Tricksters: Appealing wanderers with a charming air and “love ‘em and leave ‘em” tendencies; wonderfully adaptable but hard to pin down; highly suggestible