

ADULT KARATE March 2015

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 Kata	3 Ippon-Kumite	4 Aikido	5 Sparring	6 BB Candidate Workshop	7
9 Kata	10 Ippon Kumite	11 Aikido	12 Self-Defense	13	14 Tournament
16 Ippon Kumite	17 Sparring	18 Aikido	19 Kata	20 BB Candidate Workshop	21
23 Combinations	24 Kata	25 Aikido	26 Board Breaking	27	28 Parent Student Karate
30 Sparring	31 Combinations	1 Aikido	2 Self-Defense	3 Closed	4