



Plan for Re-Opening and Safety Precautions

Athletes will enter at the left entrance door. Proceed to gym entrance for hand sanitizer and report to designated number area for class to begin. We ask that parents then proceed to the viewing area in the designated seating. We ask for the following:

- Students should not attend class if sick or exhibiting signs of illness (make-ups will be given)
- Children wash their hands at home prior to class
- Children bring their own water bottle (drinking fountains will be closed)
- Children should visit the bathroom at home prior to their class
- Parents and students will only be allowed to enter the gym 5 minutes prior to class
- 1 Parent (no siblings) will be able to accompany their child to the gym for viewing
- If at all possible, parents should wait in their cars for social distancing purposes
- Parents in the viewing area must wear a mask

Staff members will be required to:

- Wash hands before every class
- Coaches will guide students with verbal commands
- No Spotting will be administered to athletes

Cleaning Processes will include:

- Coaches will sanitize contact services before and after each class
- Areas will be sprayed with disinfectant after each class
- No-touch Hand sanitizer dispensers implemented
- Cleaning areas and disinfectants placed at each event

Scheduling:

- Classes will be scheduled to accommodate the student to facility ratio
 - Classes will be time-spaced appropriately to ensure families can enter and leave the facility without overlap
 - Team athletes will be required to use a different entrance
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Spacing:

- Athletes will be required to stay 6 feet apart at all times
- Circuits will be developed giving each athlete their own area to perform skills
- Markers will be established for distancing

Exiting:

- Students will be lined up on markers prior to exit for distancing
- Hand sanitizer will be distributed
- Athlete will walk to exit door where they are met by parent
- Parents must be present immediately following class to have athletes picked up
- Students may not wait in the lobby for parents

Billing:

- All Payments will be taken by phone
- The front desk will remain closed at this time

Carter's Gymnastics sincerely appreciates your families. We look forward to moving through this together.

Carter's Gymnastics Academy
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