

# Island Foods

**Great Valu Markets**

Visit us at [www.islandfoodsgreatvalu.com](http://www.islandfoodsgreatvalu.com)

March is  
**FROZEN FOOD MONTH**

Look for this icon to find Frozen Food Savings!



*Our Butchers Cut Fresh Beef & Pork Daily*

**4.49** lb.  
**Eye Round Roast**  
USDA Choice Beef

Your Choice

**2.99** lb.  
**Amick Farms Boneless Chicken Thighs Or Tenders**

2 lb. bag

2 lb. bag  
**Evercrisp Apples**  
**1.99**

3 lb. bag

Fancy  
**Cara Cara Oranges**  
**4.99**

Family Pack

**2.49** lb.  
**Boneless Center Cut Pork Chops**  
Fresh

Family Pack

**8.99** each  
**80% Lean Ground Beef**  
Fresh  
3 lb. chub

16 oz. pkgs.  
**Glory Foods Collard Or Kale Greens**  
**2/\$5**

**Tropicana Pure Premium Or Trop 50 Orange Juice**  
Selected Varieties Or Red Grapefruit  
52 oz. btl.  
**2/\$7**

**Chobani Greek Yogurt**  
Selected Varieties  
5.3 oz. cups  
**10/\$10**

**Turkey Hill Drinks**  
Selected Varieties  
gal. jugs  
**2/\$5**

**Kraft Salad Dressing**  
Selected Varieties  
14-16 oz. btl.  
**2/\$4**

**Kellogg's Cereal**  
18 oz. Corn Flakes Or 18 oz. Rice Krispies  
**2/\$7**

**Campbell's Chunky Or Homestyle Soups**  
Selected Varieties  
15.25-15.3 oz. ctns. Or 18.6-19 oz. cans  
**3/\$5**

**Essential Everyday Pasta**  
Selected Varieties  
12-16 oz. boxes  
**10/\$10**

**Classico Pasta Sauce**  
Selected Varieties  
15-24 oz. jars  
**2/\$4**

**Tide Liquid Laundry Detergent Or Pods**  
Selected Varieties  
46 oz. btl. Or 15-20 ct. pkg.  
**7.99-2.00**  
**5.99** Final Cost  
With Digital Coupon  
\*Download Coupon With Your Great Valu App

**Kraft Barbecue Sauce**  
Selected Varieties  
17.5-18 oz. btl.  
**Bull's-Eye B-B-Q Sauce**  
Selected Varieties  
18 oz. btl.  
**4/\$5**

**Essential Everyday Chunk Light Tuna**  
In Water  
5 oz. can Or 2.6 oz. pouch  
**.89**

**Quaker Cereal**  
15.4-20 oz. Cap'n Crunch Or 18 oz. Life  
**2/\$7**

## Lenten SEAFOOD FAVES!

**Great American 31/40 Count Cooked Shrimp**  
IQF - 2 lb. bag  
**18.99**

**Arctic Shores Salmon Fillets**  
IQF  
32 oz. pkg.  
**10.99**

**Mrs. Paul's Fish Fillets Or Sticks**  
Selected Varieties  
18-23 oz. box  
**3.99**

**Hunt's Tomato Ketchup**  
Squeeze  
20 oz. btl.  
**2/\$3**

**SCAN and GO! Use the Great Valu APP and scan your barcode at checkout to receive these EXTRA Savings.**

**FREE**  
**Hunt's® Ketchup 20oz Bottle**  
(up to \$1.50)  
when you buy any ONE (1)  
**Mrs. Paul's® Breaded Fish Sticks or Fillets**

WHEN YOU USE OUR GREAT VALU APP

**PRICES GOOD MARCH 3 - MARCH 9, 2021**

# Fresh & Packaged Meats

**Family Pack**



**2.69** lb.

Boneless Country Style Pork Spare Ribs  
Fresh

Be inspired

**Family Pack**



**4.99** lb.

Eye Round Steaks  
USDA Choice Beef

U.S.D.A. CHOICE

**Family Pack**



**10.99** lb.

Boneless Strip Steaks  
USDA Choice Beef

U.S.D.A. CHOICE

**Family Pack**



**5.49** lb.

Boneless Cube Steaks  
USDA Choice Beef

U.S.D.A. CHOICE



**3.99**

Shady Brook Farms  
85% Lean Ground Turkey  
1 lb. pkg.

SHADY BROOK FARM



**3.99** lb.

Whole Pork Tenderloin  
Fresh

Be inspired



Oscar Mayer  
Uploaded Lunchables  
Selected Varieties  
14.1-15.7 oz. pkg.

**3.99**



Tyson  
Breaded Chicken  
Selected Varieties  
25-32 oz. pkg.

