

# 2018 New Orleans Jazz Invitational Schedule

## Friday, February 2, 2018

### Session 1: GIRLS Levels 4 (12 & older), 5 & Xcel Platinum (60 gymnasts) Modified Capitol Cup Format

8:00 AM Stretch; coaches meeting at 8:05 AM  
8:20 AM Introduction of Teams  
8:35 AM Warm Ups/Competition  
10:45 AM Awards in separate area

### Session 2: GIRLS Levels 4 (11 & under) (95 gymnasts) Modified Capitol Cup Format

11:00 AM Stretch; coaches meeting at 11:05 AM  
11:20 AM Introduction of Teams  
11:35 AM Warm Ups/Competition  
3:00 PM Awards in separate area

### Session 3: GIRLS Level 3 (92 gymnasts) Modified Capitol Cup Format

3:15 PM Stretch; coaches' meeting at 3:20 PM  
3:35 PM Introduction of Teams  
3:50 PM Warm Ups/Competition  
6:15 PM Awards in separate area

### Session 4: GIRLS Level Xcel Gold (65 gymnasts) Modified Capitol Cup Format

6:30 PM Stretch; coaches' meeting at 6:35 PM  
6:50 PM Introduction of Teams  
7:05 PM Warm Ups/Competition  
9:30 PM Awards in separate area

## Saturday, February 3, 2018

### Session 5A: GIRLS Levels 8 (11 year olds), 9 & Xcel Diamond (60 gymnasts) Modified Capitol Cup Format

8:00 AM Stretch; coaches' meeting at 8:10 AM  
8:30 AM Introduction of Teams  
8:45 AM Warm Ups/Competition  
11:30 AM Awards in separate area

### Session 5B: BOYS Levels 4 (48 gymnasts) Modified Capitol Cup Format

8:00 AM Stretch; coaches' meeting at 8:10 AM  
8:30 AM Introduction of Teams  
8:45 AM Warm Ups/Competition  
11:15 AM Awards in separate area

**Session 6A: GIRLS Level 8 (10 & under and 12 & up) (61 gymnasts)** **Modified Capitol Cup Format**

11:30 AM Stretch; coaches' meeting at 11:40 AM  
12:00 PM Introduction of Teams  
12:15 PM Warm Ups/Competition  
3:15 PM Awards in separate area

**Session 6B: BOYS Levels 5 & 6 (74 gymnasts)** **Modified Capitol Cup Format**

11:30 AM Stretch; coaches' meeting at 11:40 AM  
12:00 PM Introduction of Teams  
12:15 PM Warm Ups/Competition  
4:00 PM Awards in separate area

**Session 7A GIRLS Level 10 (52 gymnasts)** **Modified Capitol Cup Format**

4:15 PM Stretch; coaches' meeting at 4:20 PM  
4:45 PM Introduction of Teams  
5:00 PM Warm Ups/Competition  
7:30 PM Awards in separate area

**Session 7B: BOYS Level 7-10 & JD (68 gymnasts)** **Modified Capitol Cup Format**

4:15 PM Stretch; coaches' meeting at 4:20 PM  
4:45 PM Introduction of Teams  
5:00 PM Warm Ups/Competition  
9:45 PM Awards in separate area

## Sunday, February 4, 2018

**Session 8: GIRLS Level 6 (78 gymnasts)** **Modified Capitol Cup Format**

8:00 AM Stretch/Bar Sets; coaches' meeting at 8:05 AM  
8:20 AM Introduction of Teams & Opening Ceremonies  
8:35 AM Warm Ups/Competition  
12:15 PM Awards in separate area

**Session 9: GIRLS Level 7 (80 gymnasts)** **Modified Capitol Cup Format**

12:30 PM Stretch/Bar Sets; coaches' meeting at 12:35 PM  
12:50 PM Introduction of Teams & Opening Ceremonies  
1:05 AM Warm Ups/Competition  
4:45 PM Awards in separate area

**Session 10: GIRLS Level 2 & Xcel Bronze (85 gymnasts)** **Modified Capitol Cup Format**

5:00 PM Stretch; coaches meeting at 5:05 PM  
5:20 PM Introduction of Teams  
5:35 PM Warm Ups/Competition  
7:00 PM Awards in separate area

**Session 11: GIRLS Level 1 & Xcel Silver (60 gymnasts)** **Modified Capitol Cup Format**

7:15 PM	Stretch; coaches meeting at 7:20 PM
7:35 PM	Introduction of Teams
7:50 PM	Warm Ups/Competition
9:30 PM	Awards in separate area