

**Dual Diagnosis****12 hours**

**Objectives:** Understand the diagnostic, treatment and outcome implications when treating the dually diagnosed client. Better prepare the therapist to make a differential diagnosis, provide appropriate treatment and aftercare planning for the dually diagnosed client.

**Text:** Dual Disorders: Counseling Clients w/ Chemical Dependency & Mental Illness by Dennis C. Daley, Howard Moss, & Frances Campbell ISBN: 1568388020

**Dealing With Resistant Clients****14 hours**

**Objectives:** Studies the reasons and dynamics for client resistance. Prepares the therapist to more effectively prevent client resistance and to deal with resistance when it does occur.

**Text:** Compassionate Therapy, Working with Difficult Clients by Jeffrey Kottler ISBN: 1555424228

**Client Diagnosis & Assessment****14 hours**

**Objectives:** Explores the challenge of accurately assessing and diagnosing clients in the current mental health setting. Enables the therapist to better lay out the road map for ongoing therapy.

**Text:** Diagnosis Made Easier: Principles and Techniques for Mental Health Clinicians by James Morrison ISBN: 1593853319

**Substance Abuse: Choice or Disease****16 hours**

**Objectives:** Explores the cause and treatment implications inherent in the two divergent models of addiction. Enables the counselor to have a greater appreciation of less traditional views of the causation and treatment of addiction.

**Text:** The Addiction Concept: Working Hypothesis or Self-Fulfilling Prophecy? by Glen D. Walters ISBN: 0205286429

**Denial & Other Barriers to Recovery****14 hours**

**Objectives:** Examines the characteristics that seem to exist in the addict and their implications for treatment. Prepares the counselor to be aware of and ready to address barriers to recovery.

**Texts:** The Addictive Personality by Craig Nakken & Addictive Thinking by Abraham J. Twerski, M.D. ISBN: 1567313310

**Drugs of Abuse****12 hours**

**Objectives:** Examines the current knowledge concerning the drugs of abuse. Prepares the therapist to more effectively deal with clients who are abusing drugs.

**Text:** Buzzed: The Straight Facts About the Most Used and Abused Drugs from Alcohol to Ecstasy by Cynthia Kuhn, Scott Swartzwelder, Wilkie Wilson, Jeremy Foster & Leigh Heather Wilson ISBN: 0393324931

**Criminal Personality & Addiction****20 hours**

**Objectives:** Examines the dual challenges of dealing with clients who are both addicted and have an antisocial personality disorder. Enables the therapist to more effectively assess and treat those who engage in criminal activities as well as addictive behaviors.

**Text:** Substance Abuse Treatment for Criminal Offenders: An Evidence-Based Guide for Practitioners by David W. Springer, C. Aaron McNece & Elizabeth Mayfield Arnold. ISBN: 1557989907

**Stress Among Helping Professionals****14 hours**

**Objectives:** Working in the helping professions is a highly stressful profession leading to burnout and reduced effectiveness. This course examines how you can better identify the external and internal causes of your stress to be in a better position to deal with them.

**Text:** Stress: From Burnout to Balance by Vinay Joshi ISBN: 0761933123

**Harm Reduction Therapy****14 hours**

**Objectives:** This course examines the principles and concepts of Harm Reduction Therapy as it applies to addiction, AIDS, special populations and changes in public policies.

**Text:** Harm Reduction: Pragmatic Strategies for Managing High-Risk Behaviors by G. Alan Marlatt (ed.) ISBN: 1572308257