**5.89**



Bob Evans  
Mashed Potatoes Or Side Dishes  
Selected Varieties  
12-24 oz. pks.

**2/\$7**



Smithfield  
Deli Thin Lunch Meat  
Selected Varieties  
9 oz. pkg.

**3.59**



Kunzler  
Beef Franks  
16 oz. pkg.

**4.89**



Bar S  
Meat Bologna  
Classic Or Thick Sliced  
16 oz. pkg.

**1.99**



Gunnoe's  
Pork Sausage Roll  
Mild Or Hot - 1 lb. pkg.

**3.69**



Carolina Pride  
Rope Sausage  
Smoked Or Polska Kielbasa  
14 oz. pkg.

**3.49**



Kunzler  
Meat Franks  
16 oz. pkg.

**2.59**



Fast Bites  
Frozen Sandwiches  
Selected Varieties  
4.2-5.5 oz. pks.

**4/\$5**



Gunnoe's  
Sausage Links Or Patties  
10 oz. pkg.

**3.69**



Global Delights  
Jamaican Style Turnovers  
Selected Varieties  
4.5 oz. pks.

**4/\$5**



Jimmy Dean  
Simple Scrambles  
Selected Varieties  
5.35 oz. ctn.

**2.99**



Smithfield  
Anytime Favorites Ham  
Diced Or Cubed  
8 oz. pkg.

**2.99**



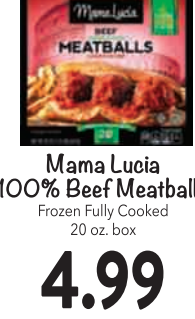
Kunzler  
Grill Franks  
16 oz. pkg.

**3.49**



The Philly  
Homestyle Beef Patty  
Frozen  
32 oz. box

**6.99**



Mama Lucia  
100% Beef Meatballs  
Frozen Fully Cooked  
20 oz. box

**4.99**



Sugardale  
Hickory Smoked Bacon  
12 oz. pkg.

**4.29**

## More Savings on Seafood



41/50 Count  
E2 Peel  
Raw Shrimp  
Arctic Shores IQF  
2 lb. bag

**12.99**

ARCTIC SHORES



Great American  
Tilapia Stuffed  
With Crab  
IQF  
12 oz. pkg.

**6.99**



Great American  
Tilapia  
Fillets  
IQF  
12 oz. pkg.

**6.99**



Legasea  
Shrimp Entrees  
Selected Varieties  
26 oz. pkg.

**9.99**



Matlaw's  
Stuffed Clams  
Or Scallops  
Frozen  
15-20 oz. pkg.

**5.69**

## Bakery

**Cake Of The Month**



8 Inch Double  
Layer Chocolate  
Cake

**8.99**



Parfait Cups  
4.5-5 oz.,  
Selected Varieties

**1.99**



Jumbo  
Cinnamon Buns  
4 ct. pkg.

**2.99**



Muffintown  
English Muffins  
12 oz. pkg.

**1.29**



Portuguese  
Rolls  
6 ct. pkg.

**3.49**

## Deli Favorites



Kretschmar  
Ham Off  
the Bone  
Deli Fresh

**7.99** lb.



Kretschmar  
Hard Salami  
Deli Fresh

**7.49** lb.



Cooper Sharp  
American Cheese  
Deli Fresh White Or Low Fat

**6.99** lb.




Land O Lakes  
American  
Cheese  
Deli Fresh  
White Or Yellow

**6.49** lb.



Kretschmar  
Colby Cheese  
Deli Fresh

**6.99** lb.



Tribe  
Hummus  
Selected Varieties  
10 oz. ctn.

**4.99**



Flatout  
Flatbreads  
Or Wraps  
Selected Varieties  
8.5-11.2 oz. pkg.

