

# mission: empowerment!

WORKSHOPS AND EVENTS THAT EDUCATE, INSPIRE AND EMPOWER

## Registration

### Self-Compassion & Emotional Resilience with Dr. Kristin Neff

April 8, 2016, 9am – 4:30pm, Stratford, Ontario

Name:

Job Title & Organization:

Address:

Home/Mobile Phone (Please enter the best number to reach you on the day of the workshop in the unlikely case of cancellation or emergency):

Email:

Please Specify Any Dietary Concerns or Restrictions:

How did you hear about this event?

Have you reviewed the cancellation policy below?

**Early-Bird Cost:** \$199 +HST (= \$224.87) by March 7, 2016

**Regular Cost:** \$219 +HST (= \$247.47) after March 7, 2016

*Includes lunch, morning and afternoon refreshments*

*\*Group Rates available for groups of 5+ people registering together OR for individuals registering for more than one workshop. See [www.missionempowerment.ca/discounts.html](http://www.missionempowerment.ca/discounts.html) for more information\**

**Mail your completed registration form to:** Mission: Empowerment!, 50 Ottawa Street South, Suite 160, Kitchener, ON, N2G 3S7

#### Payment Options:

- 1) Include your cheque made payable to: **Mission: Empowerment!** with your registration form. Please note, we do not accept post-dated cheques and registration is not confirmed until payment is processed. Post-dated cheques will be returned. Cheques are accepted up until 14 days prior to the event date, after which time we only accept online registrations with payment through paypal, credit card or email money transfer.
- 2) Send an email money transfer to: [info@missionempowerment.ca](mailto:info@missionempowerment.ca) (Please make sure to send a separate email with password required to cash the transfer. Registration form can be emailed for this option.)
- 3) To pay by credit card or debit, you must register online at **[www.missionempowerment.ca](http://www.missionempowerment.ca)**

Registration is required for this event. Space is limited. Please register early to avoid disappointment! Your registration is not considered complete and your space is not reserved until we have received your registration fee. We will confirm your registration when payment is processed.

#### Cancellation Policy

*An administrative fee of \$50 will be charged for all cancellations. Cancellation 14 or more days prior to the workshop date – receive a refund, less \$50 administration fee. Cancellation less than 14 days prior to the workshop date – receive a credit, less \$50 administration fee, to be applied to a future workshop. No credit or refund will be issued if you do not notify us in advance of the workshop date. You may transfer your registration to another person without prior notice. The organizers reserve the right to cancel the event due to underenrollment, instructor illness or inclement weather. If a workshop is cancelled, any payment will be returned in full.*

**[www.missionempowerment.ca](http://www.missionempowerment.ca)**