**3.49**



Reser's  
Amish  
Coleslaw, Potato  
Or Macaroni Salad  
Deli Fresh

**2.69** lb.



Rotisserie  
Chicken  
Deli Fresh

**7.99** each



# MAKE OUR BRANDS YOUR BRANDS AND SAVE!



**Arctic Shores Cod Fillets**  
IQF  
16 oz. pkg. **4.99**



**Essential Everyday 100% Grape Juice**  
64 oz. btl. **2.79**



**Essential Everyday Apple Sauce**  
Selected Varieties  
23-24 oz. jars **2/\$3**



**Essential Everyday Solid White Albacore Tuna**  
In Water  
5 oz. can **1.99**



**Super Chill Ice Sparkling Water**  
Selected Varieties  
17 oz. btl. **.69**



**Essential Everyday Greek Yogurt**  
Selected Varieties  
32 oz. ctns. **2/\$8**



**Essential Everyday Cream Cheese Spread**  
Selected Varieties  
8 oz. ctn. **1.99**



**Essential Everyday Sour Cream**  
Original Or Light  
16 oz. ctns. **2/\$3**

## Produce

**Florida Strawberries**  
16 oz. ctns.



**2/\$7**

**Bartlett Pears**  
Washington State



**1.99** lb.

**That's Tasty Salad Blends**  
Selected Varieties  
5 oz. pkg.



**2.59**

**Mini Sweet Peppers**  
Colorful  
16 oz. bag



**2.99**

**Mini Seedless Cucumbers**  
6 ct. pkg.



**3.29**

**Red Ripe Tomatoes**  
For Salads Or Slicing



**1.99** lb.

**Organic Russet Potatoes**  
3 lb. bag



**3.99**

**Green Giant Idaho Potatoes**  
5 lb. bags



**2/\$7**

**Green Giant Baby Bella Mushrooms**  
Sliced  
8 oz. pkg.



**1.99**

**Mann's Sugar Snap Or Snow Peas**  
6-8 oz. bag



**2.99**

**Bolthouse Farms Drinks**  
Selected Varieties  
15.2 oz. btl.



**2/\$5**

## Snack Center



**Tostitos Tortilla Chips**  
Selected Varieties - 9.5-13 oz. bags

**2/\$6**

**Mix & Match**



**Smartfood Or SunChips Snacks**  
Selected Varieties - 4.5-7.75 oz. bags

**2/\$6**



**Utz Potato Chips**  
Selected Varieties - 8.5-9.5 oz. bags

**BUY 1 GET 1 FREE**



**Nabisco Oreo Cookies Or Thin Bites**  
Selected Varieties - 10.1-15.35 oz. pkg.

**3.99**

**Tostitos Salsa**  
Selected Varieties  
15.5 oz. jars

**2/\$6**



**Nabisco Honey Maid Graham Crackers**  
Selected Varieties - 12.2-14.4 oz. boxes

**2/\$7**



**Nabisco Nilla Wafers**  
Selected Varieties - 11 oz. boxes

**2/\$7**



**Martin's Potato Bread**  
Regular Or Whole Wheat - 18-20 oz. loaves

**2/\$6**



**Tastykake Family Packs**  
Selected Varieties - 8-16.08 oz. pkgs.

**2/\$6**



**Lay's XL Potato Chips**  
Selected Varieties - 5-8 oz. bags

**2/\$6**

**NATURAL SPECIALTY**



**Silk Almond, Soy, Coconut Or Oat Milk**  
Selected Varieties  
64 oz. ctn.

**3.49**



**Heinz Simply Tomato Ketchup**  
31 oz. btl.

**2/\$7**



**Larabar Or Pure Protein Bars**  
Selected Varieties  
1.6-1.8 oz. pkgs.

**2/\$3**



**Boca All American Veggie Burgers Or Ground Crumbles**  
10-12 oz. pkg.

**3.99**



**Incogmeato Chicken Nuggets**  
Original Or Mickey Mouse  
13.5 oz. pkg.

**5.49**



**Wild Harvest Organic Whole Strawberries**  
32 oz. pkg.

**6.99**



**Wild Harvest Cauliflower Crust Pizza**  
Pepperoni Or Cheese  
10-11.3 oz. pkg.

**4.99**



**Fairlife Coffee Creamers**  
Selected Varieties  
16 oz. btl.

**2.99**



**Must Buy 4**

**Fanta Or Minute Maid Drinks**  
Selected Varieties  
2 ltr. btl.

**4/\$5**



**Pineapple Kiwi, Strawberry/Blackberry, Cucumber Lime Or Watermelon Mint Smartwater**  
700 ml. btl.

**10/\$10**



**Michelob Ultra Pure Gold Beer**

12 pk. 12 oz. cans Or btl.

**14.99**



**White Claw Hard Seltzer**

6 pk. 12 oz. cans

**11.99**

**FREE ITEM**

**THIS WEEK!**

**PRINGLES MEGA CANS**

Selected Varieties, 6.8-7.1 oz. pkg.

It's EASY to get a FREE ITEM every week! Just download the **Great Valu app**. Check your email on **SATURDAY, March 6th**, and download your digital coupon. It's THAT EASY!

Visit us on the web [www.greatvalu.com](http://www.greatvalu.com)



**ISLAND**

**Great Valu**

6277 Cleveland Street, Chincoteague, VA  
PHONE: 757-336-5829

**PRICES GOOD MAR. 3 - MAR. 9**

**STORE HOURS:**  
Everyday  
7:30 am - 9 pm



We Reserve The Right To Limit Quantities. No Sales To Dealers. No MVP Card Required.